

## Correctional Industries Commissary

# Food and Beverage Nutritional Information

### Recommended Nutritional Guidelines

\*Your daily values may be higher or lower depending on your calorie and nutrient needs.  
Nutrient values are estimated based on the RDAs for 2,000 and 2,500 calorie diets.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Calcium		1,300mg	1,300mg
Protein (10-20% of daily calories)		50g - 100g	63g - 126g
Iron		8mg	8mg
Sodium	Less Than	2,300mg	2,300mg
Potassium		4,700mg	4,700mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Sugar	Less Than	50g	62g

All of our products follow the Nutrition Facts regulations set forth by the U.S. Food and Drug Administration. Under these regulations, some product packaging is not required to include nutritional information, as the nutrients are considered to be 'insignificant' if it has <1 gram of carbohydrates, dietary fiber, and protein per serving, if all nutrients required in Nutrition Facts can be declared as zero, and if no nutrition claims are made on the label.

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# Understanding and Using the Nutrition Facts Label

The Nutrition Facts Label found on packaged foods and beverages is your daily tool for making informed food choices that contribute to healthy lifelong eating habits. Explore it today and discover the wealth of information it contains!



## Serving Size

Serving Size is based on the **amount of food that is customarily eaten** at one time. All of the nutrition information listed on the Nutrition Facts Label is based on **one serving** of the food.

- When comparing calories and nutrients in different foods, check the serving size in order to make an accurate comparison.

## Servings Per Container

Servings Per Container shows the **total number of servings** in the entire food package or container. One package of food may contain more than one serving.

- If a package contains *two servings* and you eat the entire package, you have consumed *twice the amount of calories and nutrients* listed on the label.

## Calories

Calories refers to the **total number of calories**, or "energy," supplied from all sources (fat, carbohydrate, protein, and alcohol) in one serving of the food. To achieve or maintain a healthy weight, balance the number of calories you consume with the number of calories your body uses.

As a general rule:

**100 calories** per serving is **moderate**  
**400 calories** per serving is **high**

## Calories from Fat

Calories from Fat are *not* additional calories, but are **fat's contribution to the total number of calories** in one serving of the food.

- "Fat-free" doesn't mean "calorie-free." Some lower fat food items may have as many calories as the full-fat versions.

## % Daily Value

Percent Daily Value (%DV) shows **how much of a nutrient** is in one serving of the food. The %DV column doesn't add up vertically to 100%. Instead, the %DV is the percentage of the Daily Value (the amounts of key nutrients recommended per day for Americans 4 years of age and older) for each nutrient in one serving of the food.

As a general rule:

**5% DV** or less of a nutrient per serving is **low**  
**20% DV** or more of a nutrient per serving is **high**

## Nutrients

The Nutrition Facts Label can help you learn about and compare the **nutrient content** of many foods in your diet. Use it to choose products that are lower in nutrients you want to get less of and higher in nutrients you want to get more of.

**Nutrients to get less of** – get less than 100% DV of these nutrients each day: saturated fat, *trans* fat, cholesterol, and sodium. (Note: *trans* fat has no %DV, so use the amount of grams as a guide)

**Nutrients to get more of** – get 100% DV of these nutrients on most days: dietary fiber, vitamin A, vitamin C, calcium, and iron.

## Nutrition Facts

Serving Size 1 package (272g)

Servings Per Container 1

### Amount Per Serving

**Calories** 300

Calories from Fat 45

### % Daily Value\*

<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 430mg	<b>18%</b>
<b>Total Carbohydrate</b> 55g	<b>18%</b>
Dietary Fiber 6g	<b>24%</b>
Sugars 23g	
<b>Protein</b> 14g	
Vitamin A	80%
Vitamin C	35%
Calcium	6%
Iron	15%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

## Footnote with Daily Values

Some of the %DVs are based on a **2,000 calorie daily diet**. However, your Daily Values may be higher or lower depending on your calorie needs, which vary according to age, gender, height, weight, and physical activity level. Check your calorie needs at <http://www.choosemyplate.gov>.

- If there is enough space available on the food package, the Nutrition Facts Label will also list the **Daily Values** and **goals** for some key nutrients. These are given for both a 2,000 and 2,500 calorie daily diet.



<http://www.fda.gov/nutritioneducation>

## Better and Best Definitions

### FOOD

To qualify as a **Best Choice**, the food must:

- Be a grain product that contains 50% or more whole grains by weight (have a whole grain as the first ingredient); OR
- Have a fruit, vegetable, dairy product, or protein food as the first ingredient; OR
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; AND

The food must also meet the nutrient guidelines for calories, sodium, sugar, and fats *per serving*:

NUTRIENT	SNACK	ENTRÉE
Calories	200 or less	350 or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	
Saturated Fat	Less than 10% of calories	
Trans Fat	Zero grams	
Sugar	35% by weight or less of total sugars	

### EXEMPTIONS

Some foods are exempt from specific nutrient guidelines:

- Exempt from all nutrient guidelines: fresh and frozen fruits and vegetables with no added ingredients; canned fruits packed in 100% juice or light syrup with no added ingredients except water; canned vegetables with no salt added/low sodium and no added fat
- Exempt from only total and saturated fat guidelines: reduced fat and part skim mozzarella, nuts, seeds, or nuts/seed butters, whole eggs with no added fat
- Exempt from only total fat guideline: seafood with no added fat (e.g. canned tuna packed in water)
- Exempt from only sugar guideline: dried fruits with no added sugars; dried cranberries, cherries, or blueberries sweetened only for processing with no added fats
- Exempt from total fat, saturated fat, and sugar guidelines: trail mix of only dried fruits and nuts and/or seeds with no added sugars or fats

To qualify as a **Better Choice**, the food item must:

- Be a grain product that contains 50% or more whole grains by weight (have a whole grain as the first ingredient); OR
- Have a fruit, vegetable, dairy product, or protein food as the first ingredient; OR
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; AND

The food must also meet all but ONE of the nutrient guidelines for calories, sodium, sugar, and fats *per serving*.

NUTRIENT	SNACK	ENTRÉE
Calories	200 or less	350 or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	
Saturated Fat	Less than 10% of calories	
Trans Fat	Zero grams	
Sugar	35% by weight or less of total sugars	

### EXEMPTIONS

Items labeled "Reduced" or "Less Sodium" are allowable and do not have to meet whole grain, fruit, vegetable, dairy product or protein food requirement.

## CONDIMENTS, SPICES, AND HERBS

### BEST CHOICE

Herbs, spices, spice blends, and condiments with no added fats, sugar, or salt.

### BETTER CHOICE

Herbs, spices, spice blends, and condiments that meet the following nutrient guidelines per serving:

Sodium	140 mg or less
Sugar	35% by weight or less of total sugars

## BEVERAGES

To qualify as a **Best Choice**, the beverage must be:

Plain or carbonated water (any size)

Flavored or Unflavored 1% milk (up to 12 fl. Oz.)

Flavored or unflavored non-fat milk and milk alternatives (e.g. Soy or Almond Milk) (up to 12 fl. Oz.)

100% fruit juice with no added sugars; can be diluted with plain or carbonated water (up to 12 fl. Oz.)

To qualify as a **Better Choice**, the beverage must be:

Low calorie with no more than 60 calories per container (up to 12 fl. Oz.)

No-calorie with no more than 10 calories per container (up to 20 fl. Oz.)

## DEFINITIONS

**Added sugars:** (U.S. Food and Drug Administration (FDA) definition) Sugars that are either added during the processing of foods (or are packaged as such) and contain sugars (free, mono- and disaccharides); Sugars from syrups and honey; Sugars from concentrated fruit or vegetable juices in excess of 100% same volume type expectations.

FDA-recognized examples include: agave syrup, anhydrous dextrose, brown sugar, brown sugar syrup, confectioner's powdered sugar, corn syrup, corn syrup solids, dextrin, dextrose, evaporated cane choice, fructose, high-fructose corn syrup (HFCS), honey, invert sugar, lactose, malt syrup, maltose, maple syrup, molasses, nectars (peach, pear), pancake syrup, raw sugar, sucrose, sugar, white granulated sugar.

**Entrée:** the main course of a meal that has a combination of:

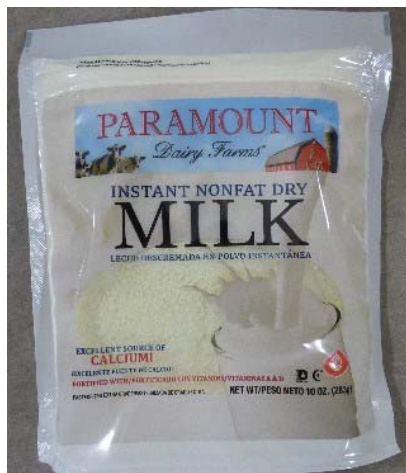
- Meat/meat alternate + whole grain-rich food; OR
- Vegetable + meat/meat alternate; OR
- Fruit + meat/meat alternate; OR
- Meat/meat alternate alone, except for meat snacks (e.g. beef jerky), yogurt, cheese, nuts, seeds, and nut or seed butters; OR
- A grain only (must be whole grain to meet Best Choice)

**Meat Alternate:** products that do not contain meat and can be a protein source (for example: nut butters or tofu products).

# Beverages

5302 Instant Milk

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/3 cups (240 ml)	Calories	80	Calories from Fat	0
Servings per Container	about 12				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Vitamin A		10%
Saturated Fat (0 g)	0%		Thiamine (B1)		6%
Trans Fat (0 g)			RiboFlavin (B2)		25%
Cholesterol (5 mg)	2%		Vitamin B6		6%
Sodium (125 mg)	5%		Vitamin B12		20%
Potassium (390 mg)	11%		Vitamin C		0%
Total Carbohydrates (12 g)	4%		Vitamin D		25%
Dietary Fiber (0 g)	0%		Calcium		60%
Total Sugars (12 g)			Iron		0%
Protein (8 g)			Pantothenic Acid		15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Phosphorous		25%
			Magnesium		6%

Ingredients / Allergens:

NONFAT MILK, VITAMIN A PALMITATE, VITAMIN D3.

7001 Diet 7 UP

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	0	Calories from Fat	0
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%				
Sodium (75 mg)	3%				
Total Carbohydrates (0 g)	0%				
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

FILTERED CARBONATED WATER. Contains 2% or less of Each of the Following: CITRIC ACID, POTASSIUM CITRATE, POTASSIUM BENZOATE (PROTECTS FLAVOR), ASPARTAME, ACESULFAME POTASSIUM, CALCIUM DISODIUM EDTA (PROTECTS FLAVOR), PHENYLKETONURICS: CONTAINS: PHENYLALANINE.

7002 RC Cola

Limited



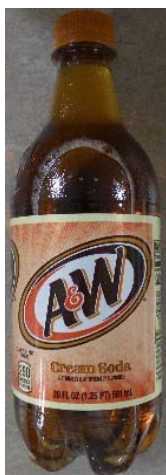
Nutrition Facts Per Serving				
Serving Size	1 bottle (20 oz)	Calories	270	Calories from Fat
Servings per Container	1			
% Daily Value*				
Total Fat (0 g)	0%			
Sodium (70 mg)	3%			
Total Carbohydrates (72 g)	24%			
Total Sugars (70 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, PHOSPHORIC ACID, CAFFIENE, NATURAL FLAVORS, ACACIA GUM.

7003 A &amp; W Cream Soda

Limited



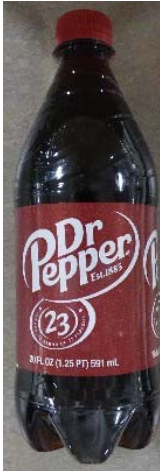
Nutrition Facts Per Serving				
Serving Size	1 bottle (20 oz)	Calories	290	Calories from Fat
Servings per Container	1			
% Daily Value*				
Total Fat (0 g)	0%			
Sodium (115 mg)	5%			
Total Carbohydrates (77 g)	26%			
Total Sugars (76 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, SODIUM BENZOATE (PRESERVATIVE), CARAMEL COLOR, CITRIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS.

7004 Dr. Pepper

Limited



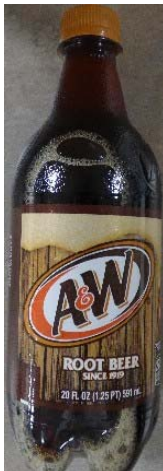
Nutrition Facts Per Serving				
Serving Size	1 bottle (20 oz)	Calories	250	Calories from Fat
Servings per Container	1			
% Daily Value*				
Total Fat (0 g)	0%			
Sodium (100 mg)	4%			
Total Carbohydrates (66 g)	22%			
Total Sugars (64 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, PHOSPHORIC ACID, NATURAL AND ARTIFICIAL FLAVORS, SODIUM BENZOATE (PRESERVATIVE), CAFFIENE.

7006 A&amp;W Root Beer

Limited



Nutrition Facts Per Serving				
Serving Size	1 bottle (20 oz)	Calories	290	Calories from Fat
Servings per Container	1			
% Daily Value*				
Total Fat (0 g)	0%			
Sodium (135 mg)	6%			
Total Carbohydrates (78 g)	26%			
Total Sugars (75 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, SODIUM BENZOATE) PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT.

7007 Sunkist Orange

Limited



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	270	Calories from Fat	
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)			0%		
Sodium (115 mg)			5%		
Total Carbohydrates (74 g)			25%		
Total Sugars (72 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE), MODIFIED FOOD STARCH, NATURAL FLAVORS, CAFFEINE, ESTER GUM, YELLOW 6, RED 40.

7009 Diet Dr. Pepper

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	0	Calories from Fat	0
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)			0%		
Sodium (100 mg)			4%		
Total Carbohydrates (0 g)			0%		
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CARBONATED WATER, CARAMEL COLOR, SODIUM BENZOATE (PRESERVATIVE), ASPARTAME, ACESULFAME POTASSIUM, NATURAL AND ARTIFICIAL FLAVORS, MALIC ACID, QUILLAIA EXTRACT.

7010 Diet A&W Root Beer

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	0	Calories from Fat	0
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)		0%			
Sodium (190 mg)		8%			
Total Carbohydrates (0 g)		0%			
Total Sugars (0 g)					
Added Sugars (0 g)		0%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CARBONATED WATER, CARAMEL COLOR, SODIUM BENZOATE (PRESERVATIVE), ASPARTAME, ACESULFAME POTASSIUM, NATURAL AND ARTIFICIAL FLAVORS, MALIC ACID, QUILLAIA EXTRACT. PHENYLKETONURICS: CONTAINS: PHENYLALANINE.

7011 Ginger Ale

Limited



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	230	Calories from Fat	
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)		0%			
Sodium (80 mg)		3%			
Total Carbohydrates (60 g)		20%			
Total Sugars (59 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, CARAMEL COLOR.

7013 7-Up

Limited



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	240	Calories from Fat	
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)	0%				
Sodium (70 mg)	3%				
Total Carbohydrates (64 g)	21%				
Total Sugars (63 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

FILTERED CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, POTASSIUM CITRATE, NATURAL FLAVORS, CALCIUM DISODIUM EDTA (To Protect Flavor).

7015 Kirkland Sparkling Water

Best Choice

Package Flavor: Black Raspberry

Nutrition Facts Per Serving					
Serving Size	1 bottle (503 ml)	Calories	0	Calories from Fat	
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Niacin (B3) (1.6 mg)	10%	
Sodium (0 mg)	0%		Vitamin B6 (0.17 mg)	10%	
Total Carbohydrates (0 g)	0%		Vitamin B12 (0.24 mcg)	10%	
Protein (0 g)			Vitamin D (2 IU)	10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Pantothenic Acid (0.5 mg)	10%	

Ingredients / Allergens:

CARBONATED WATER, CONTAINS <2% OF: GREEN TEA, VITAMIN D3, NIACIN, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, VITAMIN B12, NATURAL FLAVORS, MALIC ACID, SUCRALOSE, RED 40, BLUE 1, POTASSIUM BENZOATE

7015 Kirkland Sparkling Water

Best Choice



Package Flavor: Kiwi Strawberry

Nutrition Facts Per Serving					
Serving Size	1 bottle (503 ml)		Calories	0	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (0 g)		0%	Niacin (B3) (1.6 mg)		10%
Sodium (0 mg)		0%	Vitamin B6 (0.17 mg)		10%
Total Carbohydrates (0 g)		0%	Vitamin B12 (0.24 mcg)		10%
Protein (0 g)		0%	Vitamin D (2 IU)		10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Pantothenic Acid (0.5 mg)		10%

Ingredients / Allergens:

CARBONATED WATER, CONTAINS <2% OF: GREEN TEA, VITAMIN D3, NIACIN, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, VITAMIN B12, NATURAL FLAVORS, SUCRALOSE, CITRIC ACID, ARABIC GUM, ESTER GUM, YELLOW 5, BLUE 1, POTASSIUM BENZOATE.



Package Flavor: Orange Mango

Nutrition Facts Per Serving						
Serving Size	1 bottle (503 ml)		Calories	0	Calories from Fat	
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Niacin (B3) (1.6 mg)		10%	
Sodium (0 mg)		0%	Vitamin B6 (0.2 mg)		10%	
Total Carbohydrates (0 g)		0%	Vitamin B12 (0.24 mcg)		10%	
Protein (0 g)			Vitamin D (2 IU)		10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Pantothenic Acid (0.5 mg)		10%	

Ingredients / Allergens:

CARBONATED WATER, CONTAINS <2% OF: GREEN TEA, VITAMIN D3, NIACIN, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, VITAMIN B12, NATURAL FLAVORS, SUCRALOSE, CITRIC ACID, ARABIC GUM, ESTER GUM, YELLOW 6, YELLOW 5, POTASSIUM BENZOATE.

7023 Vita Rain Zero Water, 20 oz

Best Choice



Package Flavor: Acai Blueberry Pomegranate

Nutrition Facts Per Serving					
Serving Size	8 ounces (240 ml)	Calories	0	Calories from Fat	0
Servings per Container	2.5				
% Daily Value*		% Daily Value*			
Total Fat (0 g)	0%	Vitamin A	10%		
Sodium (0 mg)	0%	Niacin (B3)	6%		
Total Carbohydrates (1 g)	0%	Vitamin B6	6%		
Total Sugars (0 g)		Vitamin B12	6%		
Protein (0 g)		Vitamin C	100%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Vitamin D	25%		
		Vitamin E	25%		
		Folate	10%		
		Pantothenic Acid	6%		
		Magnesium	4%		
		Zinc	10%		

Ingredients / Allergens:

WATER, NATURAL FLAVOR, CITRIC ACID, CARROT AND BLUEBERRY JUICE COLOR, SUCRALOSE, ASCORBIC ACID (VITAMIN C), ACESULFAME POTASSIUM, MAGNESIUM SULFATE, VITAMIN E (ACETATE), NIACINAMIDE (B3), ZINC SULFATE, CALCIUM PANTOTHENATE (B5), VITAMIN A (PALMITATE), PYRIDOXINE HYDROCHLORIDE (B6), FOLIC ACID, CHROMIUM CHLORIDE, VITAMIN D3, CYANOCOBALAMIN (B12).



Package Flavor: Dragon Fruit

Nutrition Facts Per Serving					
Serving Size	8 ounces (240 ml)	Calories	0	Calories from Fat	0
Servings per Container	2.5				
% Daily Value*		% Daily Value*			
Total Fat (0 g)	0%	Niacin (B3)	15%		
Sodium (0 mg)	0%	Vitamin B6	15%		
Potassium (5 mg)	0%	Vitamin B12	35%		
Total Carbohydrates (0 g)	0%	Vitamin C	100%		
Protein (0 g)		Pantothenic Acid	15%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Zinc	10%		
		Chromium	40%		
		Taurine (10 mg)			

Ingredients / Allergens:

WATER, NATURAL FLAVOR (DRAGON FRUIT EXTRACT), CITRIC ACID, SUCRALOSE, ASCORBIC ACID (VITAMIN C), TAURINE, ACESULFAME POTASSIUM, CALCIUM LACTATE, MONOPOTASSIUM PHOSPHATE (ELECTROLYTE), NIACINAMIDE (B3), MAGNESIUM LACTATE (ELECTROLYTE), PANTOTHENIC ACID (B5), ZINC PICOLINATE, PYRIDOXINE HYDROCHLORIDE (B6), CHROMIUM NICOTINATE, CYANOCOBALAMIN (B12).

7023 Vita Rain Zero Water, 20 oz

Best Choice



Package Flavor: Lemonade

Nutrition Facts Per Serving						
Serving Size	1 bottle (591 ml)		Calories	0	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin A (135 IU)		15%	
Sodium (0 mg)		0%	Niacin (B3) (1.3 mg)		8%	
Total Carbohydrates (0 g)		0%	Vitamin B6 (0.14 mg)		8%	
Protein (0 g)			Vitamin B12 (1.2 mcg)		50%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Vitamin C (189 mg)		210%	
			Vitamin E (1.5 IU)		10%	
			Folate (40 mcg)		10%	
			Pantothenic Acid (0.4 mg)		8%	
			Magnesium (17 mg)		4%	
			Zinc (1 mg)		10%	

Ingredients / Allergens:

PURIFIED WATER, Contains less than 2% of, CITRIC ACID, ASCORBIC ACID (VITAMIN C), NATURAL FLAVOR, GUM ARABIC, GLYCEROL ESTER OF ROSIN, MAGNESIUM LACTATE, VITAMIN A PALMITATE, VITAMIN E ACETATE, ZINC GLUCONATE, NIACINAMIDE (B3), CYANOCOBALAMIN (B12), CALCIUM PANTOTHENATE (B5), PYRIDOXINE HYDROCHLORIDE (B6), FOLIC ACID, SUCRALOSE, ACESULFAME POTASSIUM.



Package Flavor: Tropical Mango

Nutrition Facts Per Serving					
Serving Size	8 ounces (240 ml)	Calories	0	Calories from Fat	0
Servings per Container	2.5				
% Daily Value*		% Daily Value*			
Total Fat (0 g)	0%	Vitamin B6		100%	
Sodium (0 mg)	0%	Vitamin B12		110%	
Total Carbohydrates (1 g)	0%	Vitamin C		150%	
Protein (0 g)		Pantothenic Acid		100%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Zinc		30%	
		Chromium		30%	

Ingredients / Allergens:

WATER. Contains 2% or less of: CITRIC ACID, ASCORBIC ACID (VITAMIN C), SUCRALOSE, NATURAL FLAVORS, CALCIUM PANTOTHENATE (B5), GUM ARABIC, ZINC GLUCONATE, ESTER GUM, PYRIDOXINE HYDROCHLORIDE (B6), BETA CAROTENE (FOR COLOR), CHROMIUM, CYANOCOBALAMIN (B12), ACESULFAME POTASSIUM.

7033 Squirt

Limited



Nutrition Facts Per Serving					
Serving Size	1 bottle (20 oz)	Calories	240	Calories from Fat	
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)	0%				
Sodium (80 mg)	3%				
Total Carbohydrates (64 g)	21%				
Total Sugars (63 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP. Contains 2% or less of: GRAPEFRUIT JUICE CONCENTRATE, NATURAL FLAVORS, CITRIC ACID, MODIFIED CORN STARCH, ESTER GUM, SODIUM BENZOATE (PRESERVATIVE), CALCIUM DISODIUM EDTA (To Protect Flavor).

7036 V8 Original

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 bottle (12 oz)	Calories	70	Calories from Fat	0
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Vitamin A		60%
Saturated Fat (0 g)	0%		Vitamin C		170%
Trans Fat (0 g)			Calcium		4%
Cholesterol (0 mg)	0%		Iron		4%
Sodium (920 mg)	38%				
Potassium (640 mg)	18%				
Total Carbohydrates (14 g)	5%				
Dietary Fiber (3 g)	12%				
Total Sugars (9 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

RECONSTITUTED VEGETABLE JUICE BLEND (WATER AND CONCENTRATED JUICES OF TOMATOES, CARROTS, CELERY, BEETS, PARSLEY, LETTUCE, WATERCRESS, SPINACH). Contains 2% or less of: SALT, VITAMIN C (ASCORBIC ACID), NATURAL FLAVORING, CITRIC ACID.

## 7054 Orange Drink

Limited



Nutrition Facts Per Serving					
Serving Size	2 tablespoons (31 g)	Calories	120	Calories from Fat	0
Servings per Container	about 10				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			100%
Trans Fat (0 g)		Calcium			10%
Cholesterol (0 mg)	0%	Iron			0%
Sodium (50 mg)	2%				
Total Carbohydrates (29 g)	10%				
Dietary Fiber (0 g)	0%				
Total Sugars (28 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, MALTODEXTRIN, CITRIC ACID, MONOCALCIUM PHOSPHATE, ARTIFICIAL FLAVORS, SODIUM CITRATE, SILICON DIOXIDE (ANTI-CAKING AGENT), CARBOXYMETHYLCELLULOSE GUM, ASCORBIC ACID (VITAMIN C), TITANIUM DIOXIDE (FOR COLOR), YELLOW 5 LAKE, YELLOW 6 LAKE, YELLOW 5.

## 7055 Bigelow Assorted

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 bag (2 g)	Calories	0	Calories from Fat	0
Servings per Container	18				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%				
Sodium (0 mg)	0%				
Total Carbohydrates (0 g)	0%				
Total Sugars (0 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

POMEGRANATE PIZZAZZ: APPLE, HIBISCUS, BLACKBERRY LEAVES, NATURAL POMEGRANATE AND OTHER NATURAL FLAVORS (SOY LECITHIN), ORANGE PEEL, MALIC ACID, LICORICE ROOT, NATURAL POMEGRANATE, AND, APPLE JUICE FROM CONCENTRATE. , I LOVE LEMON WITH C: ROSEHIPS, LEMONGRASS, NATURAL LEMON FLAVOR (SOY LECITHIN), LEMON PEEL, LEMON VERBENA, PEPPERMINT LEAVES, ASCORBIC ACID (VITAMIN C), HIBISCUS, CITRIC ACID. , MINT MEDLEY: PEPPERMINT LEAVES, SPEARMINT LEAVES, ROSEHIPS, LEMON PEEL, HIBISCUS. , ORANGE & SPICE: ROSEHIPS, SPICES, HIBISCUS, ORANGE PEEL, ROASTED CHICORY, NATURAL, ORANGE FLAVORS (SOY LECITHIN) , COZY CHAMOMILE: CHAMOMILE FLOWERS. , SWEET DREAMS: CHAMOMILE, HIBISCUS, PEPPERMINT LEAVES, ROSE BLOSSOMS, SPEARMINT LEAVES, SPICE, ORANGE BLOSSOMS.

7056 Bigelow Green Tea

Best Choice



Nutrition Facts Per Serving							
Serving Size	1 bag (2 g)		Calories	0	Calories from Fat	0	
Servings per Container	25						
% Daily Value*			% Daily Value*				
Total Fat (0 g)			0%		Vitamin C		20%
Sodium (0 mg)			0%				
Total Carbohydrates (0 g)			0%				
Total Sugars (0 g)							
Protein (0 g)							
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.							

Ingredients / Allergens:

GREEN TEA,

7101 Whipper Mix

Limited



Nutrition Facts Per Serving						
Serving Size	5 tablespoons (33 g)		Calories	140	Calories from Fat	25
Servings per Container	27					
% Daily Value*			% Daily Value*			
Total Fat (3 g)		5%	Vitamin A		0%	
Saturated Fat (2.5 g)		13%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Cholesterol (0 mg)		0%	Iron		2%	
Sodium (140 mg)		6%				
Total Carbohydrates (28 g)		9%				
Dietary Fiber (1 g)		4%				
Total Sugars (25 g)						
Protein (1 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SUGAR, DAIRY PRODUCT SOLIDS, COCOA Processed with ALKALI, HYDROGENATED VEGETABLE OIL (COCONUT AND/OR PALM KERNEL AND/OR SOYBEAN), CORN SYRUP SOLIDS. Less than 2% of: CELLULOSE GUM, SODIUM CASEINATE, SALT, DIPOTASSIUM PHOSPHATE, SODIUM ALUMINOSILICATE, ARTIFICIAL FLAVOR, DATEM. CONTAINS: MILK INGREDIENTS. May Contain: SOY, WHEAT.

7102 Hot Cocoa Packets, No Sugar Added

Limited



Nutrition Facts Per Serving						
Serving Size	1 packet (21 g)		Calories	60	Calories from Fat	0
Servings per Container	8					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		1%	Vitamin D (0 IU)		0%	
Saturated Fat (1 g)		5%	Calcium (420 mg)		30%	
Trans Fat (0 g)			Iron (2.3 mg)		15%	
Cholesterol (0 mg)		0%				
Sodium (190 mg)		8%				
Potassium (500 mg)		10%				
Total Carbohydrates (14 g)		5%				
Dietary Fiber (1 g)		4%				
Total Sugars (11 g)						
Added Sugars (0 g)		0%				
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

MODIFIED WHEY, COCOA ( Processed with ALKALI), MALTODEXTRIN, NONFAT MILK, HYDROGENATED COCONUT OIL, CALCIUM CARBONATE, Less than 2% of SALT, DIPOTASSIUM PHOSPHATE, CARRAGEENAN, MONO- AND DIGLYCERIDES,, ACESULFAME POTASSIUM, NATURAL FLAVORS, SUCRALOSE. CONTAINS: MILK

7103 Nescafe Coffee 8oz

Better Choice

Ingredients / Allergens:

COFFEE

Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

7104 Cappuccino

Limited



Nutrition Facts Per Serving			
Serving Size	4 tablespoons (42 g)	Calories	170
Servings per Container	6	Calories from Fat	
% Daily Value*		% Daily Value*	
Total Fat (1 g)	1%	Vitamin D (0 IU)	0%
Saturated Fat (1 g)	5%	Calcium (97 mg)	8%
Trans Fat (0 g)		Iron (2 mg)	10%
Cholesterol (0 mg)	0%		
Sodium (180 mg)	8%		
Potassium (104 mg)	2%		
Total Carbohydrates (38 g)	14%		
Dietary Fiber (0 g)	0%		
Total Sugars (28 g)			
Added Sugars (27 g)	54%		
Protein (1 g)			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

SUGAR, NON-DAIRY CREAMER [CORN SYRUP SOLIDS, COCONUT OIL, DIPOTASSIUM PHOSPHATE, SODIUM CASEINATE (A MILK DERIVATIVE), TITANIUM DIOXIDE, SILICON DIOXIDE, MONO AND DIGLYCERIDES, TURMERIC AND ANNATTO EXTRACT, ARTIFICIAL FLAVOR], MALTODEXTRIN, WHEY,, CORN SYRUP SOLIDS, COFFEE, CELLULOSE GUM, SALT, TRICALCIUM PHOSPHATE (ANTICAKING AGENT), COCOA (Processed with ALKALI), ARTIFICIAL FLAVOR, CARAMEL COLOR. CONTAINS, MILK, Manufactured on equipment that also processes PRODUCTS CONTAINING, SOY.

7105 Keefe Coffee

Best Choice



Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

Ingredients / Allergens:

COFFEE.

7106 Folgers Coffee

Best Choice



Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

Ingredients / Allergens:

COFFEE.

7107 Decaf Keefe Coffee

Best Choice



Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

Ingredients / Allergens:

DECAF COFFEE.

7108 Tasters Choice Coffee

Best Choice



Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

Ingredients / Allergens:

COFFEE.

7113 Black Tea

Best Choice



Nutrition Facts Per Serving						
Serving Size	1 bag		Calories	0	Calories from Fat	0
Servings per Container	100					
% Daily Value*			% Daily Value*			
Total Fat (0 g)			Vitamin A		0%	
Cholesterol (0 mg)			Vitamin C		0%	
Sodium (0 mg)			Calcium		0%	
Total Carbohydrates (0 g)			Iron		0%	
Total Sugars (0 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BLACK TEA.

7114 Iced Tea w/Lemon &amp; Sugar

Limited



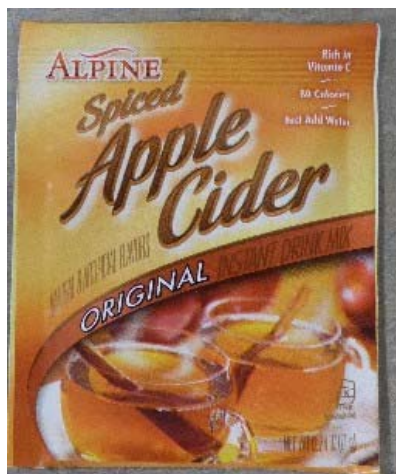
Nutrition Facts Per Serving					
Serving Size	1 1/2 tablespoons (23 g)	Calories	90	Calories from Fat	0
Servings per Container	about 23				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			10%
Trans Fat (0 g)		Calcium			0%
Cholesterol (0 mg)	0%	Iron			0%
Sodium (0 mg)	0%				
Total Carbohydrates (22 g)	7%				
Dietary Fiber (0 g)	0%				
Total Sugars (22 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, BLACK INSTANT TEA, CITRIC ACID, SILICON DIOXIDE, NATURAL FLAVOR, CARAMEL COLOR, ASCORBIC ACID (VITAMIN C), YELLOW 6. CONTAINS: no fruit juice.

7115 Hot Apple Cider Mix

Limited



Nutrition Facts Per Serving					
Serving Size	1 packet (21 g)	Calories	80	Calories from Fat	
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Vitamin A			0%
Sodium (30 mg)	1%	Vitamin C			100%
Total Carbohydrates (20 g)	7%	Calcium			4%
Total Sugars (20 g)		Iron			0%
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, MALIC ACID, MALTODEXTRIN, TRICALCIUM PHOSPHATE (PREVENTS CAKING), APPLE JUICE SOLIDS, CARAMEL COLOR, SODIUM CITRATE, ASCORBIC ACID, NATURAL AND ARTIFICIAL FLAVORS, SPICE EXTRACTIVE.

7117 S/F Wyler's BOB/RLB

Better Choice

Rotating Flavor: Radical Lemon Berry



Nutrition Facts Per Serving					
Serving Size	1 packet (3.4 g)		Calories	10	Calories from Fat
Servings per Container	10				
% Daily Value*			% Daily Value*		
Total Fat (0 g)		0%	Vitamin C (29 mg)		30%
Sodium (15 mg)		1%			
Total Carbohydrates (3 g)		1%			
Total Sugars (0 g)					
Added Sugars (0 g)		0%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CITRIC ACID, MALTODEXTRIN, ASPARTAME, NATURAL AND ARTIFICIAL FLAVORS, POTASSIUM CITRATE, MONOCALCIUM PHOSPHATE, Contains 2% or less of Each of the Following: MAGNESIUM OXIDE, SALT, ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), ARTIFICIAL COLOR, RED 40.

7118 S/F Wyler's GTD/FRP

Best Choice

Rotating Flavor: Fruity Red Punch



Nutrition Facts Per Serving						
Serving Size	1 packet (2.6 g)		Calories	5	Calories from Fat	
Servings per Container	10					
% Daily Value*			% Daily Value*			
Total Fat (0 g)			0%		Vitamin C (24 mg)	25%
Sodium (35 mg)			2%			
Total Carbohydrates (2 g)			1%			
Total Sugars (0 g)						
Added Sugars (0 g)			0%			
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

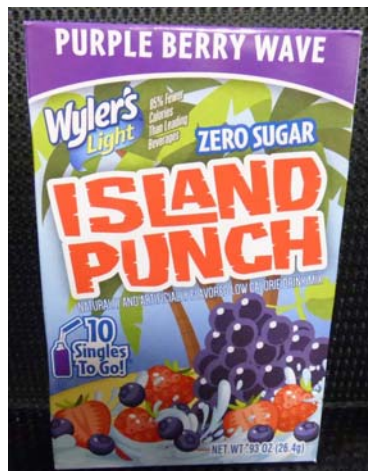
Ingredients / Allergens:

CITRIC ACID, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, ASPARTAME, SALT, CONTAINS 2% OR LESS OF THE FOLLOWING:, ACESULFAME POTASSIUM, MAGNESIUM OXIDE, ASCORBIC ACID (VITAMIN C), ARTIFICIAL COLOR, DISODIUM PHOSPHATE, YELLOW 5, BLUE 1.

7119 S/F Wyler's PBW/CBL

Best Choice

Rotating Flavor: Purple Berry Wave



Nutrition Facts Per Serving					
Serving Size	1 packet (2.6 g)		Calories	5	Calories from Fat
Servings per Container	10				
% Daily Value*			% Daily Value*		
Trans Fat (0 g)		0%	Vitamin C (24 mg)		25%
Sodium (35 mg)		2%			
Total Carbohydrates (2 g)		1%			
Total Sugars (0 g)					
Added Sugars (0 g)		0%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CITRIC ACID, MALTODETRIN, ASPARTAME, NATURAL AND ARTIFICIAL FLAVORS CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), CELLULOSE GUM, PECTIN, GUAR GUM, DISODIUM PHOSPHATE, MAGNESIUM OXIDE, RED 40, BLUE 1

7121 Kool Aid, Rotating

Limited

Rotating Flavor: Watermelon Strawberry



Nutrition Facts Per Serving						
Serving Size	2 tablespoons (24 g)		Calories	90	Calories from Fat	0
Servings per Container	about 14					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium (50 mg)		4%	
Trans Fat (0 g)						
Cholesterol (0 mg)		0%				
Sodium (10 mg)		0%				
Potassium (0 mg)		0%				
Total Carbohydrates (24 g)		9%				
Dietary Fiber (0 g)		0%				
Total Sugars (23 g)						
Added Sugars (17 g)		33%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SUGAR, CITRIC ACID, CALCIUM PHOSPHATE, SILICON DIOXIDE (FREE-FLOW AGENT), MALTODEXTRIN, SALT, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID (VITAMIN C), ARTIFICIAL COLOR.

## 7125 Coffeemate Creamer, 24 ct, Rotating

Limited

Rotating Flavor: Hazelnut



Nutrition Facts Per Serving				
Serving Size	1 each (11 ml)	Calories	30	Calories from Fat
Servings per Container	24			15
% Daily Value*				
Total Fat (1.5 g)	2%			
Saturated Fat (1.5 g)	6%			
Trans Fat (0 g)				
Polyunsaturated Fat (0 g)				
Monounsaturated Fat (0 g)				
Cholesterol (0 mg)	0%			
Sodium (0 mg)	0%			
Total Carbohydrates (3 g)	1%			
Total Sugars (3 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

WATER, SUGAR, COCONUT OIL, Contains less than 2% of, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO- AND DIGLYCERIDES, NATURAL, AND ARTIFICIAL FLAVORS, BETA CAROTENE AND RIBOFLAVIN (FOR COLOR) . CONTAINS: A MILK DERIVATIVE.

## 7126 Super C Drink Mix

Better Choice



Nutrition Facts Per Serving				
Serving Size	1 packet (3 g)	Calories	5	Calories from Fat
Servings per Container	6			
% Daily Value*		% Daily Value*		
Sodium (0 mg)	0%	Thiamine (B1)		25%
Potassium (150 mg)	4%	RiboFlavin (B2)		25%
Total Carbohydrates (1 g)	0%	Niacin (B3)		50%
Total Sugars (0 g)		Vitamin B6		50%
Protein (0 g)		Vitamin B12		50%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Vitamin C		1650%
		Vitamin E (0 IU)		10%
		Calcium		6%
		Iron		0%
		Pantothenic Acid		25%
		Magnesium		15%
		Zinc		100%
		Selenium		100%
		Manganese		50%
		Chromium		10%

Ingredients / Allergens:

ASCORBIC ACID (VITAMIN C), CITRIC ACID, POTASSIUM CITRATE, MALTODEXTRIN, NATURAL FLAVOR, CALCIUM PHOSPHATE, MAGNESIUM OXIDE. Contains 2% or less of: ZINC SULFATE, NIACINAMIDE (VITAMIN B3), MANGANESE GLUCONATE, D-CALCIUM PANTOTHENATE (VITAMIN B5), D-ALPHA TOCOPHERYL ACETATE (VITAMIN E), PYRIDOXINE HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), SODIUM SELENATE, CHROMIUM CHLORIDE, CYANOCOBALAMIN (VITAMIN B12), BETA CAROTENE, SUCRALOSE, ACESULFAME POTASSIUM, VEGETABLE JUICE.

7127 Chamomile Tea

Best Choice



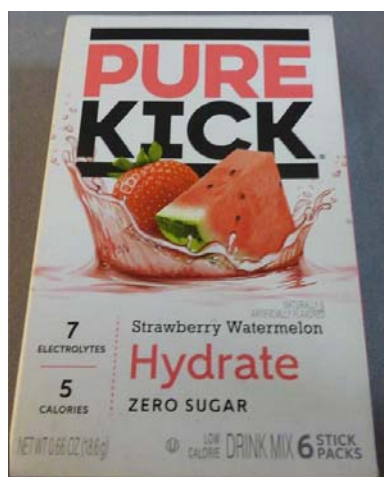
Nutrition Facts Per Serving				
Serving Size	1 bag (1 g)	Calories	0	Calories from Fat
Servings per Container	20			
% Daily Value*				
Total Fat (0 g)			0%	
Sodium (0 mg)			0%	
Total Carbohydrates (0 g)			0%	
Total Sugars (0 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

CHAMOMILE

7129 S/F Pure Kick, Rotating  
Rotating Flavor: Strawberry Watermelon

Better Choice



Nutrition Facts Per Serving				
Serving Size	3 grams	Calories	5	Calories from Fat
Servings per Container	6			

Ingredients / Allergens:

CITRIC ACID, MALTODEXTRIN, MALIC ACID, POTASSIUM CITRATE, SALT, ASPARTAME, contains less than 2% of the following, NATURAL FLAVOR, MAGNESIUM OXIDE, MONOCALCIUM PHOSPHATE, ZINC GLUCONATE,, ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), MANGANESE GLUCONATE, DL-Alpha-Tocopheryl Acetate (VITAMIN E), VITAMIN A, PALMITATE, SODIUM SELENATE, chromium picolinate, RED 40, BLUE 1, adds a trivial amount of sugar

7150 International Delights Creamer, 10 pk, Rotating

Limited

Rotating Flavor: French Vanilla



Nutrition Facts Per Serving						
Serving Size	1 each (13 ml)		Calories	30	Calories from Fat	10
Servings per Container	10					
% Daily Value*			% Daily Value*			
Total Fat (1.5 g)		2%	Vitamin A (0 IU)			
Saturated Fat (0.5 g)		3%	Vitamin C (0 mg)			
Trans Fat (0 g)		0%	Calcium (0 mg)			
Polyunsaturated Fat (0 g)		0%	Iron (0 mg)			
Monounsaturated Fat (0.5 g)						
Cholesterol (0 mg)		0%				
Sodium (0 mg)		0%				
Total Carbohydrates (5 g)		2%				
Dietary Fiber (0 g)		0%				
Total Sugars (5 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WATER, CANE SUGAR, PALM OIL, CONTAINS 2% OR LESS OF: SODIUM CASINATE\* (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, POLYSORBATE 60, CARREGREENAN, SALT

# Cereal / Breakfast

3009 Bagel, Plain

Limited



Nutrition Facts Per Serving						
Serving Size	1 package (113 g)		Calories	300	Calories from Fat	15
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		2%	Vitamin A		0%	
Saturated Fat (0.5 g)		3%	Vitamin C		15%	
Trans Fat (0 g)			Calcium		15%	
Cholesterol (0 mg)		0%	Iron		20%	
Sodium (450 mg)		19%				
Total Carbohydrates (61 g)		20%				
Dietary Fiber (2 g)		8%				
Total Sugars (5 g)						
Protein (11 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

UNBROMATED UNBLEACHED ENRICHED WHEAT FLOUR [MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, SUGAR, YEAST, SALT, WHEAT GLUTEN, VINEGAR, VEGETABLE MONOGLYCERIDES [CALCIUM PROPIONATE, SODIUM PROPIONATE, POTASSIUM SORBATE, CALCIUM ACETATE, GUAR GUM, XANTHAN GUM, CELLULOSE GUM, YELLOW CORN MEAL, ASCORBIC ACID, ENZYMES. CONTAINS: WHEAT. May contain: SESAME SEED.

5320 Rolled Oats

Best Choice



Nutrition Facts Per Serving								
Serving Size	1/2 cups (45 g)		Calories	180	Calories from Fat	0		
Servings per Container	about 10							
% Daily Value*			% Daily Value*					
Total Fat (3 g)			4%	Vitamin D (0 IU)		0%		
Saturated Fat (0.5 g)			3%	Calcium (16 mg)		2%		
Trans Fat (0 g)				Iron (2 mg)		0%		
Polyunsaturated Fat (1 g)								
Monounsaturated Fat (1 g)								
Cholesterol (0 mg)			0%					
Sodium (0 mg)			0%					
Potassium (167 mg)			4%					
Total Carbohydrates (31 g)			11%					
Dietary Fiber (4 g)			14%					
Total Sugars (1 g)								
Protein (6 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

WHOLE GRAIN ROLLED OATS,

## 5340 Instant Oatmeal

Best Choice

Rotating Flavor: Fruit n Cream

Package Flavor: Bananas &amp; Cream



Nutrition Facts Per Serving						
Serving Size	1 packet (35 g)		Calories	130	Calories from Fat	20
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (2 g)			3%	Vitamin A	20%	
Saturated Fat (0.5 g)			4%	Thiamine (B1)	20%	
Trans Fat (0 g)				RiboFlavin (B2)	20%	
Polyunsaturated Fat (0.5 g)				Niacin (B3)	20%	
Monounsaturated Fat (0.5 g)				Vitamin B6	20%	
Cholesterol (0 mg)			0%	Vitamin C	0%	
Sodium (160 mg)			7%	Vitamin D	20%	
Potassium (115 mg)			3%	Calcium	10%	
Total Carbohydrates (27 g)			9%	Iron	20%	
Dietary Fiber (2 g)			9%	Folate	20%	
Soluble Fiber (1 g)				Phosphorous	15%	
Total Sugars (9 g)				Magnesium	10%	
Protein (3 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

## Ingredients / Allergens:

WHOLE GRAIN ROLLED OATS, SUGAR, CREAMING AGENT (CORN SYRUP SOLIDS, COCONUT OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, TITANIUM DIOXIDE, MONO & DIGLYCERIDES, TURMERIC & ANNATTO EXTRACT COLOR, ARTIFICIAL FLAVOR), DRIED BANANA, SALT, NATURAL AND ARTIFICIAL FLAVOR, GUAR GUM, VITAMINS & MINERALS, CALCIUM CARBONATE (A SOURCE OF CALCIUM), FERRIC ORTHOPHOSPHATE (A SOURCE OF IRON), NIACINAMIDE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMIN MONONITRATE, FOLIC ACID, VITAMIN D.

Rotating Flavor: Fruit n Cream

Package Flavor: Blueberries &amp; Cream

Nutrition Facts Per Serving						
Serving Size	1 packet (35 g)		Calories	120	Calories from Fat	20
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (2 g)			3%	Vitamin A	20%	
Saturated Fat (0.5 g)			4%	Thiamine (B1)	20%	
Trans Fat (0 g)				RiboFlavin (B2)	20%	
Polyunsaturated Fat (0.5 g)				Niacin (B3)	20%	
Monounsaturated Fat (0.5 g)				Vitamin B6	20%	
Cholesterol (0 mg)			0%	Vitamin C	0%	
Sodium (150 mg)			6%	Vitamin D	20%	
Potassium (95 mg)			3%	Calcium	10%	
Total Carbohydrates (25 g)			8%	Iron	20%	
Dietary Fiber (2 g)			8%	Folate	20%	
Soluble Fiber (1 g)				Phosphorous	10%	
Total Sugars (11 g)				Magnesium	8%	
Protein (3 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

## Ingredients / Allergens:

WHOLE GRAIN ROLLED OATS, SUGAR, CREAMING AGENT (CORN SYRUP SOLIDS, COCONUT OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, TITANIUM DIOXIDE, MONO & DIGLYCERIDES, TURMERIC & ANNATTO EXTRACT COLOR, ARTIFICIAL FLAVOR), BLUEBERRY FLAVORED FRUIT PIECES (DREID FIGS, DREID CORN SYRUP SOLIDS, MODIFIED FOOD STARCH, SUGAR, DEXTROSE, GLYCERINE, BLUEBERRY JUICE CONCENTRATE WITH OTHER NATURAL FLAVOR, CANOLA OIL, NATURAL FLAVOR, CITRIC ACID, BLUE 2 LAKE, RED 40 LAKE), SALT, GUAR GUM, NATURAL AND ARTIFICIAL FLAVOR, VITAMINS & MINERALS, CALCIUM CARBONATE (A SOURCE OF CALCIUM), FERRIC ORTHOPHOSPHATE (A SOURCE OF IRON), NIACINAMIDE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMIN MONONITRATE, FOLIC ACID, VITAMIN D.

## 5340 Instant Oatmeal

Best Choice

Rotating Flavor: Fruit n Cream

Package Flavor: Peaches &amp; Cream

Nutrition Facts Per Serving					
Serving Size	1 packet (35 g)	Calories	130	Calories from Fat	20
Servings per Container	4				
% Daily Value*			% Daily Value*		
<b>Total Fat (2 g)</b>	<b>3%</b>		Vitamin A		<b>20%</b>
Saturated Fat (0.5 g)	<b>4%</b>		Thiamine (B1)		<b>20%</b>
Trans Fat (0 g)			RiboFlavin (B2)		<b>20%</b>
Polyunsaturated Fat (0.5 g)			Niacin (B3)		<b>20%</b>
Monounsaturated Fat (0.5 g)			Vitamin B6		<b>20%</b>
<b>Cholesterol (0 mg)</b>	<b>0%</b>		Vitamin C		<b>0%</b>
<b>Sodium (140 mg)</b>	<b>6%</b>		Vitamin D		<b>20%</b>
<b>Potassium (115 mg)</b>	<b>3%</b>		Calcium		<b>10%</b>
<b>Total Carbohydrates (27 g)</b>	<b>9%</b>		Iron		<b>20%</b>
Dietary Fiber (2 g)	<b>9%</b>		Folate		<b>20%</b>
Soluble Fiber (1 g)			Phosphorous		<b>10%</b>
Total Sugars (11 g)			Magnesium		<b>8%</b>
<b>Protein (3 g)</b>					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHOLE GRAIN ROLLED OATS, SUGAR, CREAMING AGENT (CORN SYRUP SOLIDS, COCONUT OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, TITANIUM DIOXIDE, MONO & DIGLYCERIDES, TURMERIC &, ANNATTO EXTRACT COLOR, ARTIFICIAL FLAVOR), FLAVORED FRUIT PIECES (DEHYDRATED APPLES [Treated With, SULFITE To Promote Color Retention], ARTIFICIAL FLAVOR, CITRIC ACID,, ANNATTO COLOR), SALT, NATURAL AND ARTIFICIAL FLAVOR, GUAR GUM. VITAMINS & MINERALS: CALCIUM CARBONATE (A SOURCE OF CALCIUM), FERRIC ORTHOPHOSPHATE (A SOURCE OF IRON), NIACINAMIDE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMIN MONONITRATE, FOLIC ACID, VITAMIN D.

Rotating Flavor: Fruit n Cream

Package Flavor: Strawberries &amp; Cream

Nutrition Facts Per Serving					
Serving Size	1 packet (35 g)	Calories	130	Calories from Fat	20
Servings per Container	2				
% Daily Value*			% Daily Value*		
<b>Total Fat (2 g)</b>	<b>3%</b>		Vitamin A		<b>20%</b>
Saturated Fat (0.5 g)	<b>4%</b>		Thiamine (B1)		<b>20%</b>
Trans Fat (0 g)			RiboFlavin (B2)		<b>20%</b>
Polyunsaturated Fat (0.5 g)			Niacin (B3)		<b>20%</b>
Monounsaturated Fat (0.5 g)			Vitamin B6		<b>20%</b>
<b>Cholesterol (0 mg)</b>	<b>0%</b>		Vitamin C		<b>0%</b>
<b>Sodium (170 mg)</b>	<b>7%</b>		Vitamin D		<b>20%</b>
<b>Potassium (115 mg)</b>	<b>3%</b>		Calcium		<b>10%</b>
<b>Total Carbohydrates (27 g)</b>	<b>9%</b>		Iron		<b>20%</b>
Dietary Fiber (2 g)	<b>8%</b>		Folate		<b>20%</b>
Soluble Fiber (1 g)			Phosphorous		<b>10%</b>
Total Sugars (12 g)			Magnesium		<b>8%</b>
<b>Protein (3 g)</b>					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHOLE GRAIN ROLLED OATS, SUGAR, CREAMING AGENT (CORN SYRUP SOLIDS, COCONUT OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, TITANIUM DIOXIDE, MONO & DIGLYCERIDES, TURMERIC &, ANNATTO EXTRACT COLOR, ARTIFICIAL FLAVOR), FLAVORED FRUIT PIECES (DEHYDRATED APPLES [Treated With, SODIUM SULFITE To Promote Color Retention], ARTIFICIAL STRAWBERRY FLAVOR, CITRIC ACID, RED 40), SALT, GUAR GUM, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, VITAMINS & MINERALS, CALCIUM CARBONATE (A SOURCE OF CALCIUM), FERRIC ORTHOPHOSPHATE (A SOURCE OF IRON), NIACINAMIDE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMIN MONONITRATE, FOLIC ACID, VITAMIN D

## 5343 Frosted Flakes Cereal

Limited



Nutrition Facts Per Serving						
Serving Size	1 cup (40 g)		Calories	140	Calories from Fat	0
Servings per Container	about 14					
% Daily Value*			% Daily Value*			
Total Fat (0 g)			0%	Vitamin A (230 IU)	25%	
Saturated Fat (0 g)			0%	Thiamine (B1) (0.8 mg)	70%	
Trans Fat (0 g)			0%	RiboFlavin (B2) (0.9 mg)	70%	
Polyunsaturated Fat (0 g)			0%	Niacin (B3) (10 mg)	60%	
Monounsaturated Fat (0 g)			0%	Vitamin B6 (1 mg)	60%	
Cholesterol (0 mg)			0%	Vitamin B12 (1.5 mcg)	60%	
Sodium (150 mg)			7%	Vitamin C (15 mg)	15%	
Potassium (30 mg)			0%	Vitamin D (1 IU)	5%	
Total Carbohydrates (33 g)			12%	Calcium (0 mg)	0%	
Dietary Fiber (0 g)			0%	Iron (4.5 mg)	25%	
Total Sugars (14 g)				Folate (170 mcg)	45%	
Added Sugars (14 g)			28%			
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

DEGERMED YELLOW CORN MEAL, SUGAR, CONTAINS 2% OR LESS OF: SALT, BARLEY MALT EXTRACT, VITAMIN C (SODIUM ASCORBATE, ASCORBIC ACID) IRON (FERROUS FUMARATE), VITAMIN A (PALMATE), NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12 (CYANOCOBALAMIN), FOLIC ACID. BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS. CONTAINS A BIOENGINEERED FOOD INGREDIENT.

## 5344 Carnation Instant Breakfast, Variety

Better Choice



## Package Flavor: Chocolate

Nutrition Facts Per Serving					
Serving Size	1 packet (36 g)	Calories	140	Calories from Fat	
Servings per Container	4				
% Daily Value*		% Daily Value*			
<b>Total Fat (1 g)</b>	<b>1%</b>	Vitamin A (50 IU)		6%	
Saturated Fat (0.5 g)	3%	Thiamine (B1) (0.3 mg)		25%	
Trans Fat (0 g)		RiboFlavin (B2) (0.2 mg)		15%	
<b>Cholesterol (5 mg)</b>	<b>2%</b>	Niacin (B3) (3 mg)		20%	
<b>Sodium (100 mg)</b>	<b>4%</b>	Vitamin B6 (0.32 mg)		20%	
<b>Potassium (280 mg)</b>	<b>6%</b>	Vitamin B12 (0.3 mcg)		15%	
<b>Total Carbohydrates (27 g)</b>	<b>10%</b>	Vitamin C (90 mg)		100%	
Dietary Fiber (0 g)	0%	Vitamin D (7 IU)		35%	
Total Sugars (15 g)		Vitamin E (3 IU)		20%	
Added Sugars (9 g)	18%	Calcium (200 mg)		15%	
<b>Protein (5 g)</b>	<b>10%</b>	Iron (3.5 mg)		20%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Folate (90 mcg)		25%	
		Pantothenic Acid (0.9 mg)		20%	
		Phosphorous (230 mg)		20%	
		Magnesium (100 mg)		25%	
		Copper (0.2 mcg)		20%	
		Zinc (1.2 mg)		10%	
		Selenium (3 IU)		6%	
		Manganese (0.6 IU)		25%	
		Chromium (13 IU)		35%	
		Choline (20 mg)		4%	

Ingredients / Allergens:

NON FAT MILK, MALTODETRIN, SUGAR, COCOA PROCESSED WITH ALKAL, LACTOSE, VITAMINS & MINERALS AND LESS THAN 2% OF SOY LECITHIN, CELLULOSE GUM, NATURAL FLAVORS, SALT

5344 Carnation Instant Breakfast, Variety

Better Choice



Package Flavor: Strawberry

Nutrition Facts Per Serving					
Serving Size	1 packet (36 g)	Calories	130	Calories from Fat	
Servings per Container	3				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Vitamin A (50 IU)		6%
Saturated Fat (0 g)	0%		Thiamine (B1) (0.3 mg)		25%
Trans Fat (0 g)			RiboFlavin (B2) (0.2 mg)		15%
Cholesterol (5 mg)	2%		Niacin (B3) (3 mg)		20%
Sodium (115 mg)	5%		Vitamin B6 (0.32 mg)		20%
Potassium (220 mg)	4%		Vitamin B12 (0.3 mcg)		15%
Total Carbohydrates (27 g)	10%		Vitamin C (90 mg)		100%
Dietary Fiber (0 g)	0%		Vitamin D (7 IU)		35%
Total Sugars (16 g)			Vitamin E (3 IU)		20%
Added Sugars (8 g)	16%		Calcium (200 mg)		15%
Protein (5 g)	10%		Iron (3.5 mg)		20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Folate (90 mcg)		25%
			Pantothenic Acid (0.9 mg)		20%
			Phosphorous (230 mg)		20%
			Magnesium (80 mg)		20%
			Copper (0.2 mcg)		20%
			Zinc (1.2 mg)		10%
			Selenium (3 IU)		6%
			Manganese (0.6 IU)		25%
			Chromium (5 IU)		15%
			Choline (20 mg)		4%

Ingredients / Allergens:

NON FAT MILK, MALTODETRIN, SUGAR, LACTOSE, VITAMINS & MINERALS, AND LESS THAN 2% OF CELLULOSE GUM, BEET JUICE (COLOR), NATURAL FLAVOR, CITRIC ACID, SALT

## 5344 Carnation Instant Breakfast, Variety

Better Choice



Package Flavor: Vanilla

Nutrition Facts Per Serving					
Serving Size	1 packet (36 g)	Calories	130	Calories from Fat	
Servings per Container	3				
% Daily Value*		% Daily Value*			
<b>Total Fat (0 g)</b>	<b>0%</b>	Vitamin A (50 IU)	<b>6%</b>		
Saturated Fat (0 g)	<b>0%</b>	Thiamine (B1) (0.3 mg)	<b>25%</b>		
Trans Fat (0 g)		RiboFlavin (B2) (0.2 mg)	<b>15%</b>		
<b>Cholesterol (5 mg)</b>	<b>2%</b>	Niacin (B3) (3 mg)	<b>20%</b>		
<b>Sodium (110 mg)</b>	<b>5%</b>	Vitamin B12 (0.3 mcg)	<b>15%</b>		
<b>Potassium (220 mg)</b>	<b>4%</b>	Vitamin C (90 mg)	<b>100%</b>		
<b>Total Carbohydrates (28 g)</b>	<b>10%</b>	Vitamin D (7 IU)	<b>35%</b>		
Dietary Fiber (0 g)	<b>0%</b>	Vitamin E (3 IU)	<b>20%</b>		
Total Sugars (15 g)		Calcium (200 mg)	<b>15%</b>		
Added Sugars (8 g)	<b>16%</b>	Iron (3.5 mg)	<b>20%</b>		
<b>Protein (5 g)</b>	<b>10%</b>	Folate (90 mcg)	<b>25%</b>		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Pantothenic Acid (0.9 mg)	<b>20%</b>		
		Phosphorous (230 mg)	<b>20%</b>		
		Magnesium (80 mg)	<b>20%</b>		
		Copper (0.2 mcg)	<b>20%</b>		
		Zinc (1.2 mg)	<b>10%</b>		
		Selenium (3 IU)	<b>6%</b>		
		Manganese (0.6 IU)	<b>25%</b>		
		Chromium (5 IU)	<b>15%</b>		
		Choline (20 mg)	<b>4%</b>		

## Ingredients / Allergens:

NONFAT MILK, MALTODEXTRIN, SUGAR, VITAMINS AND MINERALS, AND LESS THAN 2% OF LACTOSE, CELLULOSE GUM, NATURAL FLAVORS, SALT

## 5345 Raisin Bran

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 cup (56 g)	Calories	210	Calories from Fat	10
Servings per Container	about 10				
% Daily Value*		% Daily Value*			
<b>Total Fat (1 g)</b>	<b>2%</b>	Vitamin A	<b>15%</b>		
Saturated Fat (0 g)	<b>0%</b>	Thiamine (B1)	<b>25%</b>		
Trans Fat (0 g)		RiboFlavin (B2)	<b>25%</b>		
<b>Cholesterol (0 mg)</b>	<b>0%</b>	Niacin (B3)	<b>25%</b>		
<b>Sodium (350 mg)</b>	<b>15%</b>	Vitamin B6	<b>25%</b>		
<b>Potassium (290 mg)</b>	<b>8%</b>	Vitamin C	<b>10%</b>		
<b>Total Carbohydrates (45 g)</b>	<b>15%</b>	Vitamin D	<b>10%</b>		
Dietary Fiber (7 g)	<b>26%</b>	Calcium	<b>4%</b>		
Total Sugars (18 g)		Iron	<b>25%</b>		
<b>Protein (4 g)</b>		Folate	<b>25%</b>		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Phosphorous	<b>20%</b>		
		Magnesium	<b>20%</b>		
		Copper	<b>10%</b>		
		Zinc	<b>10%</b>		

## Ingredients / Allergens:

WHEAT BRAN, RAISINS, SUGAR, HIGH FRUCTOSE CORN SYRUP, SALT, MALT EXTRACT, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN C (SODIUM ASCORBATE), VITAMIN A (PALMITATE), NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.

## 5346 Nutrigrain Cereal Bar

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 bar (37 g)	Calories	130	Calories from Fat	
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (3.5 g)	4%		Vitamin A		10%
Saturated Fat (0.5 g)	3%		Thiamine (B1)		10%
Trans Fat (0 g)			RiboFlavin (B2)		10%
Cholesterol (0 mg)	0%		Niacin (B3)		10%
Sodium (140 mg)	6%		Vitamin B6		10%
Potassium	0%		Vitamin C		0%
Total Carbohydrates (25 g)	9%		Vitamin D		0%
Dietary Fiber (1 g)	5%		Calcium		10%
Total Sugars (12 g)			Iron		10%
Added Sugars (12 g)	24%		Zinc		10%
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

CRUST: WHOLE GRAIN OATS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN OIL, WHOLE WHEAT FLOUR, SUGAR, DEXTROSE, FRUCTOSE, CALCIUM CARBONATE, VEGETABLE GLYCERIN, INVERT SUGAR, SALT, WHEY, SOLUBLE CORN FIBER, WHEAT BRAN, CELLULOSE, NATURAL FLAVORS, POTASSIUM BICARBONATE, MONO- AND DIGLYCERIDES, SOY LECITHIN, WHEAT GLUTEN, NIACINAMIDE, VITAMIN A PALMITATE, CARRAGEENAN, ZINC OXIDE, REDUCED IRON, GUAR GUM, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), FILLING: INVERT SUGAR, CORN SYRUP, STRAWBERRY PUREE CONCENTRATE, VEGETABLE GLYCERIN, SUGAR, MODIFIED FOOD STARCH, VEGETABLE JUICE COLORS, SODIUM CITRATE, SODIUM ALGINATE, CITRIC ACID, NATURAL FLAVORS, DICALCIUM PHOSPHATE, METHYLCELLULOSE, MALIC ACID. CONTAINS: WHEAT, MILK AND SOY INGREDIENTS.

## 5347 Cinnamon Squares Cereal

Better Choice



Nutrition Facts Per Serving					
Serving Size	3/4 cups (31 g)	Calories	130	Calories from Fat	30
Servings per Container	about 18				
% Daily Value*			% Daily Value*		
Total Fat (3 g)	5%		Vitamin A		25%
Saturated Fat (0 g)	0%		Thiamine (B1)		25%
Trans Fat (0 g)			RiboFlavin (B2)		25%
Polyunsaturated Fat (1 g)			Niacin (B3)		25%
Monounsaturated Fat (1.5 g)			Vitamin B6		25%
Cholesterol (0 mg)	0%		Vitamin B12		25%
Sodium (210 mg)	9%		Vitamin C		10%
Potassium (60 mg)	2%		Vitamin D		10%
Total Carbohydrates (23 g)	8%		Calcium		10%
Dietary Fiber (2 g)	8%		Iron		25%
Total Sugars (10 g)			Folate		20%
Protein (2 g)			Zinc		25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

WHOLE WHEAT FLOUR, SUGAR, RICE FLOUR, CANOLA OIL, FRUCTOSE, DEXTROSE, MALTODEXTRIN, SALT, CALCIUM CARBONATE, CINNAMON, SOY LECITHIN, TRISODIUM PHOSPHATE, VITAMIN C (SODIUM ASCORBATE), COLOR (CARAMEL ANNATTO EXTRACT), IRON (FERROUS FUMARATE), VITAMIN A (PALMITATE), NIACIN (NIACINAMIDE), ZINC (ZINC OXIDE), VITAMIN B12 (CYANOCOBALAMIN), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID. CONTAINS: WHEAT, SOY.

**5348 Granola, Rotating**  
 Rotating Flavor: **Toffee Almond**

Better Choice



Nutrition Facts Per Serving						
Serving Size	1/2 cups (55 g)		Calories	260	Calories from Fat	90
Servings per Container	8					
% Daily Value*			% Daily Value*			
Total Fat (10 g)		15%	Vitamin A		0%	
Saturated Fat (2.5 g)		13%	Vitamin C		0%	
Trans Fat (0 g)		0%	Calcium		2%	
Cholesterol (0 mg)		0%	Iron		8%	
Sodium (55 mg)		2%				
Total Carbohydrates (39 g)		13%				
Dietary Fiber (4 g)		16%				
Total Sugars (13 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WHOLE ROLLED OATS, MILLED CANE SUGAR, VEGETABLE OIL (CANOLA AND/OR SAFFLOWER AND/OR SUNFLOWER OIL), RICE FLOUR, WHOLE OAT FLOUR, MOLASSES, ALMONDS, DRIED BANANA, NATURAL FLAVOR, BARLEY MALT SYRUP, SALT. May Contain TREE NUTS, WHEAT. Packed in a Facility that handles TREE NUTS, PEANUTS, WHEAT, SOY AND MILK PRODUCTS.

**5349 Grits**

Limited



Nutrition Facts Per Serving					
Serving Size	1/4 cups (39 g)	Calories	<b>140</b>	Calories from Fat	<b>0</b>
Servings per Container	about 14				
% Daily Value*			% Daily Value*		
<b>Total Fat (0.5 g)</b>	<b>1%</b>	Thiamine (B1) (0.2 mg)		<b>15%</b>	
<b>Sodium (0 mg)</b>	<b>0%</b>	RiboFlavin (B2) (0.1 mg)		<b>8%</b>	
<b>Total Carbohydrates (32 g)</b>	<b>12%</b>	Niacin (B3) (1.7 mg)		<b>10%</b>	
<b>Protein (3 g)</b>		Iron (1.7 mg)		<b>10%</b>	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Folate (120 mcg)		<b>30%</b>

Ingredients / Allergens:

WHITE DEGERMED GROUND CORN, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID.

5360 Berries Bunch O' Krunch

Limited



Nutrition Facts Per Serving					
Serving Size	1 cup (34 g)	Calories	130	Calories from Fat	5
Servings per Container	about 17				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	1%		Vitamin A		10%
Saturated Fat (0 g)	0%		Thiamine (B1)		25%
Trans Fat (0 g)			RiboFlavin (B2)		25%
Cholesterol (0 mg)	0%		Niacin (B3)		25%
Sodium (230 mg)	10%		Vitamin B6 (25 mg)		
Potassium (50 mg)	1%		Vitamin C		10%
Total Carbohydrates (30 g)	10%		Vitamin D		10%
Dietary Fiber (0 g)	0%		Calcium		0%
Total Sugars (14 g)			Iron		25%
Protein (2 g)			Folate		25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

YELLOW CORN FLOUR, SUGAR, WHOLE OAT FLOUR, HIGH FRUCTOSE CORN SYRUP, CANOLA OIL, SALT, NATURAL AND ARTIFICIAL FLAVORS, CORN SYRUP, MOLASSES, VITAMIN C (SODIUM ASCORBATE), ASCORBIC ACID, IRON (FERROUS FUMARATE), VITAMIN A (PALMITATE), COLOR (RED 40, YELLOW 5 & 6, BLUE 1 & 2), PRESERVATIVE (TOCOPHEROLS), NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.

5361 Waffles

Limited



Nutrition Facts Per Serving					
Serving Size	1 each (55 g)	Calories	250	Calories from Fat	110
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (13 g)	17%		Vitamin D (0 IU)		0%
Saturated Fat (7 g)	35%		Calcium (10 mg)		0%
Trans Fat (0 g)					
Cholesterol (20 mg)	7%				
Sodium (220 mg)	10%				
Potassium (50 mg)	2%				
Total Carbohydrates (29 g)	11%				
Dietary Fiber (1 g)	4%				
Total Sugars (14 g)					
Added Sugars (14 g)	28%				
Protein (3 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

UNBLEACHED WHEAT FLOUR, SUGAR, BUTTER, NON-HYDROGENATED MARGARINE (PALM OIL, COCONUT OIL, WATER, CANOLA OIL, MONO- AND DIGLYCERIDES OF FATTY ACIDS [EMULSIFIER], WATER, EGGS, YEAST, SOY. CONTAINS: MILK, SOY, TREE NUTS, WHEAT, EGGS.

## 5364 Frosted Shredded Wheat

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 cup (60 g)	Calories	220	Calories from Fat	
Servings per Container	9				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	1%		Vitamin A (0 IU)		0%
Saturated Fat (0 g)	0%		Thiamine (B1) (0.4 mg)		35%
Trans Fat (0 g)			RiboFlavin (B2) (0.5 mg)		40%
Polyunsaturated Fat (0.5 g)			Niacin (B3) (5.8 mg)		35%
Monounsaturated Fat (0 g)			Vitamin B12 (1.7 mcg)		70%
Cholesterol (0 mg)	0%		Vitamin C (0 mg)		0%
Sodium (10 mg)	0%		Vitamin D (0 IU)		0%
Potassium (190 mg)	4%		Calcium (0 mg)		0%
Total Carbohydrates (52 g)	19%		Iron (18.7 mg)		100%
Dietary Fiber (6 g)	22%		Folate (115 mcg)		30%
Total Sugars (12 g)			Phosphorous (170 mg)		15%
Added Sugars (12 g)	31%		Magnesium (45 mg)		10%
Protein (5 g)			Copper (0.2 mcg)		20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Zinc (1.7 mg)		15%

Ingredients / Allergens:

WHOLE WHEAT, SUGAR, CONTAINS <2% OR LESS OF: CORN STARCH, GELATIN, REDUCED IRON, NIACINAMIDE, ZINC (ZINC OXIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), TRICALCIUM PHOSPHATE, FOLIC ACID, VITAMIN B12 (CYANOCOBALAMIN)

## 5365 Honey Nut Ohs Cereal

Better Choice



Nutrition Facts Per Serving					
Serving Size	3/4 cups (30 g)	Calories	120	Calories from Fat	10
Servings per Container	about 19				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	2%		Vitamin A		15%
Saturated Fat (0 g)	0%		Thiamine (B1)		25%
Trans Fat (0 g)			RiboFlavin (B2)		25%
Cholesterol (0 mg)	0%		Niacin (B3)		25%
Sodium (190 mg)	8%		Vitamin B6		25%
Potassium (130 mg)	4%		Vitamin B12		25%
Total Carbohydrates (24 g)	8%		Vitamin C		25%
Dietary Fiber (2 g)	8%		Vitamin D		10%
Total Sugars (11 g)			Calcium		10%
Protein (2 g)			Iron		25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Folate		50%
			Zinc		25%

Ingredients / Allergens:

WHOLE OAT FLOUR, SUGAR, MODIFIED CORN STARCH, WHEAT GERM, BROWN SUGAR, HONEY, OAT FIBER, SALT, TRIPOTASSIUM PHOSPHATE, ALMONDS, CANOLA OIL, SILICON DIOXIDE, NATURAL FLAVOR, COLOR (CARAMEL ANNATTO), VITAMINS & MINERALS: CALCIUM CARBONATE, VITAMIN C (SODIUM ASCORBATE), REDUCED IRON, VITAMIN A (PALMITATE), NIACINAMIDE, ZINC (ZINC OXIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN D (CHOLECALCIFEROL), VITAMIN B1 (THIAMINE HYDROCHLORIDE), FOLIC ACID, VITAMIN B12 (CYANOCOBALAMIN). CONTAINS: WHEAT, ALMONDS.

5368 Bran Flakes, 20 oz

Better Choice



Nutrition Facts Per Serving					
Serving Size	3/4 cups (29 g)	Calories	110	Calories from Fat	5
Servings per Container	about 20				
% Daily Value*			% Daily Value*		
Total Fat (0.5 g)	1%		Vitamin A		25%
Saturated Fat (0 g)	0%		Thiamine (B1)		25%
Trans Fat (0 g)			RiboFlavin (B2)		25%
Cholesterol (0 mg)	0%		Niacin (B3)		25%
Sodium (210 mg)	9%		Vitamin B6		100%
Potassium (160 mg)	5%		Vitamin B12		100%
Total Carbohydrates (23 g)	8%		Vitamin C		25%
Dietary Fiber (5 g)	20%		Vitamin D		10%
Total Sugars (5 g)			Vitamin E		25%
Protein (3 g)			Calcium		0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			Iron		50%
			Folate		100%
			Phosphorous		15%
			Magnesium		10%
			Copper		6%
			Zinc		25%

Ingredients / Allergens:

WHOLE WHEAT, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP. Contains 2% or less of: SALT, MALT EXTRACT, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN C (SODIUM ASCORBATE), CALCIUM (CALCIUM CARBONATE), VITAMIN A (PALMITATE), VITAMIN E (ACETATE), ZINC (ZINC OXIDE), NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12 (CYANOCOBALAMIN), VITAMIN B1 (THIAMINE MONONITRATE), FOLIC ACID, VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN). CONTAINS: WHEAT.

5370 Shredded Wheat, Bite Size, 16.4 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	22 biscuits (60 g)	Calories	22	Calories from Fat	
Servings per Container	about 8				
% Daily Value*			% Daily Value*		
Total Fat (1.5 g)	2%		Thiamine (B1)		10%
Saturated Fat (0 g)	0%		Niacin (B3)		15%
Trans Fat (0 g)			Vitamin B6		6%
Polyunsaturated Fat (0.5 g)			Vitamin D (0 IU)		0%
Monounsaturated Fat (0 g)			Calcium (20 mg)		0%
Cholesterol (0 mg)	0%		Iron (1.8 mg)		10%
Sodium (10 mg)	0%		Folate (25 mcg)		6%
Potassium (270 mg)	6%		Phosphorous		20%
Total Carbohydrates (48 g)	17%		Magnesium		10%
Dietary Fiber (8 g)	29%		Copper		25%
Soluble Fiber (2 g)			Zinc		15%
Insoluble Fiber (2 g)					
Total Sugars (0 g)					
Added Sugars (0 g)	0%				
Protein (7 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHOLE GRAIN WHEAT. Freshness preserved by: VITAMIN E (MIXED TOCOPHEROLS). CONTAINS: WHEAT.

5397 Creamy Wheat 24 oz.

Limited



Nutrition Facts Per Serving					
Serving Size	1/4 cups (49 g)	Calories	170	Calories from Fat	0
Servings per Container	14				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Thiamine (B1) (0.3 mg)	25%	
Saturated Fat (0 g)	0%		RiboFlavin (B2) (0.2 mg)	15%	
Trans Fat (0 g)	0%		Niacin (B3) (3 mg)	20%	
Cholesterol (0 mg)	0%		Vitamin D (0 IU)	0%	
Sodium (0 mg)	0%		Calcium (7 mg)	0%	
Potassium (46 mg)	0%		Iron (2 mg)	10%	
Total Carbohydrates (36 g)	13%		Folate (262 mcg)	70%	
Dietary Fiber (1 g)	4%				
Total Sugars (0 g)	0%				
Added Sugars (0 g)	0%				
Protein (5 g)	0%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

INGREDIENTS: WHEAT, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID. CONTAINS: WHEAT

5417 BelVita Biscuit, Blueberry, 1.76 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	4 biscuits	Calories	230	Calories from Fat	
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (8 g)	10%		Thiamine (B1)	10%	
Saturated Fat (0.5 g)	3%		RiboFlavin (B2)	10%	
Trans Fat (0 g)			Niacin (B3)	10%	
Cholesterol (0 mg)	0%		Vitamin B6	10%	
Sodium (200 mg)	9%		Vitamin D	0%	
Potassium (0 mg)	0%		Calcium	0%	
Total Carbohydrates (36 g)	13%		Iron (0 mg)	10%	
Dietary Fiber (2 g)	7%				
Total Sugars (12 g)					
Added Sugars (11 g)	22%				
Protein (3 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHOLE GRAIN BLEND (ROLLED OATS, RYE FLAKES), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, CANOLA OIL, WHOLE GRAIN WHEAT FLOUR, DRIED BLUEBERRIES, MALT SYRUP (FROM CORN AND BARLEY), SALT, BAKING SODA, SOY LECITHIN, DISODIUM PYROPHOSPHATE, NATURAL FLAVOR, DATEM, BLUEBERRY JUICE CONCENTRATE, FERRIC ORTHOPHOSPHATE (IRON), NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN MONONITRATE (VITAMIN B1)

# Noodles / Rice / Beans / Grains

5200 Chicken Ramen

Available in Singles as: 5294

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (8 g)		12%	Vitamin A			
Saturated Fat (4 g)		20%	Vitamin C			
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (610 mg)		25%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		3%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: SALT, POWDERED CREAM SUBSTITUTE (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE [MILK DERIVATIVE], MONO- AND DIGLYCERIDES), MALTODEXTRIN, SUGAR, CHICKEN BROTH, YEAST EXTRACT, SPICES (CELERY SEED), NATURAL FLAVORS, VEGETABLE OIL (PALM), XANTHAN GUM, SILICON DIOXIDE (ANTI-CAKING AGENT), TURMERIC, DISODIUM GUANYLATE, DISODIUM INOSINATE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

5201 Shrimp Ramen

Available in Singles as: 5299

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C		0%	
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (860 mg)		36%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		3%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: SALT, MALTODEXTRIN, MONOSODIUM GLUTAMATE. Contains less than 1% of: SUGAR, HYDROLYZED CORN, WHEAT AND SOY PROTEIN, CHILI, PAPRIKA AND OTHER SPICES (CELERY SEED), DEHYDRATED VEGETABLES (CARROT, GARLIC), YEAST EXTRACT, TURMERIC, POWDERED COOKED CHICKEN, DISODIUM GUANYLATE, DISODIUM INOSINATE, CARAMEL COLOR, NATURAL SHRIMP AND LOBSTER FLAVORS, CABBAGE EXTRACT, LACTOSE. CONTAINS: WHEAT, SOY, MILK, SHRIMP AND LOBSTER INGREDIENTS.

## 5202 Chili Ramen

Available in Singles as: 5295

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C		0%	
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (660 mg)		28%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		4%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

**RAMEN NOODLE INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

**SOUP BASE INGREDIENTS:** SALT, CHILI, PAPRIKA AND OTHER SPICES, MONOSODIUM GLUTAMATE, MALTODEXTRIN. Contains less than 1% of: SUGAR, DEHYDRATED VEGETABLES (GARLIC, ONION, CHIVE), DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), BEEF FAT, SILICON DIOXIDE (ANTI-CAKING AGENT), CARAMEL COLOR, BEEF EXTRACT, CITRIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTOSE, YEAST EXTRACT. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

## 5203 Roast Beef Ramen

Available in Singles as: 5296

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C		0%	
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (810 mg)		34%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		4%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

**RAMEN NOODLE INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

**SOUP BASE INGREDIENTS:** SALT, SUGAR, MONOSODIUM GLUTAMATE. Contains less than 1% of: DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), MALTODEXTRIN, DEHYDRATED VEGETABLES (ONION, GARLIC, CHIVE), HYDROLYZED CORN, WHEAT AND SOY PROTEIN, CARAMEL COLOR, NATURAL FLAVORS, SPICES, YEAST EXTRACT, BEEF FAT, CITRIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTOSE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

## 5204 Soy Sauce Ramen

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 packages (43 g)		Calories	190	Calories from Fat	
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)			9%		Vitamin D (0 IU)	0%
Saturated Fat (3.5 g)			18%		Calcium (0 mg)	0%
Trans Fat (0 g)					Iron (1.3 mg)	8%
Cholesterol (0 mg)			0%			
Sodium (880 mg)			38%			
Potassium (100 mg)			2%			
Total Carbohydrates (27 g)			10%			
Dietary Fiber (1 g)			4%			
Total Sugars (1 g)						
Added Sugars (1 g)			1%			
Protein (4 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ, CONTAINS LESS THAN 1 % OF, SALT, POTASSIUM CARBONATE, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), SODIUM CARBONATE, SODIUM HEXAMETAPHOSPHATE, SODIUM TRIPOLYPHOSPHATE, MONOSODIUM PHOSPHATE. SOUP BASE INGREDIENTS: SALT, CONTAINS LESS THAN 1 % OF DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT) MONOSODIUM GLUTAMATE, SUGAR, DEHYDRATED VEGETABLES (ONION, GARLIC, CHIVE) CARMEL COLOR, SPICES, BEEF EXTRACT, HYDROLYZED CORN PROTEIN, HYDROLYZED WHEAT PROTEIN, HYDROLYZED SOY PROTEIN, MALTODEXTRIN, DISODIUM GUANYLATE,, DISODIUM INOSINATE, NATURAL FLAVOR, LACTOSE, VEGETABLE OIL (PALM)

## 5205 Spicy Vegetable Ramen

Available in Singles as: 5297

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C			
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (770 mg)		32%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		3%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: SALT, MONOSODIUM GLUTAMATE. Contains less than 1% of: SUGAR, HYDROLYZED CORN, WHEAT AND SOY PROTEIN, CHILI AND OTHER SPICES (CELERY SEED), DEHYDRATED VEGETABLES (ONION, CABBAGE), YEAST EXTRACT, NATURAL FLAVORS, SILICON DIOXIDE (ANTI-CAKING AGENT), VEGETABLE OIL (PALM), MALTODEXTRIN, CABBAGE EXTRACT, TURMERIC, DISODIUM GUANYLATE, DISODIUM INOSINATE, LACTOSE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

5207 Pork Ramen

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 packages (43 g)		Calories	180	Calories from Fat	
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)			9%		Vitamin D (0 IU)	0%
Saturated Fat (3.5 g)			18%		Calcium (0 mg)	0%
Trans Fat (0 g)					Iron (1.3 mg)	8%
Cholesterol (0 mg)			0%			
Sodium (900 mg)			39%			
Potassium (100 mg)			2%			
Total Carbohydrates (26 g)			9%			
Dietary Fiber (1 g)			4%			
Total Sugars (1 g)						
Added Sugars (1 g)			1%			
Protein (4 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ, CONTAINS LESS THAN 1 % OF, SALT, POTASSIUM CARBONATE, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), SODIUM CARBONATE, SODIUM HEXAMETAPHOSPHATE, SODIUM TRIPOLYPHOSPHATE, MONOSODIUM PHOSPHATE. SOUP BASE INGREDIENTS: SALT, MONOSODIUM GLUTAMATE, CONTAINS LESS THAN 1 % OF, MALTODEXTRIN, SUGAR, HYDROLYZED CORN PROTEIN, HYDROLYZED WHEAT PROTIEN, HYDROLYZED SOY PROTEIN, DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), DEHYDRATED VEGETABLES (ONION, GARLIC, CHIVE), YEAST EXTRACT, PORK BROTH, CARMEL COLOR, SPICES, NATRUAL FLAVOR, VEGETABLE OIL (PALM), DISODIUM GUANYLATE, DISODIUM INOSINATE, LACTOSE

5208 Angel Hair Pasta

Limited



Nutrition Facts Per Serving						
Serving Size	2 ounces (56 g)		Calories	200	Calories from Fat	0
Servings per Container	about 8					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		1%	Thiamine (B1) (0.6 mg)		50%	
Saturated Fat (0 g)		0%	RiboFlavin (B2) (0.2 mg)		15%	
Trans Fat (0 g)			Niacin (B3) (4 mg)		25%	
Cholesterol (0 mg)		0%	Vitamin D (0 IU)		0%	
Sodium (0 mg)		0%	Calcium (18 mg)		2%	
Potassium (136 mg)		2%	Iron (2 mg)		10%	
Total Carbohydrates (42 g)		15%	Folate (215 mcg)		50%	
Dietary Fiber (2 g)		7%				
Total Sugars (2 g)						
Added Sugars (0 g)		0%				
Protein (7 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SEMOLINA, DURUM FLOUR, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN AND FOLIC ACID. CONTAINS: WHEAT INGREDIENTS

5209 Texas Beef Ramen

Available in Singles as: 5298

Limited



Nutrition Facts Per Serving					
Serving Size	1/2 blocks (43 g)	Calories	190	Calories from Fat	70
Servings per Container	2				
% Daily Value*			% Daily Value*		
Total Fat (7 g)	11%	Vitamin A			0%
Saturated Fat (3.5 g)	18%	Vitamin C			
Trans Fat (0 g)		Calcium			
Cholesterol (0 mg)	0%	Iron			8%
Sodium (800 mg)	33%				
Total Carbohydrates (26 g)	9%				
Dietary Fiber (1 g)	3%				
Total Sugars (2 g)					
Protein (5 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: SALT, SUGAR. Contains less than 1% of: MONOSODIUM GLUTAMATE, DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), HYDROLYZED CORN, WHEAT AND SOY PROTEIN, CARAMEL COLOR, CHILI AND OTHER SPICES, DEHYDRATED VEGETABLES (ONION, GARLIC, CHIVE), MALTODEXTRIN, YEAST EXTRACT, BEEF FAT, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTOSE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured on equipment that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

5210 Thai Rice Noodles

Limited



Nutrition Facts Per Serving					
Serving Size	1/3 packages (35 g)	Calories	260	Calories from Fat	35
Servings per Container	3				
% Daily Value*			% Daily Value*		
Total Fat (4 g)	6%	Vitamin A			8%
Saturated Fat (2 g)	9%	Vitamin C			0%
Trans Fat (0 g)		Calcium			4%
Cholesterol (0 mg)	0%	Iron			15%
Sodium (990 mg)	41%				
Total Carbohydrates (51 g)	17%				
Dietary Fiber (3 g)	12%				
Total Sugars (3 g)					
Protein (6 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

RICE NOODLES (RICE, STARCH), SEASONING [SALT, MONOSODIUM GLUTAMATE (MSG), SUGAR, CHILI POWDER, BLACK PEPPER POWDER, SOY SAUCE POWDER, CURRY POWDER, ARTIFICIAL CHICKEN FLAVOR], OIL PACKET (PALM OIL, CHILI POWDER, ONION, SOY BEAN PASTE, GARLIC, CURRY POWDER, GINGER POWDER, WHITE PEPPER POWDER, ARTIFICIAL CHICKEN FLAVOR), VEGETABLE PACKET (MUSHROOMS, CARROTS, CABBAGE, CORN, GREEN ONIONS).

## 5211 Macaroni &amp; Cheese

Limited



Nutrition Facts Per Serving								
Serving Size	1/2 cups (70 g)		Calories	390	Calories from Fat	94		
Servings per Container	about 3							
% Daily Value*			% Daily Value*					
Total Fat (17 g)			21%	Vitamin D (0.3 IU)		0%		
Saturated Fat (10 g)			51%	Calcium (70 mg)		6%		
Trans Fat (0.5 g)				Iron (3 mg)		15%		
Polyunsaturated Fat (0.5 g)								
Monounsaturated Fat (4 g)								
Cholesterol (45 mg)			14%					
Sodium (700 mg)			30%					
Potassium (260 mg)			6%					
Total Carbohydrates (50 g)			18%					
Dietary Fiber (1 g)			5%					
Total Sugars (8 g)								
Protein (9 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

ENRICHED MACARONI: WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID); CHEESE SAUCE: DAIRY PRODUCT SOLIDS, ENRICHED BLEACHED FLOUR, SALT, WHEY, CONTAINS LESS THAN 2% OR LESS OF EACH OF THE FOLLOWING: MODIFIED CORN STARCH, CHEDDAR CHEESE, REDUCED LACTOSE WHEY, NATURAL FLAVOR, DRIED YEAST, BUTTERMILK SOLIDS, NONFAT MILK, YELLOW 5 LAKE, YELLOW 6 LAKE, DISODIUM PHOSPHATE, YELLOW 5, YELLOW 6.

## 5215 White Rice w/Black Beans &amp; Cilantro Lime

Limited



Nutrition Facts Per Serving					
Serving Size	1/2 cups (50 g)		Calories	176	Calories from Fat
Servings per Container	about 4.5				
% Daily Value*			% Daily Value*		
Total Fat (0.58 g)	1%	Niacin (B3) (1.33 mg)		8%	
Saturated Fat (0.13 g)	1%	Vitamin D (0 IU)		0%	
Trans Fat (0 g)		Calcium (1.8 mg)		9%	
Cholesterol (0 mg)	0%				
Sodium (763 mg)	33%				
Potassium (168 mg)	3%				
Total Carbohydrates (38 g)	13%				
Dietary Fiber (4.1 g)	14%				
Total Sugars (4.1 g)	14%				
Added Sugars (0.06 g)	1%				
Protein (4.81 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHITE LONG GRAIN PARBOILED RICE, DEHYDRATED BLACK BEANS, SALT, GARLIC, SPICES, MONOSODIUM GLUTAMATE, LESS SODIUM DIOXIDE (PREVENT CAKING)

5280 L/S Chicken Ramen

Available in Singles as: 5284

Better Choice



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C			
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (570 mg)		24%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		3%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: SALT, SUGAR, MALTODEXTRIN. Contains less than 1% of: POTASSIUM CHLORIDE, DEHYDRATED VEGETABLES (GARLIC, ONION, CHIVE), YEAST EXTRACT, CHICKEN FAT, DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), HYDROLYZED CORN, WHEAT PROTEIN, SOY PROTEIN, DEHYDRATED SHIITAKE MUSHROOM, POWDERED COOKED CHICKEN, SPICES (CELERY SEED), TURMERIC, DISODIUM GUANYLATE, DISODIUM INOSINATE, SILICON DIOXIDE (ANTI-CAKING AGENT), VEGETABLE OIL (PALM), CITRIC ACID, LACTOSE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

5281 L/S Chili Ramen

Available in Singles as: 5285

Better Choice



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (4 g)		20%	Vitamin C			
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (460 mg)		19%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		4%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: CHILI, PAPRIKA AND OTHER SPICES, SALT. Contains less than 1% of: MONOSODIUM GLUTAMATE, MALTODEXTRIN, POTASSIUM CHLORIDE, SUGAR, DEHYDRATED VEGETABLES (GARLIC, ONION, CHIVE), DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), SILICON DIOXIDE (ANTI-CAKING AGENT), BEEF EXTRACT, CARAMEL COLOR, CITRIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, LACTOSE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

5282 L/S Beef Ramen

Available in Singles as: 5286

Better Choice



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C			
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		8%	
Sodium (550 mg)		23%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		3%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: SALT, SUGAR, MALTODEXTRIN, POTASSIUM CHLORIDE. Contains less than 1% of: CARAMEL COLOR, HYDROLYZED CORN, WHEAT AND SOY PROTEIN, DEHYDRATED VEGETABLES (ONION, GARLIC, CHIVE), DEHYDRATED SHIITAKE MUSHROOM, SPICES, BEEF FAT, DISODIUM GUANYLATE, DISODIUM INOSINATE, YEAST EXTRACT, NATURAL FLAVOR, SILICON DIOXIDE, LACTOSE. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

5283 L/S Spicy Veg Ramen

Available in Singles as: 5287

Better Choice



Nutrition Facts Per Serving						
Serving Size	1/2 blocks (43 g)		Calories	190	Calories from Fat	70
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A			
Saturated Fat (3.5 g)		18%	Vitamin C			
Trans Fat (0 g)			Calcium			
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (460 mg)		19%				
Total Carbohydrates (26 g)		9%				
Dietary Fiber (1 g)		4%				
Total Sugars (1 g)						
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (Contains one or more of the following: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. Contains less than 1% of: SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC.

SOUP BASE INGREDIENTS: MALTODEXTRIN, MONOSODIUM GLUTAMATE, SALT. Contains less than 1% of: SUGAR, POTASSIUM CHLORIDE, CHILI AND OTHER SPICES (CELERY SEED), DEHYDRATED VEGETABLES (CABBAGE, ONION), YEAST EXTRACT, HYDROLYZED CORN, WHEAT AND SOY PROTEIN, NATURAL FLAVORS, DISODIUM GUANYLATE, DISODIUM INOSINATE, VEGETABLE OIL (PALM), SILICON DIOXIDE (ANTI-CAKING AGENT), LACTOSE, TURMERIC. CONTAINS: WHEAT, SOY, MILK INGREDIENTS. Manufactured in a facility that also processes: CRUSTACEAN SHELLFISH PRODUCTS.

## 5316 Cheesy Rice &amp; Beans

Limited



Nutrition Facts Per Serving					
Serving Size	1/2 cups (45 g)	Calories	170	Calories from Fat	30
Servings per Container	5				
% Daily Value*			% Daily Value*		
Total Fat (2 g)	4%	Vitamin A			2%
Saturated Fat (0.5 g)	3%	Vitamin C			10%
Trans Fat (0 g)		Calcium			4%
Cholesterol (5 mg)	1%	Iron			8%
Sodium (560 mg)	23%				
Total Carbohydrates (32 g)	11%				
Dietary Fiber (2 g)	8%				
Total Sugars (2 g)					
Protein (5 g)	10%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

RICE, NACHO SEASONING [WHEY, MALTODEXTRIN, CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), SALT, ONION POWDER, MONOSODIUM GLUTAMATE. Partially HYDROGENATED SOYBEAN OIL, BUTTERMILK, TOMATO POWDER, WHEY PROTEIN CONCENTRATE, DEXTROSE, GARLIC POWDER, RED BELL PEPPERS, GREEN BELL PEPPERS, NATURAL AND ARTIFICIAL FLAVOR, ROMANO CHEESE FROM COW'S MILK (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), CHILI PEPPER, CITRIC ACID, LACTIC ACID, SPICE, MILK PROTEIN CONCENTRATE, DISODIUM INOSINATE, DISODIUM GUANYLATE, ARTIFICIAL COLOR (YELLOW 5, YELLOW 6, YELLOW 5 LAKE, YELLOW 6 LAKE, CARAMEL COLOR, EXTRACTIVE OF TURMERIC). Less than 2% of: SILICON DIOXIDE As an Anticaking Agent.], PINTO BEANS, CANOLA OIL, SALT, ONION. CONTAINS: MILK, SOY.

## 5317 Flour Tortillas, 8"

Limited



Nutrition Facts Per Serving					
Serving Size	1 each (37 g)	Calories	110	Calories from Fat	20
Servings per Container	6				
% Daily Value*			% Daily Value*		
Total Fat (2.5 g)	4%	Vitamin A			0%
Saturated Fat (1 g)	5%	Vitamin C			0%
Trans Fat (0 g)		Calcium			8%
Cholesterol (0 mg)	0%	Iron			6%
Sodium (260 mg)	11%				
Total Carbohydrates (18 g)	6%				
Dietary Fiber (0 g)	0%				
Total Sugars (0 g)					
Protein (3 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, HYDROGENATED SOYBEAN OIL AND/OR PALM OIL). Contains 2% or less of: SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CORN STARCH, MONOCALCIUM PHOSPHATE AND/OR SODIUM ACID PYROPHOSPHATE, CALCIUM SULFATE), DISTILLED MONOGLYCERIDES, ENZYMES, WHEAT STARCH, CALCIUM CARBONATE, ANTIOXIDANTS (TOCOPHEROLS, ASCORBIC ACID), CELLULOSE GUM, DOUGH CONDITIONERS (FUMARIC ACID, SODIUM METABISULPHITE), PRESERVATIVES: CALCIUM PROPIONATE, SORBIC ACID AND/OR CITRIC ACID). CONTAINS: WHEAT.

## 5319 Refried Beans

Better Choice



Nutrition Facts Per Serving					
Serving Size	1/2 cups (45 g)	Calories	170	Calories from Fat	20
Servings per Container	5				
% Daily Value*			% Daily Value*		
Total Fat (2 g)	3%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			0%
Trans Fat (0 g)		Calcium			5%
Cholesterol (0 mg)	0%	Iron			13%
Sodium (570 mg)	24%				
Total Carbohydrates (29 g)	9%				
Dietary Fiber (10 g)	40%				
Total Sugars (0 g)					
Protein (10 g)	18%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PINTO BEANS, SALT, CANOLA OIL, ONION.

## 5325 Brown Rice

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/2 cups (45 g)	Calories	140	Calories from Fat	5
Servings per Container	about 4				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	1%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			0%
Cholesterol (0 mg)	0%	Calcium			0%
Sodium (5 mg)	0%	Iron			2%
Total Carbohydrates (32 g)	11%				
Dietary Fiber (2 g)	7%				
Total Sugars (0 g)					
Protein (4 g)	15%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PRECOOKED PARBOILED BROWN RICE.

## 5327 Refried Beans w/Jalapeño

Better Choice



Nutrition Facts Per Serving					
Serving Size	1/2 cups (45 g)	Calories	180	Calories from Fat	40
Servings per Container	5				
% Daily Value*			% Daily Value*		
Total Fat (4 g)	8%	Vitamin A			11%
Saturated Fat (0 g)	0%	Vitamin C			0%
Trans Fat (0 g)		Calcium			5%
Cholesterol (0 mg)	0%	Iron			13%
Sodium (680 mg)	28%				
Total Carbohydrates (27 g)	9%				
Dietary Fiber (9 g)	36%				
Total Sugars (1 g)					
Protein (9 g)	16%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PINTO BEANS, CANOLA OIL, SALT, PAPRIKA, ONION, SUGAR, GARLIC, JALAPENO PEPPERS, GREEN CHILI.

## 5354 Corn Tortillas

Best Choice



Nutrition Facts Per Serving					
Serving Size	2 each (51 g)	Calories	110	Calories from Fat	
Servings per Container	5				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	1%	Vitamin D (0 IU)			0%
Saturated Fat (0 g)	0%	Calcium (30 mg)			2%
Trans Fat (0 g)		Iron (0.4 mg)			2%
Polyunsaturated Fat (0.5 g)					
Monounsaturated Fat (0 g)					
Cholesterol (0 mg)	0%				
Sodium (15 mg)	1%				
Potassium (0 mg)	0%				
Total Carbohydrates (22 g)	8%				
Dietary Fiber (2 g)	7%				
Total Sugars (3 g)					
Added Sugars (0 g)	0%				
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHITE CORN MASA FLOUR (WHITE CORN FLOUR, PROPIONIC ACID [PRESERVATIVE], GUAR GUM, CELLULOSE GUM, BENZOIC ACID [PRESERVATIVE], PHOSPHORIC ACID, ENZYMES [To Preserve Freshness], TRACE OF LIME), WATER. Contains less than 2% of: CALCIUM SULFATE, XANTHAN GUM, CELLULOSE GUM, GUAR GUM, ENZYMES, PROPIONIC ACID (PRESERVATIVE), SODIUM HYDROXIDE, METHYL PARABEN (PRESERVATIVE), PROPYL PARABEN (PRESERVATIVE).

5371 Black Beans, 10 oz

Better Choice



Nutrition Facts Per Serving						
Serving Size	1 package (284 g)		Calories	290	Calories from Fat	10
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		2%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		10%	
Cholesterol (0 mg)		0%	Iron		25%	
Sodium (1080 mg)		45%				
Total Carbohydrates (59 g)		18%				
Dietary Fiber (14 g)		56%				
Total Sugars (12 g)						
Protein (18 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BLACK BEANS, WATER, SALT, CARRAGEENAN, POTASSIUM CHLORIDE, SOY LECITHIN, CITRIC ACID, ASCORBIC ACID, INULIN, STARCH, AGAR-AGAR, PECTIN, MAGNESIUM CARBONATE (, STANDARDIZED WITH SUGAR[SUCROSE AND/OR DEXTROSE]), SODIUM CHLORIDE, CALCIUM CITRATE. CONTAINS: SOY

5408 Curry Rice 4oz.

Limited



Nutrition Facts Per Serving				
Serving Size	4 ounces (113 g)	Calories	370	Calories from Fat
Servings per Container	1			
% Daily Value*				
Total Fat (3 g)		4%		
Saturated Fat (0 g)		0%		
Trans Fat (0 g)				
Sodium (710 mg)		31%		
Total Carbohydrates (77 g)		28%		
Dietary Fiber (1 g)		4%		
Total Sugars (0 g)				
Added Sugars (0 g)		0%		
Protein (10 g)		20%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

WHITE RICE, CURRY POWDER, CORN OIL, GREEN PEPPER, RED PEPPERS, CHILI POWDER

5410 Minute Rice 8 oz.(White)

Limited



Nutrition Facts Per Serving					
Serving Size	1/2 cups (46 g)	Calories	<b>170</b>	Calories from Fat	
Servings per Container	about 5				
% Daily Value*			% Daily Value*		
<b>Total Fat (0 g)</b>	<b>0%</b>		Vitamin A (0 IU)		<b>0%</b>
Saturated Fat (0 g)	<b>0%</b>		Thiamine (B1) (0.2 mg)		<b>15%</b>
Trans Fat (0 g)			Niacin (B3) (2 mg)		<b>15%</b>
<b>Cholesterol (0 mg)</b>	<b>0%</b>		Vitamin C (0 mg)		<b>0%</b>
<b>Sodium (0 mg)</b>	<b>0%</b>		Vitamin D (0 IU)		<b>0%</b>
<b>Potassium (15 mg)</b>	<b>0%</b>		Calcium (0 mg)		<b>0%</b>
<b>Total Carbohydrates (38 g)</b>	<b>14%</b>		Iron (1 mg)		<b>6%</b>
Dietary Fiber (0 g)	<b>0%</b>		Folate (121 mcg)		<b>30%</b>
Total Sugars (0 g)					
Added Sugars (0 g)	<b>0%</b>				
<b>Protein (4 g)</b>					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED PRE-COOKED LONG GRAIN RICE [RICE, NIACIN, IRON (FERRIC ORTHOPHOSPHATE), THIAMIN (THIAMIN MONONITRATE), FOLIC ACID]

Candy

2000 Butterfinger

Limited



Nutrition Facts Per Serving						
Serving Size	1 bar (54 g)		Calories	250	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (10 g)		13%	Vitamin D		0%	
Saturated Fat (5 g)		25%	Calcium		4%	
Trans Fat (0 g)			Iron		4%	
Cholesterol (0 mg)		0%				
Sodium (140 mg)		6%				
Potassium		2%				
Total Carbohydrates (36 g)		13%				
Dietary Fiber (2 g)		7%				
Total Sugars (21 g)						
Added Sugars (19 g)		38%				
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

CORN SYRUP, SUGAR, PEANUTS, VEGETABLE OIL (PALM KERNEL, PALM OIL), PEANUT FLOUR, NONFAT MILK, Less than 2% of: COCOA, MILK, SALT, YELLOW CORN FLOUR, SOY LECITHIN, NATURAL FLAVOR, ANNATTO COLOR, CONTAINS: MILK, PEANUT, SOY INGREDIENTS.

2001 Starlite Mints

Limited



Nutrition Facts Per Serving						
Serving Size	3 pieces (16 g)		Calories	60	Calories from Fat	0
Servings per Container	about 8					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (0 mg)		0%	Iron		0%	
Sodium (10 mg)		0%				
Total Carbohydrates (14 g)		6%				
Dietary Fiber (0 g)		0%				
Total Sugars (10 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SUGAR, CORN SYRUP, NATURAL FLAVOR, TITANIUM DIOXIDE (COLOR), INVERT SUGAR, ARTIFICIAL COLOR: RED 40  
May contain tree nuts, peanuts, milk, soy, egg, wheat and sesame.

2003 Snickers

Limited



Nutrition Facts Per Serving					
Serving Size	1 bar		Calories	250	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (12 g)	15%		Vitamin D (0 IU)		
Saturated Fat (4.5 g)	23%		Calcium		4%
Trans Fat (0 g)			Iron		0%
Cholesterol (5 mg)	0%				
Sodium (125 mg)	5%				
Potassium	4%				
Total Carbohydrates (32 g)	12%				
Dietary Fiber (1 g)	4%				
Total Sugars (28 g)					
Added Sugars (26 g)	52%				
Protein (4 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE, SKIM MILK, LACTOSE, MILKFAT, SOY LECITHIN), PEANUTS, CORN SYRUP, SUGAR, PALM OIL, SKIM MILK, LACTOSE, SALT, EGG WHITES, ARTIFICIAL FLAVOR. Allergy Information: PEANUTS, MILK, EGGS, SOY. May Contain: TREE NUTS. Partially Produced with Genetic Engineering.

2004 Hershey's Chocolate XL

Limited

Rotating Flavor: Dark Chocolate XL

Nutrition Facts Per Serving					
Serving Size	4 blocks (30 g)		Calories	150	Calories from Fat
Servings per Container	about 4				
% Daily Value*			% Daily Value*		
Total Fat (10 g)		13%	Vitamin D (0 IU)		0%
Saturated Fat (6 g)		31%	Calcium (8 mg)		0%
Trans Fat (0 g)			Iron (3 mg)		15%
Cholesterol (5 mg)		1%			
Sodium (0 mg)					
Potassium (125 mg)		2%			
Total Carbohydrates (18 g)		6%			
Dietary Fiber (2 g)		7%			
Total Sugars (15 g)					
Added Sugars (15 g)		30%			
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, CHOCOLATE, COCOA BUTTER, MILK FAT, COCOA Processed with ALKALI, LECITHIN (, SOY), NATURAL FLAVOR, MILK. Allergy Information: Manufactured on equipment that also processes ALMONDS.

2005 Hershey's Rotating XL

Limited

Rotating Flavor: Symphony Toffee Almond



Nutrition Facts Per Serving						
Serving Size	4 blocks (30 g)		Calories	150	Calories from Fat	0
Servings per Container	about 4					
% Daily Value*			% Daily Value*			
Total Fat (10 g)		12%	Vitamin D (0.4 IU)		2%	
Saturated Fat (5 g)		26%	Calcium (70 mg)		6%	
Trans Fat (0 g)		0%	Iron (0.7 mg)		4%	
Cholesterol (5 mg)		2%				
Sodium (50 mg)		2%				
Potassium (120 mg)		2%				
Total Carbohydrates (17 g)		6%				
Dietary Fiber (1 g)		3%				
Total Sugars (16 g)						
Added Sugars (13 g)		27%				
Protein (3 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

MILK CHOCOLATE [SUGAR, SKIM MILK, COCOA BUTTER, CHOCOLATE, MILK FAT, LECITHIN (SOY), NATURAL FLAVOR], SUGAR, ALMONDS, VEGETABLE OIL [PALM OIL, SUNFLOWER OIL], DAIRY BUTTER (MILK), SALT, LECITHIN (SOY), CHOCOLATE.

2006 Chick-O-Stick

Limited



Nutrition Facts Per Serving					
Serving Size	1 piece (20 g)		Calories	90	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (2 g)		3%	Vitamin D		0%
Saturated Fat (0.5 g)		3%	Calcium		0%
Trans Fat (0 g)			Iron		0%
Cholesterol (0 mg)		0%			
Sodium (25 mg)		1%			
Potassium		0%			
Total Carbohydrates (16 g)		6%			
Dietary Fiber (0 g)		0%			
Total Sugars (11 g)					
Added Sugars (11 g)		22%			
Protein (1 g)		2%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CANE SUGAR, CORN SYRUP, PEANUT BUTTER (CONTAINS: FRESH GROUND DRY ROASTED PEANUTS, SALT, Preserved with: VITAMIN E), TOASTED COCONUT, TURMERIC COLOR, VEGETABLE JUICE COLOR, NATURAL VANILLA FLAVOR, PALM KERNEL OIL. Manufactured in a facility that also processes: PEANUTS, MILK, EGG, TREE NUTS (COCONUT, PECANS).

2010 Jolly Ranchers

Limited



Nutrition Facts Per Serving					
Serving Size	3 pieces (18 g)	Calories	70	Calories from Fat	0
Servings per Container	about 6				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Vitamin A			0%
Sodium (10 mg)	0%	Vitamin C			0%
Total Carbohydrates (17 g)	6%	Calcium			0%
Total Sugars (11 g)		Iron			0%
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN SYRUP, SUGAR. Contains 2% or less of: MALIC ACID, NATURAL AND ARTIFICIAL FLAVORS, ARTIFICIAL COLOR (RED 40, BLUE 1, YELLOW 5, YELLOW 6), MINERAL OIL, SOY LECITHIN. Packed in a Facility that also uses: TREE NUTS, PEANUTS.

2013 Caramels

Limited



Nutrition Facts Per Serving					
Serving Size	3 pieces (20 g)	Calories	80	Calories from Fat	15
Servings per Container	about 4				
% Daily Value*			% Daily Value*		
Total Fat (2 g)	3%	Vitamin A			0%
Saturated Fat (0.5 g)	2%	Vitamin C			0%
Trans Fat (0.5 g)		Calcium			2%
Cholesterol (0 mg)	0%	Iron			0%
Sodium (50 mg)	2%				
Total Carbohydrates (16 g)	5%				
Total Sugars (12 g)					
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, CORN SYRUP, HYDROGENATED VEGETABLE OIL (SOYBEAN OIL), WHOLE MILK, DIGLYCERIDES POWDER, SALT, EMULSIFIER MONO AND DIGLYCERIDES OF FAT ACIDS, SOY LECITHIN, ARTIFICIAL FLAVOR. CONTAINS: MILK, SOY. Packed in a Facility that processes: PEANUTS, NUTS, WHEAT, EGGS, SESAME SEED.

2015 Coconut Roll

Limited



Nutrition Facts Per Serving						
Serving Size	1 piece (50 g)		Calories	240	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (12 g)		15%	Vitamin D (0 IU)		0%	
Saturated Fat (11 g)		55%	Calcium (9 mg)		0%	
Trans Fat (0 g)			Iron (0 mg)		0%	
Cholesterol (0 mg)		0%				
Sodium (40 mg)		2%				
Potassium (92 mg)		0%				
Total Carbohydrates (31 g)		11%				
Dietary Fiber (7 g)		25%				
Total Sugars (14 g)						
Added Sugars (13 g)		26%				
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

COCONUT, SUGAR, GLUCOSE, DRY WHOLE MILK, CINNAMON, TITANIUM DIOXIDE, SODIUM METABISULPHITE, As Preservatives: POTASSIUM SORBATE (0.05%), SODIUM PROPIONATE (0.05%).

2017 Red Vines, Rotating

Limited

Rotating Flavor: Red

Nutrition Facts Per Serving					
Serving Size	3 pieces (30 g)	Calories	100	Calories from Fat	0
Servings per Container	about 4.5				

Ingredients / Allergens:

CORN SYRUP, WHEAT FLOUR, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, ARTIFICIAL FLAVOR, RED 40

2018 Fireballs

Limited



Nutrition Facts Per Serving						
Serving Size	5 pieces (30 g)		Calories	120	Calories from Fat	0
Servings per Container	about 3					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium (0 mg)		0%	
Trans Fat (0 g)			Iron (0 mg)		0%	
Cholesterol (0 mg)		0%				
Sodium (0 mg)		0%				
Potassium (0 mg)		0%				
Total Carbohydrates (30 g)		11%				
Dietary Fiber (0 g)		0%				
Total Sugars (30 g)						
Added Sugars (30 g)		60%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SUGAR, NATURAL AND ARTIFICIAL FLAVORS, ARTIFICIAL COLORS (Includes, F.D.& C. RED 40 LAKE, YELLOW 5), TITANIUM DIOXIDE, CARNAUBA WAX.

2022 Lemon Drops

Limited



Nutrition Facts Per Serving						
Serving Size	4 pieces (17 g)		Calories	60	Calories from Fat	0
Servings per Container	about 7					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (0 mg)		0%	Iron		0%	
Sodium (0 mg)		0%				
Total Carbohydrates (16 g)		5%				
Dietary Fiber (0 g)		0%				
Total Sugars (12 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SUGAR, CORN SYRUP, CITRIC ACID, LEMON JUICE CONCENTRATE, LEMON OIL, TITANIUM DIOXIDE (COLOR), MALIC ACID, YELLOW 5. Packed in a Facility that handles: PEANUTS, NUTS, MILK PRODUCTS, SOY PROTEIN, WHEAT, EGGS, SESAME SEED.

2024 Butterscotch Discs

Limited



Nutrition Facts Per Serving					
Serving Size	3 pieces (18 g)	Calories	60	Calories from Fat	0
Servings per Container	about 7				
% Daily Value*					
Total Fat (0 g)	0%				
Saturated Fat (0 g)	0%				
Trans Fat (0 g)					
Cholesterol (0 mg)	0%				
Sodium (10 mg)	0%				
Total Carbohydrates (16 g)	6%				
Dietary Fiber (0 g)					
Total Sugars (12 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN SYRUP, SUGAR, SALT, ARTIFICIAL FLAVOR, ARTIFICIAL COLORS: YELLOW 5, YELLOW 6. Packed in a Facility that also uses TREE NUTS AND PEANUTS.

2025 Root Beer Barrels

Limited



Nutrition Facts Per Serving					
Serving Size	2 pieces (13 g)	Calories	60	Calories from Fat	0
Servings per Container	about 16				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Vitamin A		0%
Saturated Fat (0 g)	0%		Vitamin C		0%
Trans Fat (0 g)			Calcium		0%
Cholesterol (0 mg)	0%		Iron		0%
Sodium (0 mg)	0%				
Total Carbohydrates (13 g)	4%				
Dietary Fiber (0 g)	0%				
Total Sugars (11 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, CORN SYRUP, ARTIFICIAL FLAVOR, ARTIFICIAL COLORS: FD & C RED 40, YELLOW 5, BLUE 1. Packed in a Facility that processes: PEANUTS, NUTS, MILK PRODUCTS, SOY PROTEIN, WHEAT, EGGS, SESAME SEED.

2026 Jelly Beans

Limited



Nutrition Facts Per Serving				
Serving Size	10 pieces (29 g)	Calories	110	Calories from Fat
Servings per Container	about 4			
% Daily Value*				
Total Fat (0 g)	0%			
Sodium (5 mg)	0%			
Total Carbohydrates (26 g)	9%			
Total Sugars (21 g)				
Added Sugars (21 g)	42%			
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

SUGAR, CORN SYRUP, MODIFIED FOOD STARCH (CORN), CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, CONFECTIONER'S GLAZE (SHELLAC), CARNAUBA WAX, BEESWAX, RED 40, BLUE 1, YELLOW 5, YELLOW 6, RED 3. Manufactured in a facility where: MILK, EGGS, ALMONDS, COCONUT, PEANUTS, SOY, Used In The Production Of Other Products.

2027 Soft Candy Bar, Rotating Flavor

Limited

Rotating Flavor: 3 Musketeers

Nutrition Facts Per Serving				
Serving Size	1 bar	Calories	240	Calories from Fat
Servings per Container	1			
% Daily Value*		% Daily Value*		
Total Fat (7 g)	9%	Vitamin D		0%
Saturated Fat (4.5 g)	23%	Calcium		2%
Trans Fat (0 g)		Iron		2%
Cholesterol (5 mg)	1%			
Sodium (95 mg)	4%			
Potassium	0%			
Total Carbohydrates (42 g)	15%			
Dietary Fiber (1 g)	3%			
Total Sugars (37 g)				
Added Sugars (36 g)	72%			
Protein (1 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

MILK CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SKIM MILK, LACTOSE, MILKFAT, SOY LECITHIN), SUGAR, CORN SYRUP, PALM OIL, COCOA POWDER PROCESSED WITH ALKALI, Less than 1% of SALT, EGG WHITE, NATURAL AND ARTIFICIAL FLAVORS. Allergy Information, CONTAINS, MILK, EGG AND SOY, May Contain PEANUTS.

2028 Fruit Chews

Limited



Nutrition Facts Per Serving				
Serving Size	7 pieces (30 g)	Calories	130	Calories from Fat
Servings per Container	about 6			6.5
% Daily Value*				
Total Fat (1.5 g)	2%			
Saturated Fat (1 g)	5%			
Monounsaturated Fat (0.5 g)				
Sodium (10 mg)	2%			
Total Carbohydrates (28 g)	10%			
Total Sugars (20 g)	0%			
Added Sugars (20 g)	40%			
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

STRAWBERRY: SUGAR, CORN SYRUP, WATER, VEGETABLE OIL (PALM), CITRIC ACID, SORBITOL, GELATIN, ARTIFICIAL FLAVOR (STRAWBERRY), SOY LECITHIN, ARTIFICIAL COLOR: RED No 40. LEMON: SUGAR, CORN SYRUP, WATER, VEGETABLE OIL (PALM), CITRIC ACID, SORBITOL, GELATIN, ARTIFICIAL FLAVOR (LEMON), SOY LECITHIN, COLORED WITH TURMERIC, ARTIFICIAL COLOR BLUE No 1; PINEAPPLE: SUGAR, CORN SYRUP, WATER, VEGETABLE OIL (PALM), CITRIC ACID, SORBITOL, GELATIN, ARTIFICIAL FLAVOR (PINEAPPLE), SOY LECITHIN, COLORED WITH TURMERIC, CONTAINS SOY. MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS, NUTS, MILK, AND WHEAT.

2029 Asst Hard Candy

Limited



Nutrition Facts Per Serving				
Serving Size	3 pieces (17 g)	Calories	70	Calories from Fat
Servings per Container	about 12			0
% Daily Value*		% Daily Value*		
Total Fat (0 g)	0%	Vitamin A		0%
Saturated Fat (0 g)	0%	Vitamin C		0%
Trans Fat (0 g)		Calcium		0%
Cholesterol (0 mg)	0%	Iron		0%
Sodium (10 mg)	0%			
Total Carbohydrates (17 g)	6%			
Dietary Fiber (0 g)	0%			
Total Sugars (14 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

SUGAR, CORN SYRUP, ARTIFICIAL AND NATURAL FLAVORS, TITANIUM DIOXIDE, INVERT SUGAR, CITRIC ACID, ARTIFICIAL COLORS (FD & C RED 40, YELLOW 5, BLUE 1, YELLOW 6), HYDROGENATED PALM OIL, GLUCOSE SYRUP, SALT, SOY LECITHIN, BHT. CONTAINS: SOY.

## 2030 Candy Bar, Rotating Flavor

Limited

Rotating Flavor: **Reeses Fastbreak**

Nutrition Facts Per Serving					
Serving Size	1 bar (51 g)	Calories	<b>230</b>	Calories from Fat	<b>68</b>
Servings per Container	1				
% Daily Value*			% Daily Value*		
<b>Total Fat (11 g)</b>	<b>14%</b>	Calcium			<b>2%</b>
Saturated Fat (4 g)	<b>20%</b>	Iron			<b>6%</b>
Trans Fat (0 g)					
<b>Sodium (150 mg)</b>	<b>7%</b>				
<b>Potassium</b>	<b>4%</b>				
<b>Total Carbohydrates (33 g)</b>	<b>12%</b>				
Soluble Fiber (1 g)	<b>4%</b>				
Total Sugars (28 g)	<b>54%</b>				
<b>Protein (4 g)</b>					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, PEANUTS, CORN SYRUP, MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE, SKIM MILK, LACTOSE, LECITHIN, PGPR), VEGETABLE OIL (PALM OIL, SHEA OIL, SUNFLOWER OIL, PALM KERNAL OIL), DEXTROSE, HIGH FRUCTOSE CORN SYRUP, SKIM MILK, COCOA Processed with ALKALI, REDUCED PROTIEN WHEY, SALT, CHOCOLATE, HYDROGENATED VEGETABLE OIL, COCOA, HYDROLYZED SOY PROTEIN, LECITHIN, HYDROLYZED MILK PROTIEN, GLYCERIN, TBGH & CITRIC ACID (TO MAINTAIN FRESHNESS), VANILLIN (ARTIFICIAL FLAVORS) , CONTAINS PEANUTS, MILK, AND SOY

## 2031 Bridge Mix

Limited



Nutrition Facts Per Serving					
Serving Size	18 pieces (40 g)	Calories	<b>180</b>	Calories from Fat	<b>80</b>
Servings per Container	about 3.5				
% Daily Value*			% Daily Value*		
<b>Total Fat (8 g)</b>	<b>12%</b>	Vitamin A			<b>0%</b>
Saturated Fat (5 g)	<b>25%</b>	Vitamin C			<b>0%</b>
Trans Fat (0 g)		Calcium			<b>4%</b>
<b>Cholesterol (5 mg)</b>	<b>5%</b>	Iron			<b>4%</b>
<b>Sodium (40 mg)</b>	<b>2%</b>				
<b>Total Carbohydrates (27 g)</b>	<b>9%</b>				
Dietary Fiber (1 g)	<b>4%</b>				
Total Sugars (22 g)					
<b>Protein (2 g)</b>					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

MILK CHOCOLATE (SUGAR, COCOA BUTTER, MILK, CHOCOLATE LIQUOR, SOY LECITHIN (EMULSIFIER), ARTIFICIAL FLAVORING, SALT), SEMI SWEET CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, MILK FAT, SOY LECITHIN (EMULSIFIER), ARTIFICIAL FLAVORING), PEANUTS, SUGAR, RAISINS, CORN SYRUP, SWEETENED CONDENSED MILK (MILK, SKIM MILK, SUGAR), ALMONDS, BRAZIL NUTS, HYDROGENATED VEGETABLE OIL (PALM KERNEL, SOYBEAN OIL), EVAPORATED MILK (VITAMIN D ADDED), SALT, INVERTASE, NATURAL AND ARTIFICIAL FLAVORS, EGG WHITES, CITRIC ACID, GUM ARABIC, MODIFIED STARCH, COCONUT OIL, CONFECTIONER'S GLAZE, ARTIFICIAL COLOR (INCLUDES FD & C RED 40, BLUE 1), XANTHAN GUM.

2035 M&amp;Ms Plain

Limited



Nutrition Facts Per Serving					
Serving Size	1 package (47.9 g)	Calories	230	Calories from Fat	80
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (9 g)	14%	Vitamin A			0%
Saturated Fat (5 g)	25%	Vitamin C			0%
Trans Fat (0 g)		Calcium			4%
Cholesterol (5 mg)	2%	Iron			2%
Sodium (35 mg)	1%				
Total Carbohydrates (35 g)	12%				
Dietary Fiber (1 g)	4%				
Total Sugars (31 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

MILK CHOCOLATE (SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, LACTOSE, MILKFAT, SOY LECITHIN, SALT, ARTIFICIAL FLAVORING), SUGAR, CORNSTARCH. Less than 1% of: CORN SYRUP, DEXTRIN, COLORING (Includes: BLUE 1 LAKE, YELLOW 6, RED 40, YELLOW 5, BLUE 1, RED 40 LAKE, BLUE 2 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, BLUE 2), GUM ACACIA. Allergy information: CONTAINS: MILK, SOY. May Contain: PEANUTS.

2037 M&amp;Ms Peanut

Limited



Nutrition Facts Per Serving					
Serving Size	1 packet (49.3 g)	Calories	250	Calories from Fat	120
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (13 g)	20%	Vitamin A			0%
Saturated Fat (5 g)	25%	Thiamine (B1)			2%
Trans Fat (0 g)		RiboFlavin (B2)			4%
Cholesterol (5 mg)	2%	Niacin (B3)			8%
Sodium (25 mg)	1%	Vitamin C			0%
Total Carbohydrates (30 g)	10%	Calcium			4%
Dietary Fiber (2 g)	8%	Iron			2%
Total Sugars (25 g)					
Protein (5 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

MILK CHOCOLATE (SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, LACTOSE, MILKFAT, PEANUTS, SOY LECITHIN, SALT, ARTIFICIAL AND NATURAL FLAVORS), SUGAR, PEANUTS, CORN STARCH. Contains less than 1% of: PALM OIL, CORN SYRUP, DEXTRIN, COLORING (BLUE 1 LAKE, RED 40, YELLOW 6, YELLOW 5, BLUE 1, RED 40 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, BLUE 2 LAKE, BLUE 2), CARNAUBA WAX, GUM ACACIA. CONTAINS: PEANUTS, MILK, SOY. May Also Contain: TREE NUTS.

2042 Whoppers

Limited



Nutrition Facts Per Serving					
Serving Size	13 pieces (30 g)		Calories	140	Calories from Fat
Servings per Container	about 11				
% Daily Value*			% Daily Value*		
Total Fat (5 g)		7%	Vitamin D (0 IU)		0%
Saturated Fat (5 g)		25%	Calcium (46 mg)		4%
Trans Fat (0 g)			Iron (0 mg)		0%
Cholesterol (0 mg)		0%			
Sodium (70 mg)		3%			
Potassium (100 mg)		2%			
Total Carbohydrates (23 g)		8%			
Dietary Fiber (0 g)		0%			
Total Sugars (17 g)					
Added Sugars (14 g)		28%			
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, CORN SYRUP SOLID, WHEY (MILK), HYDROGENATED PALM KERNEL OIL, PALM KERNEL OIL, CORN SYRUP, COCOA, MALTED MILK [BARLEY MALT, WHEAT FLOUR, MILK, SALT, BAKING SODA], SORBITAN TRISTEARATE, LECITHIN (SOY), CONFECTIONER'S GLAZE, SALT, ARTIFICIAL FLAVOR, TAPIOCA DEXTRIN, CALCIUM CARBONATE.

2043 Werther's Candy

Limited



Nutrition Facts Per Serving						
Serving Size	4 pieces (16 g)		Calories	70	Calories from Fat	0
Servings per Container	about 4.5					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		1%	Vitamin D (0 IU)		0%	
Saturated Fat (0.5 g)		3%	Calcium (3 mg)		0%	
Trans Fat (0 g)			Iron (0 mg)		0%	
Cholesterol (5 mg)		0%				
Sodium (35 mg)		2%				
Potassium (9 mg)		0%				
Total Carbohydrates (15 g)		5%				
Dietary Fiber (0 g)		0%				
Total Sugars (12 g)						
Added Sugars (12 g)		24%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

GLUCOSE SYRUP (FROM WHEAT OR CORN), SUGAR, CREAM, WHEY, BUTTER, SUGAR CANE SYRUP, SALT, NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR, COFFEE EXTRACT, SOY LECITHIN EMULSIFIER. Allergy Information: CONTAINS, MILK, SOYBEANS AND WHEAT.

## 2045 Caramel Apple Pop, Singles

Limited



Nutrition Facts Per Serving					
Serving Size	1 each (18 g)	Calories	70	Calories from Fat	0
Servings per Container	1				
% Daily Value*					
Total Fat (0.5 g)	1%				
Sodium (15 mg)	1%				
Total Carbohydrates (16 g)	6%				
Total Sugars (11 g)					
Added Sugars (10 g)	20%				
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN SYRUP, SUGAR, PALM OIL, DRY WHOLE MILK, MALIC ACID, WHEY, ARTIFICIAL FLAVORS, SALT, TURMERIC COLORING, SOY LECITHIN, ARTIFICIAL COLORS (Including: FD & C BLUE 1, RED 40).

## 2046 S/F Russell Stover Chocolates

Limited

Rotating Flavor: Dark Mint Patties

Nutrition Facts Per Serving					
Serving Size	2 pieces (28 g)	Calories	110	Calories from Fat	
Servings per Container	about 2				
% Daily Value*			% Daily Value*		
Total Fat (8 g)	10%	Vitamin D (0 IU)		0%	
Saturated Fat (5 g)	25%	Calcium (8 mg)		0%	
Trans Fat (0 g)	0%	Iron (1 mg)		6%	
Cholesterol (0 mg)	0%				
Sodium (5 mg)	0%				
Potassium (117 mg)	2%				
Total Carbohydrates (17 g)	6%				
Dietary Fiber (1 g)	4%				
Total Sugars (0 g)					
Added Sugars (0 g)	0%				
Sugar Alcohols (15 g)					
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

DARK CHOCOLATE (MALTITOL, CHOCOLATE LIQUOR (PROCESSED WITH ALKALI), VEGETABLE OIL (PALM, SUNFLOWER AND/OR SHEA), COCOA BUTTER, MILK FAT, SOY LECITHEN (EMULSIFIER), STEVIA LEAF EXTRACT, NATURAL FLAVOR, SALT), PASTEL COATING (MALTITOL, PALM KERNEL OIL, HYDROGENATED PALM OIL, SODIUM CASEINATE (MILK), MILK FAT, GLYCEROL LACTO ESTER OF FATTY ACIDS, SOY LECITHEN (EMULSIFIER), VANILLA (ARTIFICIAL FLAVOR), NATURAL FLAVOR), MALTITOL SYRUP, SORBITOL AND PEPPERMINT OIL. MAY CONTAIN PEANUTS, TREE NUTS, EGG AND WHEAT.

2051 Sour Candy

Limited



Nutrition Facts Per Serving								
Serving Size	11 pieces (39 g)		Calories	140	Calories from Fat			
Servings per Container	about 2							
% Daily Value*			% Daily Value*					
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%			
Saturated Fat (0 g)		0%	Calcium (0 mg)					
Trans Fat (0 g)			Iron (0 mg)		0%			
Cholesterol (0 mg)		0%						
Sodium (5 mg)		0%						
Potassium (0 mg)		0%						
Total Carbohydrates (29 g)		11%						
Dietary Fiber (0 g)		0%						
Total Sugars (15 g)								
Protein (1 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

CORN SYRUP, SUGAR, APPLE JUICE CONCENTRATE, CORN STARCH, beef gelatine, CITRIC ACID, TARTARIC ACID, MALIC ACID, ARTIFICIAL FLAVORS, COLORS (TITANIUM DIOXIDE, RED 40, YELLOW 6, BLUE 1

2060 Frunas, Mini Chews

Limited



Nutrition Facts Per Serving						
Serving Size	1 package (10 g)		Calories	43	Calories from Fat	4
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0.33 g)		1%	Vitamin D (0 IU)		0%	
Saturated Fat (0.17 g)		1%	Calcium (0 mg)		0%	
Trans Fat (0 g)		0%	Iron (0 mg)		0%	
Sodium (5 mg)		1%				
Potassium (0 mg)		0%				
Total Carbohydrates (9.7 g)		4%				
Dietary Fiber (0 g)		0%				
Total Sugars (6 g)						
Added Sugars (4.97 g)		10%				
Protein (0 g)		0%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BLUE RASPBERRY: GLUCOSE SYRUP, SUGAR, WATER, PALM OIL, DEXTRIN, CITRIC ACID, GELATIN, ARTIFICIAL FLAVORS, GLYCERIN, SOY LECITHIN (AN EMULSIFIER), BLUE 1. CHERRY: SUGAR, GLUCOSE SYRUP, WATER, PALM OIL, DEXTRIN, CITRIC ACID, GELATIN, GLYCERIN, ARTIFICIAL FLAVORS, RED 40, SOY LECITHIN (AN EMULSIFIER). STRAWBERRY: GLUCOSE SYRUP, SUGAR, WATER, PALM OIL, DEXTRIN, CITRIC ACID, GELATIN, ARTIFICIAL FLAVORS, GLYCERIN, SOY LECITHIN (AN EMULSIFIER) RED 0, BLUE 1. GREEN APPLE: GLUCOSE SYRUP, SUGAR, WATER PALM OIL, DEXTRIN, CITRIC ACID, ARTIFICIAL FLAVORS, GELATIN, GLYCERIN, SOY LECITHIN (AN EMULSIFIER), YELLOW 5, BLUE 1. CONTAINS SOY. ALLERGIC WARNING: FACILITY PROCESSES MILK, SOY, SULFITES, WHEAT FLOUR, EGG ALBUMIN, YELLOW NO. 5 (TARTRAZINE), NUTS AND SEEDS: PEANUTS, SESAME.

# Cookies / Pastries

## 3002 Chocolate Chip Cookies

Limited



Nutrition Facts Per Serving						
Serving Size	2 each (28 g)		Calories	120	Calories from Fat	45
Servings per Container	about 12					
% Daily Value*			% Daily Value*			
Total Fat (5 g)		8%	Vitamin A		0%	
Saturated Fat (3 g)		15%	Thiamine (B1)		6%	
Trans Fat (0 g)			RiboFlavin (B2)		4%	
Polyunsaturated Fat (0 g)			Niacin (B3)		4%	
Monounsaturated Fat (2 g)			Vitamin C		0%	
Cholesterol (0 mg)		0%	Calcium		2%	
Sodium (65 mg)		3%	Iron		4%	
Total Carbohydrates (16 g)		5%	Folic acid		0%	
Dietary Fiber (0 g)		0%				
Total Sugars (7 g)						
Protein (1 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM AND/OR INTERESTERIFIED SOYBEAN OIL, COCOA DROPS (SUGAR, Partially HYDROGENATED VEGETABLE OIL (PALM KERNEL, COCONUT, PALM), COCOA (Processed with ALKALI), DEXTROSE, COCOA POWDER, WHEY POWDER (MILK), SOY LECITHIN (AN EMULSIFIER), VANILLIN (ARTIFICIAL FLAVOR)). SEMI SWEET CHOCOLATE: (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN (AN EMULSIFIER), VANILLIN (ARTIFICIAL FLAVOR)). Contains 2% or less of Each of the Following: HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SALT, WHEY (MILK), BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, MONOCALCIUM PHOSPHATE, AMMONIUM BICARBONATE, SOY LECITHIN. Allergy Information: CONTAINS: WHEAT, MILK, SOY. Made on same equipment as products which contain: PEANUTS, TREE NUTS, EGGS, FISH.

## 3003 Peanut Butter Crème Cookies

Limited



Nutrition Facts Per Serving						
Serving Size	3 each (35 g)		Calories	150	Calories from Fat	50
Servings per Container	about 13					
% Daily Value*			% Daily Value*			
Total Fat (6 g)		9%	Vitamin A		0%	
Saturated Fat (3 g)		15%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Polyunsaturated Fat (0.5 g)			Iron		4%	
Monounsaturated Fat (2 g)						
Cholesterol (0 mg)		0%				
Sodium (65 mg)		3%				
Total Carbohydrates (23 g)		8%				
Dietary Fiber (0 g)		0%				
Total Sugars (11 g)						
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL AND/OR INTERESTERIFIED SOYBEAN OIL, DEXTROSE, PEANUT BUTTER (DRY ROASTED PEANUTS, DEXTROSE, HYDROGENATED COTTONSEED AND RAPESEED OIL, SALT). Contains 2% or less of: HIGH FRUCTOSE CORN SYRUP, SALT, BAKING SODA, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, MONOCALCIUM PHOSPHATE, CARAMEL COLOR, AMMONIUM BICARBONATE.

## 3004 Chocolate Crème Cookies

Limited



Nutrition Facts Per Serving					
Serving Size	3 each (35 g)	Calories	150	Calories from Fat	50
Servings per Container	about 13				
% Daily Value*			% Daily Value*		
Total Fat (6 g)	9%	Vitamin A			0%
Saturated Fat (3 g)	15%	Vitamin C			0%
Trans Fat (0 g)		Calcium			2%
Polyunsaturated Fat (0.5 g)		Iron			4%
Monounsaturated Fat (2 g)					
Cholesterol (0 mg)	0%				
Sodium (110 mg)	5%				
Total Carbohydrates (23 g)	8%				
Total Sugars (12 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL AND/OR INTERESTERIFIED SOYBEAN OIL, DEXTROSE, HIGH FRUCTOSE CORN SYRUP, COCOA (Processed with ALKALI). Contains 2% or less of: CORN STARCH, MALTED BARLEY FLOUR, SALT, SOY LECITHIN, AMMONIUM BICARBONATE, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, MONOCALCIUM PHOSPHATE. CONTAINS: WHEAT, SOY.

## 3013 Duplex Crème Cookies

Limited



Nutrition Facts Per Serving					
Serving Size	3 each (34 g)	Calories	160	Calories from Fat	
Servings per Container	about 10				
% Daily Value*			% Daily Value*		
Total Fat (6 g)	8%	Vitamin D (0 IU)			0%
Saturated Fat (3 g)	15%	Calcium (10 mg)			0%
Trans Fat (0 g)		Iron (2 mg)			10%
Cholesterol (0 mg)	0%				
Sodium (90 mg)	4%				
Potassium (40 mg)	0%				
Total Carbohydrates (25 g)	7%				
Dietary Fiber (1 g)	4%				
Total Sugars (14 g)					
Added Sugars (14 g)	30%				
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL AND/OR INTERESTERIFIED SOYBEAN OIL, DEXTROSE, HIGH FRUCTOSE CORN SYRUP, Contains 2% or less of, COCOA Processed with ALKALI, CORN STARCH, SALT, SOY LECITHIN, LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE, MONOCALCIUM PHOSPHATE) AND NATURAL AND ARTIFICIAL FLAVORS. CONTAINS: WHEAT AND SOY.

## 3014 Iced Oatmeal Cookies

Limited



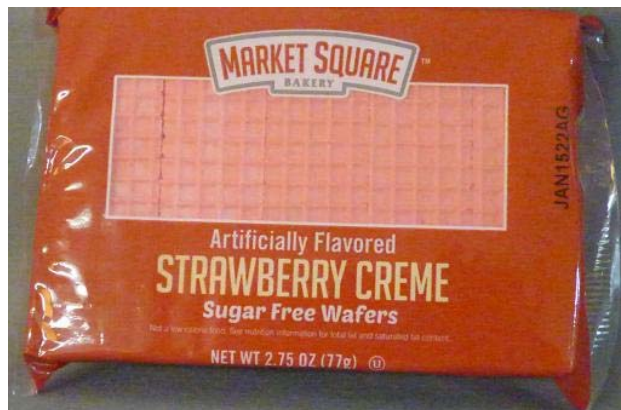
Nutrition Facts Per Serving			
Serving Size	2 each (28 g)	Calories	110
Servings per Container	about 12	Calories from Fat	30
% Daily Value*		% Daily Value*	
<b>Total Fat (3.5 g)</b>	<b>5%</b>	Vitamin A	0%
Saturated Fat (2 g)	10%	Thiamine (B1)	4%
Trans Fat (0 g)		RiboFlavin (B2)	2%
Polyunsaturated Fat (0 g)		Niacin (B3)	2%
Monounsaturated Fat (1.5 g)		Vitamin C	0%
<b>Cholesterol (0 mg)</b>	<b>0%</b>	Calcium	0%
<b>Sodium (50 mg)</b>	<b>2%</b>	Iron	4%
<b>Total Carbohydrates (18 g)</b>	<b>6%</b>	Folic acid	0%
Dietary Fiber (1 g)	4%		
Total Sugars (9 g)			
<b>Protein (1 g)</b>			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, ROLLED OATS, PALM OIL AND/OR INTERESTERIFIED SOYBEAN OIL, BROWN SUGAR. Contains less than 2% of: HIGH FRUCTOSE CORN SYRUP, RAISIN PASTE, SALT, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, CINNAMON, CARAMEL COLOR, AMMONIUM BICARBONATE, MONOCALCIUM PHOSPHATE, ENZYME MODIFIED SOY PROTEIN. Allergy Information: CONTAINS: WHEAT, SOY. Made on same equipment as products which contain: FISH (COD), MILK, EGGS, TREE NUTS.

## 3015 Sugar Free Wafer

Limited



Nutrition Facts Per Serving			
Serving Size	4 each (31 g)	Calories	160
Servings per Container	about 2.5	Calories from Fat	90
% Daily Value*		% Daily Value*	
<b>Total Fat (10 g)</b>	<b>15%</b>	Vitamin A	0%
Saturated Fat (4.5 g)	23%	Vitamin C	0%
Trans Fat (0 g)		Calcium	0%
<b>Cholesterol (0 mg)</b>	<b>0%</b>	Iron	2%
<b>Sodium (30 mg)</b>	<b>1%</b>		
<b>Total Carbohydrates (19 g)</b>	<b>6%</b>		
Dietary Fiber (0 g)	0%		
Total Sugars (0 g)			
Sugar Alcohols (6 g)			
<b>Protein (1 g)</b>			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

PALM OIL, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], FOLIC ACID), SORBITOL, MALTODEXTRIN, CORNSTARCH. Contains less than 2% of: ARTIFICIAL FLAVOR, ASPARTAME, EMULSIFIER (SOY LECITHIN), LEAVENING (SODIUM BICARBONATE), RED 3, RED 40 LAKE, SALT. CONTAINS: WHEAT, SOY. Produced In A Facility That Handles: MILK, PEANUT.

3018 Chewy Chocolate Chip Cookie, 13 oz

Limited



Nutrition Facts Per Serving					
Serving Size	2 Cookies (31 g)		Calories	140	Calories from Fat
Servings per Container	about 12				
% Daily Value*			% Daily Value*		
Total Fat (6 g)		8%	Vitamin D (0 IU)		0%
Saturated Fat (3 g)		16%	Calcium (0 mg)		0%
Trans Fat (0 g)			Iron (0.6 mg)		4%
Cholesterol (0 mg)		0%			
Sodium (85 mg)		4%			
Potassium (0 mg)		0%			
Total Carbohydrates (21 g)		7%			
Dietary Fiber (1 g)		2%			
Total Sugars (10 g)					
Added Sugars (10 g)		20%			
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED BLEACHED FLOUR, WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID, PALM OIL, SEMI SWEET CHOCOLATE CHIPS, SUGAR, UNSWEETENED CHOCOLATE, DEXTRIN, COCOA BUTTER, SOY LECITHEN, HIGH FRUCTOSE CORN SYRUP, SUGAR, MODIFIED CORN STARCH, CONTAINS <2% OF DEXTROSE, BAKING SODA, SALT, COCOA POWDER, SKIM MILK, SOY LECITHEN, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS

3019 Fudge Mint Cookies, 10 oz

Limited



Nutrition Facts Per Serving								
Serving Size	4 Cookies (29 g)		Calories	150	Calories from Fat			
Servings per Container	about 10							
% Daily Value*			% Daily Value*					
Total Fat (7 g)		9%	Vitamin D (0 IU)		0%			
Saturated Fat (4 g)		20%	Calcium (10 mg)		0%			
Trans Fat (0 g)			Iron (3.2 mg)		20%			
Cholesterol (0 mg)		0%						
Sodium (80 mg)		3%						
Potassium (40 mg)		0%						
Total Carbohydrates (20 g)		7%						
Dietary Fiber (1 g)		2%						
Total Sugars (11 g)								
Added Sugars (11 g)		22%						
Protein (1 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

SUGAR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL SHORTENING (PALM KERNEL AND PALM OILS), CANOLA AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), LEAVENING (BAKING SODA,, SODIUM ACID PRROPHOSPHATE, MONOCALCIUM PHOSPHATE), SOY LECITHEN, SALT, PEPPERMINT OIL, NATURAL AND ARTIFICIAL FLAVORS.

## 3034 Swiss Rolls, 2 pack

Limited



Nutrition Facts Per Serving					
Serving Size	2 Cakes (57 g)		Calories	220	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (8 g)		10%	Vitamin D (0 IU)		0%
Saturated Fat (5 g)		27%	Calcium (0 mg)		0%
Trans Fat (0 g)			Iron (1.4 mg)		8%
Cholesterol (0 mg)		0%			
Sodium (150 mg)		6%			
Potassium (60 mg)		0%			
Total Carbohydrates (36 g)		13%			
Dietary Fiber (2 g)		6%			
Total Sugars (26 g)					
Added Sugars (26 g)		52%			
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, WHEY (MILK), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, HIGH FRUCTOSE CORN SYRUP, HYDROGENATED PALM KERNEL OIL, VEGETABLE SHORTENING (PALM AND SOYBEAN OIL), CORN SYRUP, EGG WHITES, COCOA (NATURAL AND Processed with ALKALI), EGGS, Contains 2% or less of Each of the Following, WHEAT PROTEIN ISOLATE, WHEAT FLOUR, CARAMEL COLOR, SALT, LEAVENING (SODIUM AND, PYROPHOSPHATE SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), MALT EXTRACT, EMULSIFIERS (PROPYLENE GLYCOL, ESTERS OF FATTY ACIDS, MONOGLYCERIDES, STEAROYL LACTYLIC ACID), MODIFIED CORN STARCH, EGG YOLKS, GUAR GUM, WATER, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, POLYSORBATE 60, CELLULOSE GUM, TITANIUM DIOXIDE (COLOR), ENZYMES, SOY LECITHIN, MONO-AND DIGLYCERIDES, PHOSPHORIC ACID, PRESERVED WITH, SODIUM PROPIONATE, SORBIC ACID AND POTASSIUM SORBATE. Manufactured in a facility that also processes PRODUCTS CONTAINING, PEANUTS AND TREE NUT.

## 3035 PB Buddy Bars, 2 pack

Limited



Nutrition Facts Per Serving					
Serving Size	1 package (57 g)		Calories	300	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (17 g)		22%	Vitamin D (0 IU)		0%
Saturated Fat (9 g)		45%	Calcium (0 mg)		0%
Trans Fat (0 g)			Iron (2.4 mg)		15%
Cholesterol (0 mg)		0%			
Sodium (140 mg)		6%			
Potassium (145 mg)		4%			
Total Carbohydrates (33 g)		12%			
Dietary Fiber (2 g)		6%			
Total Sugars (20 g)					
Added Sugars (20 g)		40%			
Protein (5 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PEANUT BUTTER (PEANUTS, SALT, HYDROGENATED VEGETABLE OIL [COTTONSEED OIL AND/OR SOYBEAN OIL], SUGAR, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], DEXTROSE, HYDROGENATED PALM KERNEL OIL, VEGETABLE SHORTENING (PALM AND SOYBEAN OIL), COCOA, Contains 2% or less of Each of the Following: WATER, SOY LECITHIN, SOYBEAN OIL, SALT, LEAVENING (BAKING SODA, AMMONIUM BICARBONATE), NATURAL AND ARTIFICIAL FLAVORS, MONO-AND DIGLYCERIDES, POLYSORBATE 60, NON FAT MILK, SODIUM PROPIONATE AND SORBIC ACID (To Retard Spoilage), Manufactured in a facility that also processes PRODUCTS CONTAINING, EGG.

3100 Star Crunch 3 oz.

Limited



Nutrition Facts Per Serving								
Serving Size	1/3 (29 g)		Calories	390	Calories from Fat	0		
Servings per Container	3							
% Daily Value*			% Daily Value*					
Total Fat (16 g)			21%	Vitamin D (0 IU)		0%		
Saturated Fat (10 g)			50%	Calcium (20 mg)		0%		
Trans Fat (0 g)			0%	Iron (1.9 mg)		10%		
Polyunsaturated Fat (1.5 g)			0%					
Monounsaturated Fat (3.5 g)			0%					
Cholesterol (0 mg)			0%					
Sodium (170 mg)			7%					
Potassium (130 mg)			2%					
Total Carbohydrates (59 g)			21%					
Dietary Fiber (1 g)			4%					
Total Sugars (34 g)								
Added Sugars (32 g)			64%					
Protein (3 g)			0%					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

SUGAR, CORN SYRUP, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (Vitamin B2), FOLIC ACID), PALM AND PALM KERNAL OIL, WHOLE GRAIN ROLLED OATS, PALM AND SOYBEAN OILS WITH TBHQ AND CITRIC ACID TO PROTECT FLAVOR, CRISP RICE (RICE FLOUR, SUGAR, WHEY, SALT, BARLEY MALT, WHEAT FLOUR, DEXTROSE), WATER, DEXTROSE, Contains 2% or less of Each of the Following: RAISIN PASTE, COCOA, MOLASSES, WHEY, CORN STARCH, SALT, CARAMEL COLOR, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), SOY, LECITHIN, MONO-AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, DRIED EGGS, SOY FLOUR, DRIED EGG WHITES, ANNATTO EXTRACT, BETA CAROTENE, CHOCOLATE, COCOA BUTTER, CITRIC ACID,, COCOA Processed with ALKALI, HIGH FRUCTOSE CORN SYRUP, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, NONFAT DRY MILK, PECTIN, POLYSORBATE 60, POLYSORBATE 80, PROPYLENE GLYCOL MONOSTEARATE, RED 40 LAKE, SODIUM CITRATE,, SODIUM STEAROYL LACTYLATE, SORBIC ACID (To Preserve Freshness), SORBITAN MONOSTEARATE, SOYBEAN OIL, TITANIUM DIOXIDE, TURMERIC EXTRACT, Allergy Information: , CONTAINS WHEAT, MILK, SOY, EGGS, MAY CONTAIN PEANUTS, TREE NUTS

## 3102 Toaster Pastry, Rotating

Limited

Rotating Flavor: Frosted S'mores



Nutrition Facts Per Serving					
Serving Size	1 each (52 g)	Calories	210	Calories from Fat	45
Servings per Container	6				
% Daily Value*			% Daily Value*		
Total Fat (5 g)	8%	Vitamin A			10%
Saturated Fat (2 g)	10%	Thiamine (B1)			10%
Trans Fat (0 g)		RiboFlavin (B2)			10%
Cholesterol (0 mg)	0%	Niacin (B3)			10%
Sodium (180 mg)	7%	Vitamin B6			10%
Total Carbohydrates (38 g)	12%	Vitamin C			0%
Dietary Fiber (1 g)	4%	Calcium			0%
Total Sugars (18 g)		Iron			10%
Protein (3 g)		Folate			10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, PALM OIL, WHOLE WHEAT FLOUR, BROWN SUGAR, WHEY PERMEATE, DEXTROSE, MODIFIED CORN STARCH, COCOA Processed with ALKALI, COLOR ADDED (Includes RED 40), SALT, PRECOOKED YELLOW CORN MEAL, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), SOY LECITHIN, WHEAT GLUTEN, SORBITOL, NATURAL AND ARTIFICIAL FLAVORS, POTASSIUM SORBATE (A Preservative), GELATIN, MODIFIED SOY PROTEIN, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN MONONITRATE (VITAMIN B1). CONTAINS: WHEAT, MILK, SOY. May Contain PEANUTS, ALMONDS.

## 3104 Hostess Assorted Pastries (Singles)

Limited

Package Flavor: Hostess Cupcake



Nutrition Facts Per Serving					
Serving Size	1 Cake (45 g)	Calories	170	Calories from Fat	10
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (2.5 g)	13%	Vitamin D			0%
Trans Fat (0 g)	0%	Calcium			8%
Cholesterol (5 mg)	2%	Iron			8%
Sodium (240 mg)	10%				
Potassium	0%				
Total Carbohydrates (29 g)	11%				
Dietary Fiber (1 g)	4%				
Total Sugars (19 g)	38%				
Added Sugars (19 g)	38%				
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

SUGAR, WATER, ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARELY FLOUR, NIACIN, FERROUS SULFATE OR REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP, PALM OIL, CORN SYRUP, COCOA, SOYBEAN OIL, TALLOW, CONTAINS 2% OR LESS GLYCERIN, WHEY, HYDRONATED TALLOW, INULIN, EGG, CALCIUM CARBONATE, SORBIC ACID AND POTASSIUM SORBATE (TO RETAIN FRESHNESS), CALCIUM SULFATE, ENZYMES, EGG WHITE, MONO AND DIGLYCERIDES, SODIUM ACID PRROPHOSPHATE, COTTONSEED OIL, NATURAL AND ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE, AGAR, XANTHAN GUM, SOY LETHIN, POLYSORBATE 60, CELLULOSE GUM, LOCUST BEAN GUM, MONOCALCIUM PHOSPHATE, TITANIUM DIOXIDE (COLOR), DISODIUM PHOSPHATE, SUNFLOWER OIL, CHOCOLATE LIQUOR, DEFATTED SOY FLOUR. CONTAINS WHEAT, EGG, MILK, AND SOY. CONTAINS BIOENGINEERED FOOD INGREDIENTS.

## 3104 Hostess Assorted Pastries (Singles)

Limited

Package Flavor: Hostess Twinkie



Nutrition Facts Per Serving					
Serving Size	1 Cake (38 g)	Calories	140	Calories from Fat	17
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (4.5 g)	12%	Vitamin D			0%
Saturated Fat (4 g)	20%	Calcium			0%
Trans Fat (0 g)		Iron			6%
Cholesterol (35 mg)	12%				
Sodium (370 mg)	16%				
Potassium	0%				
Total Carbohydrates (47 g)	17%				
Dietary Fiber (0 g)	0%				
Total Sugars (32 g)					
Added Sugars (31 g)	62%				
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, WATER, ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE OR REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP, TALLOW, DEXTROSE, EGG, Contains 2% or less of: SOYBEAN OIL, CORN STARCH, MODIFIED CORN STARCH, HYDROGENATED TALLOW, WHEY, GLYCERIN, SALT, SODIUM ACID PYROPHOSPHATE, BAKING SODA, ENZYMES, SORBIC ACID AND POTASSIUM SORBATE (To Retain Freshness), COTTONSEED OIL, MONO AND DIGLYCERIDES, CELLULOSE GUM, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, XANTHAN GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, YELLOW 5, RED 40. CONTAINS, EGG, MILK, SOY, WHEAT. CONCENTRATED JUICES

## 3105 Honey Bun

Limited

Rotating Flavor: Chocolate



Nutrition Facts Per Serving					
Serving Size	1/2 each (71 g)	Calories	280	Calories from Fat	
Servings per Container	2				
% Daily Value*			% Daily Value*		
Total Fat (13 g)	17%	Vitamin D (0 IU)			0%
Saturated Fat (5 g)	25%	Calcium (70 mg)			6%
Trans Fat (0 g)		Iron (1.3 mg)			8%
Cholesterol (0 mg)	0%				
Sodium (190 mg)	8%				
Potassium (80 mg)	2%				
Total Carbohydrates (38 g)	14%				
Dietary Fiber (1 g)	4%				
Total Sugars (21 g)					
Added Sugars (20 g)	40%				
Protein (4 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARELY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OILS (PALM, SOYBEAN), WATER, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, COCOA, DEXTROSE, SOY FLOUR, MONO AND DIGLYCERIDE, WHEY, SALT, HONEY, CORN FLOUR, NON FAT MILK, AGAR, LEAVENING (SODIUM ACID PRROPHOSPHATE, BAKING SODA) PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE, SODIUM BENZOATE, METHYL AND PROPYL PARABENS) COCOA (PROCESSED WITH ALKALI), SODIUM STEAROYL, LACTYLATE, DATEM, CINNAMON, CARBONATE, XANTHAM GUM, ASCORBIC ACID, ENZYMES, COLOR (TURMERIC, ANNATTO), L-CYSTEINE, EGGS. CONTAINS EGG, MILK, SOY, WHEAT

3106 Maria Cookies

Limited



Nutrition Facts Per Serving						
Serving Size	7 each (29 g)		Calories	120	Calories from Fat	25
Servings per Container	6					
% Daily Value*			% Daily Value*			
Total Fat (2.5 g)			4%	Vitamin A		0%
Saturated Fat (1 g)			5%	Vitamin C		1%
Trans Fat (0.5 g)				Calcium		1%
Polyunsaturated Fat (0 g)				Iron		4%
Monounsaturated Fat (1 g)						
Cholesterol (0 mg)			0%			
Sodium (75 mg)			3%			
Total Carbohydrates (22 g)			7%			
Dietary Fiber (1 g)			1%			
Total Sugars (6 g)						
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WHEAT FLOUR, SUGAR, VEGETABLE SHORTENING (May Contain One Or More Of The Following:: SOYBEAN OIL, COTTONSEED OIL, SAFFLOWER OIL), INVERT SYRUP, IODIZED SALT, SODIUM BICARBONATE, AMMONIUM BICARBONATE, SOY LECITHIN, ARTIFICIAL FLAVOR.

3108 Swiss Rolls

Limited



Nutrition Facts Per Serving					
Serving Size	2 each (57 g)		Calories	220	Calories from Fat
Servings per Container	6				
% Daily Value*			% Daily Value*		
Total Fat (8 g)		10%	Vitamin D (0 IU)		0%
Saturated Fat (5 g)		27%	Calcium (0 mg)		0%
Trans Fat (0 g)			Iron (1.4 mg)		8%
Cholesterol (0 mg)		0%			
Sodium (150 mg)		6%			
Potassium (1.4 mg)		8%			
Total Carbohydrates (36 g)		13%			
Dietary Fiber (2 g)		6%			
Total Sugars (26 g)					
Added Sugars (26 g)		52%			
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, WHEY (MILK), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, HIGH FRUCTOSE CORN SYRUP, HYDROGENATED PALM KERNEL OIL, VEGETABLE SHORTENING (PALM, SOYBEAN OIL), CORN SYRUP, EGG WHITES, COCOA (NATURAL, Processed with ALKALI), EGGS. Contains less than 2% of: WHEAT PROTEIN ISOLATE, WHEAT FLOUR, CARAMEL COLOR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), MALT EXTRACT, EMULSIFIER (PROPYLENE GLYCOL ESTERS OF FATTY ACIDS, MONOGLYCERIDES, STEAROYL LACTYLIC ACID), MODIFIED CORN STARCH, EGG YOLKS, GUAR GUM, WATER, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, POLYSORBATE 60, CELLULOSE GUM, TITANIUM DIOXIDE (COLOR), ENZYMES, SOY LECITHIN, MONO- AND DIGLYCERIDES, PHOSPHORIC ACID, Preserved with: SODIUM PROPIONATE, SORBIC ACID, POTASSIUM SORBATE. Manufactured in a facility that also processes: PEANUTS, TREE NUTS.

## 3109 Pie, Rotating

Limited

Rotating Flavor: Strawberry &amp; Cream



Nutrition Facts Per Serving						
Serving Size	1 each (113 g)		Calories	410	Calories from Fat	150
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (17 g)		26%	Vitamin A		0%	
Saturated Fat (9 g)		45%	Vitamin C		2%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (0 mg)		0%	Iron		8%	
Sodium (480 mg)		20%				
Total Carbohydrates (61 g)		20%				
Dietary Fiber (1 g)		4%				
Total Sugars (32 g)						
Protein (3 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

## Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP, WATER, PALM OIL, FRACTIONATED PALM OIL, SUGAR, STRAWBERRIES, FOOD STARCH-MODIFIED. Contains less than 2% of: SALT, VEGETABLE SHORTENING (PALM OIL, FRACTIONATED PALM OIL, MONO AND DIGLYCERIDE, POLYSORBATE 60), PRESERVATIVES: (SODIUM PROPIONATE, SODIUM BENZOATE, CITRIC ACID), MALTED BARLEY, WHEAT FLOUR, DEXTROSE, MALTODEXTRIN, PROPYLENE GLYCOL, XANTHAN GUM, CALCIUM CARBONATE, AGAR-AGAR, NATURAL AND ARTIFICIAL FLAVORS, TITANIUM DIOXIDE COLOR, SOY LECITHIN, MONO- AND DIGLYCERIDES, SORBITAN MONOSTEARATE, RED 40. CONTAINS: SOY, WHEAT.

## 3110 Cheese Danish, Rotating

Limited

Rotating Flavor: Strawberry



Nutrition Facts Per Serving							
Serving Size	1 package (120 g)	Calories	430	Calories from Fat			
Servings per Container	1						
% Daily Value*		% Daily Value*					
Total Fat (17 g)	22%	Vitamin D (0 IU)		0%			
Saturated Fat (9 g)	45%	Calcium (150 mg)		10%			
Trans Fat (0 g)		Iron (2.2 mg)		10%			
Cholesterol (0 mg)	0%						
Sodium (460 mg)	20%						
Potassium (100 mg)	2%						
Total Carbohydrates (63 g)	23%						
Dietary Fiber (1 g)	4%						
Total Sugars (30 g)							
Added Sugars (29 g)	58%						
Protein (5 g)							
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.							

## Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE OR REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, PALM OIL, HIGH FRUCTOSE CORN SYRUP, Contains 2% or less of: YEAST, CREAM CHEESE (CULTURED CREAM AND MILK), WHEY, MONO AND DIGLYCERIDES, SALT, MODIFIED CORN STARCH, EGG WHITE, CORNSTARCH, DEXTROSE, CALCIUM CARBONATE, NATURAL AND ARTIFICIAL FLAVOR, SOYBEAN OIL, STRAWBERRY PUREE, GUAR GUM, MINERAL OIL, SODIUM STEAROYL LACTYLATE, SOY LECITHIN, CALCIUM SULFATE, LACTOSE, CALCIUM CASEINATE, ASCORBIC ACID, EGG, MALTODEXTRIN, BAKING SODA, SODIUM ACID PYROPHOSPHATE, AGAR, PRESERVATIVE (CALCIUM PROPIONATE, POTASSIUM SORBATE, SODIUM BENZOATE, SORBIC ACID), CITRIC ACID, FUMARIC ACID, ENZYMES, CELLULOSE GEL, SODIUM HEXAMETAPHOSPHATE, LACTIC ACID, CELLULOSE GUM, COLOR (BETA CAROTENE, TITANIUM DIOXIDE, RED 40, BLUE 1), PECTIN, SODIUM PHOSPHATE, LOCUST BEAN GUM, CARRAGEENAN, XANTHAN GUM, VITAMIN A PALMITATE. CONTAINS: EGG, MILK, SOY, WHEAT.

# Microwaveable

## 4110 Movie Theatre Popcorn

Limited



Nutrition Facts Per Serving								
Serving Size	1 cup (33 g)		Calories	35	Calories from Fat	0		
Servings per Container	about 5.5							
% Daily Value*			% Daily Value*					
Total Fat (2.5 g)			3%	Vitamin D (0 IU)		0%		
Saturated Fat (1 g)			5%	Calcium (0 mg)		0%		
Trans Fat (0 g)				Iron (0 mg)		0%		
Polyunsaturated Fat (0 g)								
Monounsaturated Fat (1 g)								
Cholesterol (0 mg)			0%					
Sodium (65 mg)			3%					
Potassium (0 mg)			0%					
Total Carbohydrates (3 g)			1%					
Dietary Fiber (0 g)			0%					
Total Sugars (0 g)								
Added Sugars (0 g)			0%					
Protein (0 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

WHOLE GRAIN POPCORN, PALM OIL, SALT, NATURAL FLAVORS, ROSEMARY EXTRACT (To Preserve Freshness), ASCORBIC ACID (To Preserve Freshness), BUTTER (CREAM, SALT) . CONTAINS: MILK.

## 4112 Kettle Popcorn

Limited



Nutrition Facts Per Serving								
Serving Size	2 tablespoons (34 g)		Calories	150	Calories from Fat	30		
Servings per Container	about 2.5							
% Daily Value*			% Daily Value*					
Total Fat (9 g)			12%	Vitamin D (0 IU)		0%		
Saturated Fat (4 g)			20%	Calcium (0 mg)		0%		
Trans Fat (0 g)				Iron (0.6 mg)		4%		
Polyunsaturated Fat (1 g)								
Monounsaturated Fat (3 g)								
Cholesterol (0 mg)			0%					
Sodium (170 mg)			7%					
Potassium (0 mg)			0%					
Total Carbohydrates (19 g)			7%					
Dietary Fiber (3 g)			11%					
Total Sugars (0 g)			0%					
Added Sugars (0 g)			0%					
Protein (2 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

POPPING CORN, PALM OIL,, Less than 2% of: SALT, SUCRALOSE, TBHQ AND CITRIC ACID ( FOR FRESHNESS)

# Chips

4002 Pretzels

Limited



Nutrition Facts Per Serving						
Serving Size	1 ounce (17 piece)		Calories	110	Calories from Fat	10
Servings per Container	about 12					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		2%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Thiamine (B1)		15%	
Trans Fat (0 g)			RiboFlavin (B2)		10%	
Cholesterol (0 mg)		0%	Niacin (B3)		10%	
Sodium (350 mg)		15%	Vitamin C		0%	
Total Carbohydrates (23 g)		8%	Calcium		0%	
Dietary Fiber (1 g)		4%	Iron		10%	
Total Sugars (1 g)			Folate		15%	
Protein (3 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, CORN SYRUP, VEGETABLE OIL (May Contain One Or More Of The Following: CORN, CANOLA, SOYBEAN), SODIUM BICARBONATE, YEAST. CONTAINS: WHEAT.

4003 Tortilla Chips

Limited



Nutrition Facts Per Serving						
Serving Size	1 ounce (11 chip)		Calories	140	Calories from Fat	90
Servings per Container	about 16					
% Daily Value*			% Daily Value*			
Total Fat (10 g)		15%	Vitamin A		0%	
Saturated Fat (8 g)		40%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Cholesterol (0 mg)		0%	Iron		2%	
Sodium (100 mg)		4%				
Total Carbohydrates (13 g)		4%				
Dietary Fiber (1 g)		4%				
Total Sugars (0 g)						
Protein (1 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

CORN, COCONUT OIL AND/OR CORN OIL AND/OR COTTONSEED OIL, SEA SALT.

4004 Frito's Chili Cheese Corn Chips

Limited



Nutrition Facts Per Serving					
Serving Size	about 31 chips (28 g)		Calories	160	Calories from Fat
Servings per Container	about 11				
% Daily Value*			% Daily Value*		
Total Fat (10 g)		12%	Vitamin D (0 IU)		0%
Saturated Fat (1.5 g)		7%	Calcium (38 mg)		2%
Trans Fat (0 g)			Iron (0 mg)		0%
Cholesterol (0 mg)		0%			
Sodium (270 mg)		12%			
Potassium (53 mg)		0%			
Total Carbohydrates (16 g)		6%			
Dietary Fiber (1 g)		5%			
Total Sugars (1 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN, CORN OIL, SALT, WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SPICES, WHEY PROTEIN CONCENTRATE, MALTODEXTRIN (Made From: CORN), TOMATO POWDER, MONOSODIUM GLUTAMATE, ONION POWDER, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEXTROSE, SUGAR, BUTTERMILK, BUTTER (CREAM, SALT), CITRIC ACID, NATURAL FLAVOR, SUNFLOWER OIL, GARLIC POWDER, ANNATTO EXTRACTS, DISODIUM INOSINATE, DISODIUM GUANYLATE, CARAMEL COLOR. CONTAINS: MILK INGREDIENTS.

4007 Crav'n Regular Chips

Limited

Rotating Flavor: Plain



Nutrition Facts Per Serving								
Serving Size	1 ounce (24 chip)		Calories	160	Calories from Fat			
Servings per Container	8							
% Daily Value*			% Daily Value*					
Total Fat (10 g)		13%	Vitamin D (0 IU)		0%			
Saturated Fat (1.5 g)		8%	Calcium (0 mg)		0%			
Trans Fat (0 g)			Iron (0 mg)		0%			
Polyunsaturated Fat (6 g)								
Monounsaturated Fat (2.5 g)								
Cholesterol (0 mg)		0%						
Sodium (135 mg)		6%						
Potassium (280 mg)		6%						
Total Carbohydrates (15 g)		5%						
Dietary Fiber (1 g)		4%						
Total Sugars (1 g)								
Added Sugars (0 g)		0%						
Protein (1 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, SUNFLOWER, OR CANOLA OIL), SALT.

4009 Hot &amp; Spicy Pork Rinds

Limited



Nutrition Facts Per Serving				
Serving Size	1/2 ounces (14 g)	Calories	80	Calories from Fat
Servings per Container	6			40
% Daily Value*				
Total Fat (4.5 g)	7%			
Saturated Fat (1.5 g)	8%			
Trans Fat (0 g)				
Polyunsaturated Fat (0.5 g)				
Monounsaturated Fat (2.5 g)				
Cholesterol (15 mg)	5%			
Sodium (370 mg)	15%			
Total Carbohydrates (0 g)	0%			
Protein (8 g)	2%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

PORK RINDS, SALT, DEXTROSE, SPICES, Including: CHILI PEPPERS, TORULA YEAST MALTODEXTRIN, PAPRIKA, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, YELLOW 6 LAKE, NATURAL FLAVOR, CARAMEL COLOR, RED 40 LAKE.

4011 Jalapeño Chips

Limited



Nutrition Facts Per Serving				
Serving Size	1 ounce (28 g)	Calories	150	Calories from Fat
Servings per Container	6			
% Daily Value*		% Daily Value*		
Total Fat (10 g)	13%	Vitamin D (0 IU)		0%
Saturated Fat (1 g)	5%	Calcium (10 mg)		0%
Trans Fat (0 g)		Iron (0.5 mg)		2%
Cholesterol (0 mg)	0%			
Sodium (240 mg)	10%			
Potassium (350 mg)	8%			
Total Carbohydrates (15 g)	5%			
Dietary Fiber (1 g)	4%			
Total Sugars (0 g)				
Added Sugars (0 g)	0%			
Protein (2 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

POTATOES, VEGETABLE OIL (CORN AND/OR CANOLA AND/OR SUNFLOWER OIL), SEASONING (, CORN MALTODEXTRIN, SALT, SPICE, MONOSODIUM GLUTAMATE, ONION POWDER, JALAPENO PEPPER, SUGAR, MODIFIED WHEY [MILK], GARLIC POWDER, SODIUM DIACETATE, NATURAL AND ARTIFICIAL FLAVORS, LACTIC ACID, NONFAT DRY MILK, TORULA YEAST, CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], WHEY, EXTRACTIVE OF PAPRIKA, BUTTERMILK POWDER, DISODIUM PHOSPHATE, AND NOT MORE THAN 2% SILICON DIOXIDE (, ADDED AS ANTICAKING AGENT) . CONTAINS, MILK.

## 4015 Doritos, Rotating

Limited

Rotating Flavor: Nacho Cheese



Nutrition Facts Per Serving					
Serving Size	1 ounce (28 g)	Calories	140	Calories from Fat	70
Servings per Container	8				
% Daily Value*			% Daily Value*		
Total Fat (8 g)	12%	Vitamin A			2%
Saturated Fat (1 g)	6%	Thiamine (B1)			2%
Trans Fat (0 g)		Vitamin B6			2%
Cholesterol (0 mg)	0%	Vitamin C			0%
Sodium (210 mg)	9%	Calcium			0%
Total Carbohydrates (16 g)	5%	Iron			0%
Dietary Fiber (1 g)	4%				
Total Sugars (0 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN, VEGETABLE OIL (SUNFLOWER, CANOLA AND/OR CORN OIL), MALTODEXTRIN (Made From CORN), SALT, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, MONOSODIUM GLUTAMATE, BUTTERMILK, ROMANO CHEESE (, PART- SKIM COWS MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, ONION POWDER, CORN FLOUR, NATURAL AND ARTIFICIAL FLAVOR, DEXTROSE, TOMATO POWDER, LACTOSE, SPICES, ARTIFICIAL COLOR (Including YELLOW 5, YELLOW 6, RED 40), LACTIC ACID, CITRIC ACID, SUGAR, GARLIC POWDER, SKIM MILK, RED AND GREEN BELL PEPPERS, DISODIUM INOSINATE, DISODIUM GUANYLATE. CONTAINS, MILK INGREDIENTS.

## 4016 Crunchy Cheetos

Limited



Nutrition Facts Per Serving					
Serving Size	about 21 pieces (28 g)	Calories	160	Calories from Fat	
Servings per Container	9				
% Daily Value*			% Daily Value*		
Total Fat (10 g)	13%	Vitamin D (0 IU)			0%
Saturated Fat (1.5 g)	8%	Calcium (15 mg)			0%
Trans Fat (0 g)		Iron (0 mg)			2%
Cholesterol (0 mg)	0%				
Sodium (250 mg)	11%				
Potassium (53 mg)	0%				
Total Carbohydrates (15 g)	6%				
Dietary Fiber (1 g)	3%				
Total Sugars (1 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA AND/OR SUNFLOWER OIL), CHEESE SEASONING (WHEY, CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], CANOLA OIL, MALTODEXTRIN [Made From: CORN], NATURAL AND ARTIFICIAL FLAVORS, SALT, WHEY, PROTEIN CONCENTRATE, MONOSODIUM GLUTAMATE, LACTIC ACID, ARTIFICIAL COLOR [YELLOW 6], AND SALT. CONTAINS: MILK INGREDIENTS.

4018 Pre Popped Popcorn, Rotating

Limited

Rotating Flavor: Cheese



Nutrition Facts Per Serving						
Serving Size	about 2 cups (28 g)		Calories	160	Calories from Fat	0
Servings per Container	5					
% Daily Value*			% Daily Value*			
Total Fat (11 g)		14%	Vitamin D (0 IU)		0%	
Saturated Fat (1.5 g)		8%	Calcium (20 mg)		2%	
Trans Fat (0 g)			Iron (0.4 mg)		2%	
Cholesterol (0 mg)		0%				
Sodium (330 mg)		14%				
Potassium (60 mg)		0%				
Total Carbohydrates (13 g)		5%				
Dietary Fiber (2 g)		7%				
Total Sugars (1 g)						
Added Sugars (1 g)		2%				
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

POPCORN, REFINED SOYBEAN OIL, WHEY, CORN STARCH, CHEDDER AND BLUE CHEESE (MILK, SALT, CHEESE CULTURE, ENZYMES), MALTODEXTRIN, SALT, BUTTER, NATURAL AND ARTIFICIAL FLAVORS, BUTTERMILK, MONOSODIUM GLUTAMATE (FLAVOR ENHANCER), SODIUM PHOSPHATE (EMULSIFIER), YELLOW 5, YELLOW 6, ARTIFICIAL COLOR (, BETA-CAROTENE, CORN OIL WITH TOCOPHEROL [ANTIOXIDANTS] , ASCORBYL PALMITATE [ANTIOXIDANTS], CITRIC ACID [PRESERVATIVE] ), CONTAINS: MILK.

4019 Baked Goldfish

Best Choice



Nutrition Facts Per Serving						
Serving Size	1 package (21 g)		Calories	100	Calories from Fat	35
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (4 g)		6%	Vitamin A		0%	
Saturated Fat (0.5 g)		3%	Thiamine (B1)		6%	
Trans Fat (0 g)			RiboFlavin (B2)		6%	
Polyunsaturated Fat (1 g)			Niacin (B3)		6%	
Monounsaturated Fat (2 g)			Vitamin C		0%	
Cholesterol (0 mg)		0%	Calcium		2%	
Sodium (170 mg)		7%	Iron		4%	
Total Carbohydrates (14 g)		5%	Folate		6%	
Dietary Fiber (1 g)		4%				
Total Sugars (0 g)						
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEDDAR CHEESE (, CULTURED MILK, SALT, ENZYMES), ANNATTO), CANOLA AND/OR SUNFLOWER OIL, SALT, Contains less than 2% of, YEAST, AUTOLYZED YEAST EXTRACT, PAPRIKA, SPICES, BAKING SODA, MONOCALCIUM PHOSPHATE, ONION POWDER. CONTAINS: WHEAT, MILK.

## 4022 Crav'n Ripple Chips

Limited

Rotating Flavor: Cheddar &amp; Sour Cream



Nutrition Facts Per Serving						
Serving Size	1 ounce (22 chip)		Calories	160	Calories from Fat	
Servings per Container	8					
% Daily Value*			% Daily Value*			
Total Fat (10 g)			13%		Vitamin D (0 IU)	0%
Saturated Fat (1.5 g)			8%		Calcium (0 mg)	0%
Trans Fat (0 g)					Iron (0 mg)	0%
Polyunsaturated Fat (6 g)						
Monounsaturated Fat (2.5 g)						
Cholesterol (0 mg)			0%			
Sodium (180 mg)			8%			
Potassium (270 mg)			6%			
Total Carbohydrates (15 g)			4%			
Dietary Fiber (1 g)			4%			
Total Sugars (2 g)						
Added Sugars (0 g)			0%			
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, SUNFLOWER, OR CANOLA OIL), WHEY, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), SALT, MALTODETRIN, NATURAL & ARTIFICIAL FLAVORS, ONION POWDER, SOUR CREAM (CREAM, NONFAT MILK, CULTURES), MONOSODIUM GLUTAMATE, BUTTERMILK, YEAST EXTRACT, SKIM MILK, BLUE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), GARLIC POWDER, SOYBEAN OIL, EXTRACT OF TURMERIC (COLOR), DISODIUM INOSINATE, DISODIUM GUANYLATE, YELLOW 5, YELLOW 6, YELLOW 6 LAKE, YELLOW 5 LAKE. CONTAINS MILK

## 4024 Lay's Stax Cheddar Chips

Better Choice



Nutrition Facts Per Serving								
Serving Size	about 12 chips (28 g)		Calories	140	Calories from Fat			
Servings per Container	6							
% Daily Value*			% Daily Value*					
Total Fat (8 g)		10%	Vitamin D (0 IU)		0%			
Saturated Fat (2 g)		11%	Calcium (10 mg)		0%			
Trans Fat (0 g)			Iron (0.2 mg)		0%			
Cholesterol (0 mg)		0%						
Sodium (190 mg)		8%						
Potassium (180 mg)		2%						
Total Carbohydrates (17 g)		6%						
Dietary Fiber (1 g)		4%						
Total Sugars (1 g)								
Protein (2 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

DRIED POTATOES, VEGETABLE OIL (SUNFLOWER, CORN AND/OR COTTONSEED OIL), UNMODIFIED POTATO STARCH, RICE FLOUR, MALTODEXTRIN (Made From CORN), SUGAR, MONO- AND DIGLYCERIDES, SALT, DEXTROSE, SOY LECITHIN, CITRIC ACID, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, ONION POWDER, MONOSODIUM GLUTAMATE, WHEY PROTEIN CONCENTRATE, CORN STARCH, NATURAL FLAVOR (Including, NATURAL BACON FLAVOR) BUTTERMILK, CANOLA OIL, ROMANO CHEESE (PART- SKIM COWS MILK, CHEESE CULTURES, SALT, ENZYMES), HYDROLYZED CORN PROTIEN, ARTIFICIAL COLOR (YELLOW LAKE 5, YELLOW 6, YELLOW 5, YELLOW LAKE 6, RED 40 LAKE, BLUE LAKE 1, BLUE 1, RED 40), LACTIC ACID, SKIM MILK, GARLIC POWDER, SOUR CREAM (CULTURED CREAM, SKIM MILK), BUTTER (CREAM, SALT), BLUE CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), AND BACON FAT. CONTAINS, MILK AND SOY INGREDIENTS.

4025 Corn Chips

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 ounce (28 g)	Calories	160	Calories from Fat	
Servings per Container	13				
% Daily Value*		% Daily Value*			
Total Fat (9 g)	12%	Vitamin D (0 IU)		0%	
Saturated Fat (1.5 g)	8%	Calcium (37 mg)		2%	
Trans Fat (0 g)		Iron (0 mg)		0%	
Cholesterol (0 mg)	0%				
Sodium (160 mg)	7%				
Potassium (52 mg)	2%				
Total Carbohydrates (16 g)	6%				
Dietary Fiber (1 g)	4%				
Total Sugars (0 g)					
Added Sugars (0 g)	0%				
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN, VEGETABLE OIL (Contains one or more of the following: CANOLA, CORN, SOYBEAN OR SUNFLOWER) AND SALT.

4027 Crav'n Kettle Chip

Better Choice

Rotating Flavor: Salt & Vinegar

Nutrition Facts Per Serving						
Serving Size	1 ounce (18 chip)		Calories	150	Calories from Fat	
Servings per Container	8					
% Daily Value*			% Daily Value*			
Total Fat (8 g)			10%		Vitamin D (0 IU)	0%
Saturated Fat (1 g)			5%		Calcium (0 mg)	0%
Trans Fat (0 g)					Iron (0 mg)	0%
Polyunsaturated Fat (5 g)						
Monounsaturated Fat (2 g)						
Cholesterol (0 mg)			0%			
Sodium (170 mg)			7%			
Potassium (290 mg)			6%			
Total Carbohydrates (17 g)			6%			
Dietary Fiber (1 g)			4%			
Total Sugars (2 g)						
Added Sugars (0 g)			0%			
Protein (1 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, SUNFLOWER OR CANOLA OIL), LACTOSE, SODIUM DIACETATE, MALTODEXTRIN, SEA SALT, MALT VINEGAR POWDER, MALIC ACID, CITRIC ACID

4028 Crunchy Cheetos, Jalapeno Cheddar, 8.5 oz

Limited



Nutrition Facts Per Serving						
Serving Size	about 21 pieces (28 g)		Calories	160	Calories from Fat	21
Servings per Container	about 9					
% Daily Value*			% Daily Value*			
Total Fat (11 g)			13%	Vitamin D (0 IU)		0%
Saturated Fat (1.5 g)			7%	Calcium (10 mg)		0%
Trans Fat (0 g)			0%	Iron (0.6 mg)		2%
Cholesterol (0 mg)			0%			
Sodium (200 mg)			9%			
Potassium (130 mg)			2%			
Total Carbohydrates (15 g)			6%			
Dietary Fiber (1 g)			3%			
Total Sugars (1 g)						
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), SALT, WHEY, MALTODEXTRIN (MADE FROM CORN), CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), POTASSIUM SALT, BUTTERMILK, MONOSODIUM GLUTAMATE, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), ONION POWDER, CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, SPICES, LACTOSE, JALAPENO PEPPERS, GARLIC POWDER, WHEY PROTEIN CONCENTRATE, ARTIFICIAL COLOR (YELLOW 6, YELLOW 5, BLUE 1, RED 40) SODIUM CASEINATE, SKIM MILK, CITRIC ACID, MALIC ACID, LACTIC ACID, DISODIUM INOSINATE, AND DISODIUM GUANYLATE. CONTAINS MILK INGREDIENTS.

4119 Pork Cracklins, Chile Picante

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 ounces (14 g)		Calories	80	Calories from Fat	50
Servings per Container	3.5					
% Daily Value*						
Total Fat (6 g)			9%			
Saturated Fat (1 g)			5%			
Trans Fat (0 g)						
Polyunsaturated Fat (1 g)						
Monounsaturated Fat (3.5 g)						
Cholesterol (10 mg)			3%			
Sodium (460 mg)			19%			
Total Carbohydrates (0 g)			0%			
Protein (7 g)			1%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

PORK FAT WITH ATTACHED SKIN, SALT, DEXTROSE, SPICES INCLUDING CHILI PEPPER, TORULA YEAST, MALTODEXTRIN, PAPRIKA, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, YELLOW 6 LAKE, NATURAL FLAVOR, CARAMEL COLOR AND RED 40 LAKE.

# Meat / Seafood

3001 Chicken Breast

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 package (128 g)	Calories	130	Calories from Fat	10
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (1.5 g)	2%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			0%
Trans Fat (0 g)		Calcium			2%
Cholesterol (60 mg)	20%	Iron			4%
Sodium (1150 mg)	48%				
Total Carbohydrates (3 g)	1%				
Dietary Fiber (0 g)	0%				
Total Sugars (0 g)					
Protein (26 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CHICKEN BREAST (CHICKEN MEAT, WATER, FOOD STARCH-MODIFIED, SALT, SODIUM PHOSPHATE.)

5000 Hot Beef Deli Bites

Limited



Nutrition Facts Per Serving					
Serving Size	6 pieces (30 g)	Calories	120	Calories from Fat	90
Servings per Container	about 4				
% Daily Value*			% Daily Value*		
Total Fat (10 g)	15%	Vitamin A			0%
Saturated Fat (4 g)	20%	Vitamin C			0%
Trans Fat (0 g)		Calcium			0%
Cholesterol (25 mg)	8%	Iron			4%
Sodium (390 mg)	16%				
Total Carbohydrates (1 g)	0%				
Dietary Fiber (0 g)	0%				
Total Sugars (0 g)					
Protein (5 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

BEEF, NATURAL SPICES, SALT, May Contain, 2% OR LESS OF: DEXTROSE, LACTIC ACID STARTER CULTURE, NATURAL FLAVORINGS, SODIUM ERYTHOBATE, SODIUM NITRITE, WATER.

## 5001 Beef &amp; Cheddar Stick

Limited



Nutrition Facts Per Serving						
Serving Size	1 package (28 g)		Calories	90	Calories from Fat	50
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (6 g)		9%	Vitamin A		2%	
Saturated Fat (3 g)		15%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		10%	
Cholesterol (25 mg)		8%	Iron		2%	
Sodium (440 mg)		18%				
Total Carbohydrates (3 g)		1%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Protein (6 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BEEF STICK: BEEF, WATER,, TEXTURED SOY FLOUR, SALT, Contains 2% or less of, NATURAL FLAVORS, DEXTROSE, LACTIC ACID STARTER CULTURE, HYDROLYZED SOY PROTEIN, SODIUM NITRITE. CHEESE STICK: CULTURED PASTEURIZED MILK, WATER, SALT, SODIUM PHOSPHATE, NATURAL FLAVORING, SORBIC ACID (PRESERVATIVE), COLOR (PAPRIKA, TURMERIC EXTRACT), ENZYMES. CONTAINS, SOY AND MILK.

## 5002 Beef Salami Summer Sausage

Limited



Nutrition Facts Per Serving						
Serving Size	2 ounces (56 g)		Calories	160	Calories from Fat	110
Servings per Container	2.5					
% Daily Value*			% Daily Value*			
Total Fat (13 g)		19%	Vitamin A		4%	
Saturated Fat (4.5 g)		23%	Vitamin C		0%	
Cholesterol (35 mg)		12%	Calcium		0%	
Sodium (780 mg)		32%	Iron		8%	
Total Carbohydrates (2 g)		1%				
Total Sugars (0 g)						
Protein (11 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BEEF, SALT, DEXTROSE, FLAVORINGS, GARLIC POWDER, LACTIC ACID STARTER CULTURE AND SODIUM NITRITE.

5003 Sliced Pepperoni

Limited



Nutrition Facts Per Serving								
Serving Size	15 slices (28 g)		Calories	140	Calories from Fat	0		
Servings per Container	3.5							
% Daily Value*			% Daily Value*					
Total Fat (13 g)		17%	Vitamin D (0 IU)		0%			
Saturated Fat (6 g)		30%	Calcium (0 mg)		0%			
Trans Fat (0.5 g)			Iron (0.4 mg)		2%			
Cholesterol (35 mg)		12%						
Sodium (490 mg)		21%						
Potassium (0 mg)		0%						
Total Carbohydrates (0 g)		0%						
Dietary Fiber (0 g)		0%						
Total Sugars (0 g)								
Added Sugars (0 g)		0%						
Protein (5 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

PORK, BEEF, SALT. Contains 2% or less of: WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID.

5004 Mackerel

Better Choice



Nutrition Facts Per Serving						
Serving Size	2 ounces (56 g)		Calories	120	Calories from Fat	0
Servings per Container	about 4					
% Daily Value*			% Daily Value*			
Total Fat (5 g)		8%	Vitamin D (1 IU)		5%	
Saturated Fat (1.5 g)		10%	Calcium		0%	
Trans Fat (0 g)		0%	Iron (2 mg)		8%	
Cholesterol (50 mg)		20%				
Sodium (270 mg)		13%				
Potassium (146 mg)		3%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Added Sugars (0 g)		0%				
Protein (18 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

MACKEREL, WATER, SALT. CONTAINS: MACKEREL.

5006 Tuna in Water

Better Choice



Nutrition Facts Per Serving						
Serving Size	1 package (120 g)		Calories	110	Calories from Fat	0
Servings per Container		1				
% Daily Value*			% Daily Value*			
Total Fat (0.5 g)		1%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Cholesterol (55 mg)		18%	Iron		8%	
Sodium (570 mg)		24%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)						
Total Sugars (0 g)						
Protein (24 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

TUNA FISH, WATER, VEGETABLE BROTH (PEA AND CARROT EXTRACT), SALT. CONTAINS: TUNA.

5009 Smoked Clams

Limited



Nutrition Facts Per Serving						
Serving Size	1/3 cups (47 g)		Calories	90	Calories from Fat	45
Servings per Container	about 2					
% Daily Value*			% Daily Value*			
Total Fat (8 g)		8%	Vitamin A		4%	
Saturated Fat (1.5 g)		7%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		4%	
Cholesterol (45 mg)		14%	Iron		60%	
Sodium (330 mg)		14%				
Total Carbohydrates (8 g)		1%				
Dietary Fiber (2 g)		6%				
Total Sugars (0 g)						
Protein (10 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SMOKED BABY CLAMS, COTTONSEED OIL, SALT.

5010 Spam

Limited



Nutrition Facts Per Serving					
Serving Size	1 package	Calories	210	Calories from Fat	160
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (21 g)	28%		Vitamin A		0%
Saturated Fat (7 g)	35%		Vitamin C		0%
Trans Fat (0 g)			Calcium		0%
Cholesterol (50 mg)	17%		Iron		2%
Sodium (830 mg)	35%				
Total Carbohydrates (2 g)	1%				
Dietary Fiber (0 g)	0%				
Total Sugars (1 g)					
Protein (9 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PORK, WATER, SALT, MODIFIED POTATOE STARCH, SUGAR, POTASSIUM CHLORIDE, SODIUM NITRITE.

5011 Hot Summer Sausage

Limited



Nutrition Facts Per Serving					
Serving Size	2 ounces (56 g)	Calories	160	Calories from Fat	110
Servings per Container	2.5				
% Daily Value*			% Daily Value*		
Total Fat (13 g)	19%		Vitamin A		4%
Saturated Fat (4.5 g)	23%		Vitamin C		0%
Cholesterol (35 mg)	12%		Calcium		0%
Sodium (780 mg)	32%		Iron		8%
Total Carbohydrates (2 g)	1%				
Total Sugars (0 g)					
Protein (11 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

BEEF, SALT, FLAVORINGS, DEXTROSE, LACTIC ACID STARTER CULTURE AND SODIUM NITRITE.

## 5012 Shredded Beef

Limited



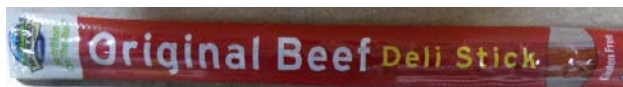
Nutrition Facts Per Serving						
Serving Size	1 package (198 g)		Calories	250	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (10 g)		13%	Vitamin D (0 IU)		0%	
Saturated Fat (4 g)		20%	Calcium		0%	
Trans Fat (0 g)			Iron (4 mg)		20%	
Cholesterol (120 mg)		40%				
Sodium (770 mg)		33%				
Potassium (248 mg)		5%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Added Sugars (0 g)		0%				
Protein (40 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

COOKED SHREDDED BEEF, BEEF BROTH, SALT.

## 5013 Beef Stick

Limited



Nutrition Facts Per Serving						
Serving Size	1 package (50 g)		Calories	220	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (17 g)	26%	Vitamin A (0 IU)				
Saturated Fat (7 g)	35%	Vitamin C (0 mg)				
Trans Fat (0 g)		Calcium		0%		
Cholesterol (45 mg)	15%	Iron		6%		
Sodium (760 mg)	32%					
Potassium	4%					
Total Carbohydrates (2 g)	1%					
Dietary Fiber (0 g)	0%					
Total Sugars (1 g)						
Protein (10 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BEEF, SALT, Contains 2% or less of: CORN SYRUP SOLIDS, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE, NATURAL FLAVORINGS, SODIUM ERYTHOBATE, GARLIC POWDER, SODIUM NITRITE, WATER.

5014 Halal Summer Sausage

Limited



Nutrition Facts Per Serving					
Serving Size	2 ounces (56 g)	Calories	160	Calories from Fat	110
Servings per Container	2.5				
% Daily Value*			% Daily Value*		
Total Fat (13 g)	19%	Vitamin A		4%	
Saturated Fat (4.5 g)	23%	Vitamin C		0%	
Cholesterol (35 mg)	12%	Calcium		0%	
Sodium (780 mg)	32%	Iron		8%	
Total Carbohydrates (2 g)	1%				
Total Sugars (0 g)					
Protein (11 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

BEEF, SALT. Less than 2% of: CORN SYRUP, SPICES, FLAVORINGS, DEXTROSE, VINEGAR, LACTIC ACID, CITRIC ACID, SODIUM NITRITE.

5016 Roast Beef & Gravy

Limited



Nutrition Facts Per Serving					
Serving Size	1.5 cups (284 g)	Calories	300	Calories from Fat	
Servings per Container	2				
% Daily Value*			% Daily Value*		
Total Fat (5 g)	13%	Vitamin D (0 IU)		0%	
Saturated Fat (4.5 g)	23%	Calcium (36 mg)		2%	
Trans Fat (0 g)		Iron (5 mg)		30%	
Cholesterol (85 mg)	28%				
Sodium (1110 mg)	48%				
Potassium (459 mg)	10%				
Total Carbohydrates (5 g)	5%				
Dietary Fiber (1 g)	4%				
Total Sugars (1 g)					
Added Sugars (0 g)	0%				
Protein (19 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

COOKED BEEF, WATER, MODIFIED FOOD STARCH, Contains less than 2% of: TOMATO PASTE, ROASTED BEEF INCLUDING BEEF JUICES, AUTOLYZED YEAST EXTRACT, POTATO FLOUR, MALTODEXTRIN, CORN OIL, NATURAL FLAVORS, CARAMEL COLOR, PAPRIKA, ONION POWDER, SALT, GARLIC POWDER, BLACK PEPPER.

5020 Real Bacon Bits

Limited



Nutrition Facts Per Serving				
Serving Size	1 tablespoon (7 g)	Calories	25	Calories from Fat
Servings per Container	about 12			0
% Daily Value*				
Total Fat (1.5 g)	2%			
Saturated Fat (1 g)	5%			
Trans Fat (0 g)				
Cholesterol (10 mg)	3%			
Sodium (210 mg)	9%			
Potassium (35 mg)	1%			
Total Carbohydrates (0 g)	0%			
Protein (3 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

BACON (Cured With WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE, May Also Contain SMOKE FLAVORING, DEXTROSE, BROWN SUGAR, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, SODIUM DIACETATE, FLAVORING, HONEY.

5023 Beef Barbacoa

Limited



Nutrition Facts Per Serving				
Serving Size	1/4 cups (55 g)	Calories	80	Calories from Fat
Servings per Container	3			30
% Daily Value*		% Daily Value*		
Total Fat (3.5 g)	5%	Vitamin A		0%
Saturated Fat (1 g)	5%	Vitamin C		0%
Trans Fat (0 g)		Calcium		0%
Cholesterol (19 mg)	6%	Iron		4%
Sodium (220 mg)	9%			
Total Carbohydrates (1 g)	0%			
Dietary Fiber (0 g)	0%			
Total Sugars (0 g)				
Protein (12 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

COOKED BEEF, WATER, BEEF EXTRACT, ONION POWDER,, SPICES AND COLORING, YEAST EXTRACT, GARLIC POWDER, SALT, SUGAR AND NATURAL FLAVOR.

5026 Pink Salmon, 2.5 oz

Best Choice



Nutrition Facts Per Serving						
Serving Size	1 package (70 g)		Calories	70	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		1%	Vitamin D (10 IU)		50%	
Saturated Fat (0 g)		0%	Calcium (12 mg)		0%	
Trans Fat (0 g)			Iron (0.3 mg)		2%	
Cholesterol (35 mg)		12%				
Sodium (180 mg)		8%				
Potassium (218 mg)		4%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Added Sugars (0 g)		0%				
Protein (15 g)		27%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

PINK SALMON, WATER, VEGETABLE BROTH (CONTAINS: SOY), SALT.

5027 Small Summer Sausage, Hot

Limited



Nutrition Facts Per Serving						
Serving Size	1 package (46 g)		Calories	150	Calories from Fat	110
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (12 g)		19%	Vitamin A		0%	
Saturated Fat (4 g)		20%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (40 mg)		14%	Iron		4%	
Sodium (630 mg)		26%				
Total Carbohydrates (2 g)		1%				
Dietary Fiber (0 g)						
Total Sugars (2 g)						
Protein (8 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BEEF, CHICKEN, SALT. Less than 2% of: CORN SYRUP, SPICES, FLAVORINGS, HYDROLYZED SOY PROTEIN, DEXTROSE, VINEGAR, LACTIC ACID, CITRIC ACID, SODIUM NITRITE, OLEORESIN PAPRIKA. CONTAINS: SOY.

## 5029 Small Summer Sausage, Regular

Limited



Nutrition Facts Per Serving						
Serving Size	1 package (46 g)		Calories	150	Calories from Fat	110
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (12 g)		19%	Vitamin A		0%	
Saturated Fat (4 g)		20%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (40 mg)		14%	Iron		4%	
Sodium (630 mg)		26%				
Total Carbohydrates (2 g)		1%				
Dietary Fiber (0 g)						
Total Sugars (2 g)						
Protein (8 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BEEF, CHICKEN, SALT. Contains 2% or less of: CORN SYRUP, FLAVORINGS, HYDROLYZED SOY PROTEIN, DEXTROSE, VINEGAR, LACTIC ACID, CITRIC ACID, SODIUM NITRITE. CONTAINS: SOY.

## 5030 Beef Crumbles

Better Choice



Nutrition Facts Per Serving						
Serving Size	1/4 cups (55 g)		Calories	80	Calories from Fat	30
Servings per Container	3					
% Daily Value*			% Daily Value*			
Total Fat (3 g)		5%	Vitamin A		0%	
Saturated Fat (1.5 g)		8%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (30 mg)		10%	Iron		8%	
Sodium (195 mg)		8%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Protein (12 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

COOKED BEEF, WATER, SALT, BEEF EXTRACT, CARMEL COLOR, ONION, GARLIC, SPICE.

## 5031 Power Snack Peppered Beef Stick

Best Choice



Nutrition Facts Per Serving						
Serving Size	1 package (14 g)		Calories	30	Calories from Fat	10
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (1 g)		2%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (10 mg)		3%	Iron		2%	
Sodium (100 mg)		4%				
Total Carbohydrates (1 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (1 g)						
Protein (4 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

BEEF, HONEY, Contains 2% or less of: SPICES, CORN SYRUP SOLIDS, WATER, DEXTROSE, SALT, NATURAL FLAVORING, LACTIC ACID STARTER CULTURE, SODIUM ERYTHOBATE, SODIUM NITRITE.

## 5032 Bacon, Fully Cooked, 2.2 oz

Limited



Nutrition Facts Per Serving						
Serving Size	3 slices (15 g)		Calories	80	Calories from Fat	60
Servings per Container	about 4					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		11%	Vitamin A		0%	
Saturated Fat (2.5 g)		13%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Polyunsaturated Fat (0.5 g)			Iron		0%	
Monounsaturated Fat (3 g)						
Cholesterol (15 mg)		5%				
Sodium (320 mg)		13%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Protein (5 g)		8%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

Cured With: WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHOBATE, SODIUM NITRITE.

## 5033 Bridgford Chorizo, 3.5 oz

Limited



Nutrition Facts Per Serving					
Serving Size	1 each (40 g)	Calories	210	Calories from Fat	190
Servings per Container	about 2				
% Daily Value*			% Daily Value*		
Total Fat (19 g)	29%	Vitamin A			0%
Saturated Fat (6.5 g)	22%	Vitamin C			21%
Trans Fat (0 g)		Calcium			0%
Cholesterol (60 mg)	20%	Iron			7%
Sodium (940 mg)	39%				
Total Carbohydrates (2 g)	1%				
Dietary Fiber (0 g)	0%				
Total Sugars (0 g)					
Protein (14 g)	28%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

PORK, SALT, WATER, PAPRIKA, DEXTROSE, SPICES AND FLAVORINGS, EXTRACTIVE OF PAPRIKA, SODIUM ASCORBATE, GARLIC POWDER, LACTIC ACID STARTER CULTURE, SODIUM NITRITE.

## 5034 Chilorio Shredded Pork

Limited



Nutrition Facts Per Serving				
Serving Size	1 package (125 g)	Calories	250	Calories from Fat
Servings per Container	1			
% Daily Value*		% Daily Value*		
Total Fat (17 g)	22%	Vitamin D (1 IU)		6%
Saturated Fat (6 g)	30%	Calcium (7 mg)		0%
Trans Fat (0 g)		Iron (1 mg)		6%
Cholesterol (85 mg)	28%			
Sodium (125 mg)	5%			
Potassium (410 mg)	8%			
Total Carbohydrates (0 g)	0%			
Dietary Fiber (0 g)	0%			
Total Sugars (0 g)				
Added Sugars (0 g)	0%			
Protein (23 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

## Ingredients / Allergens:

PORK, PORK LARD, VINEGAR, CHILI BLEND ( GUAJILLO, ANCHO), SALT, GARLIC POWDER, BLACK PEPPER, CUMIN.

5040 Power Snack Honey Peppered Turkey Stick

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 package (17 g)	Calories	30	Calories from Fat	10
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	2%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			0%
Trans Fat (0 g)		Calcium			0%
Cholesterol (10 mg)	3%	Iron			2%
Sodium (105 mg)	4%				
Total Carbohydrates (2 g)	1%				
Dietary Fiber (0 g)	0%				
Total Sugars (1 g)					
Protein (4 g)	8%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

TURKEY, HONEY, Contains 2% or less of: CORN SYRUP SOLIDS, SPICES, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, CARRAGEENAN, SODIUM ERYTHOBATE, GARLIC POWDER, SODIUM NITRITE IN COLLAGEN CASING.

5301 Chili w/Beans

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 package (319 g)	Calories	350	Calories from Fat	60
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (6 g)	9%	Vitamin A			4%
Saturated Fat (2.5 g)	13%	Vitamin C			0%
Trans Fat (0 g)		Calcium			15%
Cholesterol (10 mg)	3%	Iron			25%
Sodium (910 mg)	38%				
Total Carbohydrates (53 g)	18%				
Dietary Fiber (10 g)	40%				
Total Sugars (7 g)					
Protein (18 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WATER, SEASONED COOKED BEEF PATTY CRUMBLES (BEEF, WATER, TEXTURED SOY FLOUR, SALT, CARAMEL COLOR), PINTO BEANS, TOMATO PASTE, MODIFIED FOOD STARCH WITH ERYTHORBIC ACID, TEXTURED VEGETABLE PROTEIN (SOY FLOUR, CARAMEL COLOR), CONTAINS 2% OR LESS OF THE FOLLOWING: BROWN SUGAR (CANE SUGAR, CANE SYRUP), CHILI POWDER (, CHILI PEPPER AND OTHER SPICES, SALT, DEHYDRATED GARLIC, AND LESS THAN 2%, SILICON DIOXIDE, Added as a Free Flow Agent), ONION POWDER, ENRICHED FLOUR, (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, GARLIC POWDER, SPICES. CONTAINS: SOY, WHEAT

5314 Chili w/o Beans

Best Choice



Nutrition Facts Per Serving						
Serving Size	1 package (319 g)		Calories	820	Calories from Fat	670
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (8 g)	115%		Vitamin A		0%	
Saturated Fat (33 g)	164%		Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (105 mg)	34%		Iron		2%	
Sodium (2170 mg)	90%					
Total Carbohydrates (28 g)	6%					
Dietary Fiber (5 g)	22%					
Total Sugars (6 g)						
Protein (19 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WATER, BEEF, FLAVORINGS (CHILI PEPPER, SALT, WHEAT GLUTEN, SUGAR, TOASTED SOY FLOUR, CORN FLOUR, NATURAL FLAVORINGS, SPICES, CARAMEL COLOR, MONOSODIUM GLUTAMATE), TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (SOY FLOUR, CARAMEL COLOR), ROLLED OATS. CONTAINS: WHEAT, SOY

9502 Taco Mix

Better Choice



Nutrition Facts Per Serving						
Serving Size	31.20 grams (31.20 g)		Calories	114	Calories from Fat	45
Servings per Container	7					
% Daily Value*			% Daily Value*			
Total Fat (4 g)		3%	Vitamin A		0%	
Saturated Fat (1 g)		0%	Vitamin C		0%	
Trans Fat (0 g)		0%	Calcium		0%	
Cholesterol (0 mg)		0%	Iron		10%	
Sodium (720 mg)		24%				
Total Carbohydrates (8 g)		2%				
Dietary Fiber (4 g)		40%				
Total Sugars (2 g)						
Protein (12 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

TEXTURED VEGETABLE PROTEIN (SOY FLOUR, CARAMEL COLOR), SOYBEAN OIL, SALT, AUTOLYZED YEAST, SPICES, DEXTROSE, ONION, GARLIC, PAPRIKA. CONTAINS: SOY. Packed in a Facility that handles: TREE NUTS, PEANUTS, WHEAT, SOY, AND MILK PRODUCTS.

# Grocery

5300 Mixed Vegetables 2 pack, 14 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/2 cups (99 g)		Calories	20	Calories from Fat
Servings per Container	4				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Vitamin D (0 IU)		0%
Saturated Fat (0 g)	0%		Calcium (10 mg)		0%
Trans Fat (0 g)			Iron (0.4 mg)		2%
Cholesterol (0 mg)	0%				
Sodium (100 mg)	4%				
Potassium (90 mg)	2%				
Total Carbohydrates (4 g)	1%				
Dietary Fiber (1 g)	4%				
Total Sugars (1 g)					
Added Sugars (0 g)	0%				
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

VEGETABLES (CARROTS, POTATOES, CELERY, CORN, GREEN BEANS, PEAS, LIMA BEANS), WATER, SEA SALT, ASCORBIC ACID (TO PROMOTE COLOR RETENTION)

5303 Salsa

Better Choice



Nutrition Facts Per Serving						
Serving Size	2 tablespoons (30 g)		Calories	5	Calories from Fat	0
Servings per Container	about 15					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium		0%	
Trans Fat (0 g)			Iron		0%	
Cholesterol (0 mg)		0%				
Sodium (35 mg)		2%				
Potassium (0 mg)		0%				
Total Carbohydrates (1 g)		0%				
Dietary Fiber (1 g)		0%				
Total Sugars (1 g)						
Added Sugars (0 g)		0%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WATER, DICED TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID,, CALCIUM CHLORIDE), TOMATO PASTE, MODIFIED FOOD STARCH, CONTAINS <2% OF JALAPENO PEPPERS (JALAPENO PEPPERS, VINEGAR, SALT), DISTILLED VINEGAR, GREEN BELL PEPPERS (GREEN BELL PEPPERS, VINEGAR, SALT), RED BELL PEPPERS (RED BELL PEPPERS, VINEGAR, SALT), CHILI PEPPER, DEHYDRATED ONION AND GARLIC, SPICE, PAPRIKA (COLOR), NATURAL FLAVOR, SALT, DRIED GARLIC, SODIUM BENZOATE (PRESERVATIVE)

## 5305 Soy Sauce

Limited



Nutrition Facts Per Serving						
Serving Size	15 milliliters (17 g)		Calories	5	Calories from Fat	0
Servings per Container	20					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium (2 mg)		0%	
Trans Fat (0 g)		0%				
Cholesterol (0 mg)		0%				
Sodium (1334 mg)		58%				
Potassium (6 mg)		0%				
Total Carbohydrates (0 g)		0%				
Total Sugars (0.5 g)		0%				
Added Sugars (0.5 g)		1%				
Protein (1 g)		0%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WATER, SOY SAUCE, SALT, SUGAR, ACETIC ACID, POTASSIUM SORBATE, SODIUM BENZOATE.

## 5306 Cheddar Cheese Bar

Limited



Nutrition Facts Per Serving									
Serving Size	1 ounce (28 g)	Calories	100	Calories from Fat					
Servings per Container	4								
% Daily Value*		% Daily Value*							
Total Fat (8 g)	10%	Vitamin D (0 IU)		0%					
Saturated Fat (6 g)	30%	Calcium (183 mg)		15%					
Trans Fat (0 g)		Iron (0 mg)		0%					
Cholesterol (25 mg)	8%								
Sodium (360 mg)	16%								
Potassium (23 mg)	0%								
Total Carbohydrates (1 g)	0%								
Dietary Fiber (0 g)	0%								
Total Sugars (0 g)									
Added Sugars (0 g)	0%								
Protein (6 g)									
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.									

Ingredients / Allergens:

CULTURED PASTEURIZED MILK, WATER, SALT, SODIUM PHOSPHATE, NATURAL FLAVORING, SORBIC ACID (PRESERVATIVE), COLOR (PAPRIKA, TURMERIC EXTRACT), ENZYMES. Allergen: MILK.

## 5307 Cheddar Squeeze Cheese

Limited



Nutrition Facts Per Serving								
Serving Size	2 tablespoons (30 g)		Calories	80	Calories from Fat	80		
Servings per Container	about 15							
% Daily Value*			% Daily Value*					
Total Fat (6 g)		8%	Vitamin D (0 IU)		0%			
Saturated Fat (1.5 g)		9%	Calcium (72 mg)		6%			
Trans Fat (0 g)			Iron (0 mg)		0%			
Cholesterol (5 mg)		2%						
Sodium (490 mg)		22%						
Potassium (83 mg)		2%						
Total Carbohydrates (5 g)		2%						
Dietary Fiber (0 g)		0%						
Total Sugars (3 g)								
Added Sugars (0 g)		0%						
Protein (2 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

WATER, CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WHEY, SOYBEAN OIL, MODIFIED FOOD STARCH, Less than 2% SODIUM PHOSPHATE, SALT, LACTIC ACID, NATURAL FLAVOR, XANTHAN GUM, SORBIC ACID (As A Preservative), ANNATTO COLOR. CONTAINS, MILK, SOY.

## 5308 Jalapeño Squeeze Cheese

Limited



Nutrition Facts Per Serving						
Serving Size	2 tablespoons (30 g)		Calories	80	Calories from Fat	0
Servings per Container	about 15					
% Daily Value*			% Daily Value*			
Total Fat (6 g)		7%	Vitamin D (0 IU)		0%	
Saturated Fat (1.5 g)		8%	Calcium (71 mg)		6%	
Trans Fat (0 g)			Iron (0 mg)		2%	
Cholesterol (5 mg)		2%				
Sodium (480 mg)		21%				
Potassium (63 mg)		2%				
Total Carbohydrates (5 g)		2%				
Dietary Fiber (0 g)		0%				
Total Sugars (3 g)						
Added Sugars (0 g)		0%				
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WATER, CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WHEY, SOYBEAN OIL, MODIFIED FOOD STARCH, JALAPENO PEPPER, Less than 2% SODIUM PHOSPHATE, SALT, LACTIC ACID, XANTHAN GUM, SORBIC ACID (As A Preservative), ANNATTO COLOR, JALAPENO FLAVOR, HOT PEPPER CONCENTRATE. CONTAINS, MILK, SOY.

## 5309 Jalapeño Wheels

Better Choice



Nutrition Facts Per Serving						
Serving Size	10 slices (30 g)		Calories	5	Calories from Fat	0
Servings per Container	about 7					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium (10 mg)		0%	
Trans Fat (0 g)			Iron (0 mg)		2%	
Cholesterol (0 mg)		0%				
Sodium (630 mg)		27%				
Potassium (18 mg)		0%				
Total Carbohydrates (2 g)		1%				
Dietary Fiber (1 g)		4%				
Total Sugars (0 g)						
Added Sugars (0 g)		0%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

JALAPENO WHEELS, WATER, DISTILLED VINEGER, SALT, SODIUM METABISULPHITE PRESERVATIVE, SODIUM BENZOATE PRESERVATIVE, SODIUM BICARBONATE PRESERVATIVE, GARLIC, SPICES.

## 5311 Creamy Peanut Butter

Best Choice



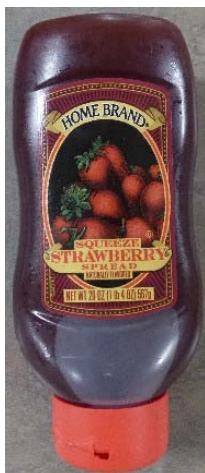
Nutrition Facts Per Serving				
Serving Size	1 tablespoon (20 g)	Calories	50	Calories from Fat
Servings per Container	27			
% Daily Value*				
Total Fat (0 g)	0%			
Sodium (0 mg)	0%			
Total Carbohydrates (13 g)	5%			
Total Sugars (11 g)				
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

STRAWBERRY JUICE CONCENTRATE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, water, SUGAR, PECTIN, CITRIC ACID (, added as a preservative only)

## 5312 Strawberry Jelly

Limited



Nutrition Facts Per Serving					
Serving Size	1 tablespoon (20 g)	Calories	60	Calories from Fat	0
Servings per Container	23				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Vitamin A			0%
Saturated Fat (0 g)	0%	Vitamin C			2%
Trans Fat (0 g)		Calcium			0%
Cholesterol (0 mg)	0%	Iron			0%
Sodium (5 mg)	0%				
Total Carbohydrates (14 g)	5%				
Dietary Fiber (0 g)	0%				
Total Sugars (9 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

FRUIT (STRAWBERRIES, MARIONBERRIES, RED RASPBERRIES), HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, NATURAL FRUIT PECTIN, CITRIC ACID, POTASSIUM SORBATE As A Preservative.

## 5313 Honey

Best Choice



Nutrition Facts Per Serving					
Serving Size	about 1 ounce (28 g)	Calories	86	Calories from Fat	0
Servings per Container	about 12				
% Daily Value*			% Daily Value*		
Total Fat (0 g)		Vitamin A (0 IU)			
Saturated Fat (0 g)		Vitamin C (0.14 mg)			
Cholesterol (0 mg)		Calcium (1.4 mg)			
Sodium (0.8 mg)		Phosphorous (1.4 mg)			
Potassium (14 mg)		Magnesium (0.6 mg)			
Total Carbohydrates (23 g)		Zinc (0.04 mg)			
Dietary Fiber (0 g)		Ash (0.06 mg)			
Total Sugars (22 g)					
Protein (0.2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CLOVER HONEY.

## 5315 Mini Marshmallows

Limited



Nutrition Facts Per Serving					
Serving Size	2/3 cups (30 g)	Calories	90	Calories from Fat	
Servings per Container	about 19				
% Daily Value*					
Total Fat (0 g)			0%		
Sodium (25 mg)			1%		
Total Carbohydrates (23 g)			8%		
Total Sugars (18 g)					
Added Sugars (18 g)			35%		
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN SYRUP, SUGAR, WATER, MODIFIED CORN STARCH,, Contains 2% or less of: GELATIN, NATURAL AND ARTIFICIAL FLAVOR, TETRASODIUM PYROPHOSPHATE, BLUE 1.

## 5322 Parkay Squeeze Spread

Limited



Nutrition Facts Per Serving					
Serving Size	1 tablespoon (14 g)	Calories	70	Calories from Fat	70
Servings per Container	about 24				
% Daily Value*			% Daily Value*		
Total Fat (8 g)		13%	Vitamin A		10%
Saturated Fat (1.5 g)		7%			
Trans Fat (0 g)					
Polyunsaturated Fat (4.5 g)					
Monounsaturated Fat (2 g)					
Cholesterol (0 mg)		0%			
Sodium (110 mg)		5%			
Total Carbohydrates (0 g)		0%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

LIQUID SOYBEAN OIL, WATER, SALT. Contains 2% or less of: HYDROGENATED COTTONSEED OIL, VEGETABLE MONOGLYCERIDES AND SOY LECITHIN (EMULSIFIERS), POTASSIUM SORBATE AND SODIUM BENZOATE (To Preserve Freshness), NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID (ACIDULANT), VITAMIN A PALMITATE. Colored WITH: BETA CAROTENE (SOURCE OF VITAMIN A). CONTAINS: SOY.

## 5324 GoGo Squeez Yogurt, 3 oz

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 packet (85 g)		Calories	90	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (1.5 g)		2%	Vitamin D (1 IU)		6%
Saturated Fat (1 g)		5%	Calcium (150 mg)		10%
Trans Fat (0 g)			Iron (0.1 mg)		0%
Cholesterol (5 mg)		2%			
Sodium (50 mg)		2%			
Potassium (200 mg)		4%			
Total Carbohydrates (15 g)		5%			
Dietary Fiber (0 g)		0%			
Total Sugars (14 g)					
Added Sugars (8 g)		16%			
Protein (4 g)		8%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CULTURED REDUCED FAT MILK, CANE SUGAR, STRAWBERRY PUREE CONCENTRATE, PECTIN, TAPIOCA STARCH, NATURAL FLAVORS

## 5329 Crunchy Peanut Butter

Best Choice



Nutrition Facts Per Serving								
Serving Size	2 tablespoons (32 g)		Calories	180	Calories from Fat	0		
Servings per Container	about 16							
% Daily Value*			% Daily Value*					
Total Fat (15 g)			20%	Vitamin D (0 IU)		0%		
Saturated Fat (2.5 g)			14%	Calcium (19 mg)		2%		
Trans Fat (0 g)				Iron (0.5 mg)		2%		
Polyunsaturated Fat (3 g)								
Monounsaturated Fat (8 g)								
Cholesterol (0 mg)			0%					
Sodium (100 mg)			4%					
Potassium (189 mg)			4%					
Total Carbohydrates (9 g)			3%					
Dietary Fiber (2 g)			8%					
Total Sugars (3 g)								
Added Sugars (2 g)			3%					
Protein (7 g)			7%					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

PEANUTS, SUGAR, Contains 2% or less of: , FULLY HYDROGENATED VEGETABLE OILS (COTTONSEED, SOYBEAN, RAPESEED), DEXTROSE, SALT, MOLASSES AND MONOGLYCERIDES. CONTAINS, PEANUTS

## 5330 El Pato Sauce (Rotating)

Better Choice

Rotating Flavor: Hot Sauce



Nutrition Facts Per Serving					
Serving Size	1 teaspoon (5 g)	Calories	0	Calories from Fat	0
Servings per Container	71				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Iron (0 mg)			0%
Trans Fat (0 g)					
Sodium (85 mg)	3%				
Potassium (0 mg)	0%				
Total Carbohydrates (0 g)	0%				
Dietary Fiber (0 g)	0%				
Protein (0 g)	0%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

WATER, dried chili peppers, SALT, ACETIC ACID, SPICE, XANTHAN GUM, SODIUM BENZOATE (As Preservatives, SODIUM ERYTHOBATE, and sodium metabisulfite (, as antioxidants),, fd & C red no. 40 and fd&c yellow no.6, contains: sulfites

## 5331 No Bake Cheesecake

Limited



Nutrition Facts Per Serving					
Serving Size	1/6 packages (53 g)	Calories	220	Calories from Fat	40
Servings per Container	6				
% Daily Value*			% Daily Value*		
Total Fat (4.5 g)	5%	Vitamin A			0%
Saturated Fat (3.5 g)	16%	Vitamin C			0%
Trans Fat (0 g)		Calcium			10%
Cholesterol (0 mg)	0%	Iron			4%
Sodium (350 mg)	14%				
Total Carbohydrates (40 g)	13%				
Dietary Fiber (1 g)	2%				
Total Sugars (28 g)					
Protein (4 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## Ingredients / Allergens:

Filling: SUGAR, BAKER'S CHEESE (NONFAT MILK, LACTIC ACID, CULTURES), DEXTROSE, PALM KERNEL OIL, TAPIOCA STARCH-MODIFIED, MODIFIED CORN STARCH, SODIUM CASEINATE. Contains 2% or less of: EMULSIFIERS, CORN SYRUP SOLIDS, TETRASODIUM PYROPHOSPHATE, DISODIUM PHOSPHATE, ARTIFICIAL FLAVOR, SALT, WHEAT STARCH, COLOR (YELLOW 5, YELLOW 6). Crust: ENRICHED FLOUR, SUGAR, WHOLE WHEAT FLOUR, PALM OIL, HIGH FRUCTOSE CORN SYRUP, BROWN SUGAR, HONEY, SODIUM BICARBONATE, MOLASSES, SALT, MALT SYRUP, ARTIFICIAL FLAVOR. CONTAINS: WHEAT, MILK. Manufactured on equipment that also processes: EGG, WALNUTS, PEANUTS.

## 5332 Mayonnaise

Limited



Nutrition Facts Per Serving								
Serving Size	1 tablespoon (13 g)		Calories	90	Calories from Fat	0		
Servings per Container	about 24							
% Daily Value*			% Daily Value*					
Total Fat (10 g)			13%	Vitamin D		0%		
Saturated Fat (1.5 g)			8%	Calcium		0%		
Trans Fat (0 g)				Iron		0%		
Polyunsaturated Fat (5 g)								
Monounsaturated Fat (2.5 g)								
Cholesterol (5 mg)			1%					
Sodium (70 mg)			3%					
Potassium			0%					
Total Carbohydrates (0 g)			0%					
Dietary Fiber (0 g)			0%					
Total Sugars (0 g)								
Added Sugars (0 g)			0%					
Protein (0 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

SOYBEAN OIL, WATER, EGGS, VINEGAR, Contains less than 2% of, EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONION, DRIED GARLIC, PAPRIKA, NATURAL FLAVOR, CALCIUM DISODIUM EDTA (To Protect Flavor) . CONTAINS: EGG.

## 5333 Pepperjack Cheese Spread

Limited



Nutrition Facts Per Serving						
Serving Size	2 tablespoons (30 g)		Calories	70	Calories from Fat	50
Servings per Container	about 8					
% Daily Value*			% Daily Value*			
Total Fat (6 g)		9%	Vitamin A		2%	
Saturated Fat (2 g)		9%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		6%	
Cholesterol (5 mg)		2%	Iron		0%	
Sodium (500 mg)		21%				
Total Carbohydrates (4 g)		1%				
Dietary Fiber (0 g)		0%				
Total Sugars (3 g)						
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WATER, CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, SOYBEAN OIL, MODIFIED FOOD STARCH, JALAPENO PEPPERS. Less than 2%: SODIUM PHOSPHATE, SALT, LACTIC ACID, XANTHAN GUM, SORBIC ACID (PRESERVATIVE), PEPPER CONCENTRATE, ANNATTO COLOR. CONTAINS: MILK, SOY.

## 5334 BBQ Sauce

Limited



Nutrition Facts Per Serving					
Serving Size	2 tablespoons (36 g)		Calories	50	Calories from Fat
Servings per Container	about 14				
% Daily Value*			% Daily Value*		
Total Fat (0 g)		0%	Vitamin D		0%
Saturated Fat (0 g)		0%	Calcium		2%
Trans Fat (0 g)			Iron		4%
Cholesterol (0 mg)		0%			
Sodium (310 mg)		13%			
Potassium		2%			
Total Carbohydrates (13 g)		5%			
Dietary Fiber (0 g)		0%			
Total Sugars (10 g)					
Added Sugars (10 g)		20%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

TOMATO PUREE, HIGH FRUCTOSE CORN SYRUP, VINEGAR, MOLASSES, SALT, CONTAINS LESS THAN 2% OF: MODIFIED FOOD STARCH, NATURAL HICKORY SMOKE FLAVOR, MUSTARD FLOUR, DRIED ONION, SPICES, DRIED GARLIC, POTASSIUM SORBATE

## 5335 Chili con Queso

Limited

Rotating Flavor: Chili con Queso



Nutrition Facts Per Serving					
Serving Size	2 tablespoons (28 g)		Calories	70	Calories from Fat
Servings per Container	8				
% Daily Value*			% Daily Value*		
Total Fat (5 g)			6%	Vitamin D (0 IU)	0%
Saturated Fat (3 g)			15%	Calcium	10%
Trans Fat (0 g)				Iron	0%
Cholesterol (15 mg)			5%		
Sodium (360 mg)			16%		
Potassium			0%		
Total Carbohydrates (0 g)			0%		
Dietary Fiber (0 g)			0%		
Total Sugars (0 g)					
Added Sugars (0 g)			0%		
Protein (4 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PEPPER JACK CHEESE (PASTEURIZED MILK, JALAPENOS, CHEESE CULTURES, SALT, ENZYMES), WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), MILKFAT, SODIUM PHOSPHATE, JALAPENO PEPPERS, GREEN CHILIS, LACTIC ACID, SORBIC ACID (PRESERVATIVE), RED BELL PEPPERS, COLOR ADDED

5336 Hot Pickle

Better Choice



Nutrition Facts Per Serving						
Serving Size	about 1 ounce (28 g)		Calories	0	Calories from Fat	0
Servings per Container	about 5					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin A		0%	
Sodium (360 mg)		15%	Vitamin C		2%	
Total Carbohydrates (1 g)		0%	Calcium		0%	
Dietary Fiber (0 g)		0%	Iron		0%	
Total Sugars (1 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

CUCUMBER, WATER, SALT, VINEGAR, NATURAL FLAVORING, SODIUM BENZOATE, POTASSIUM SORBATE (To Prevent Spoilage), OLEORESIN CAPSICUM, CALCIUM CHLORIDE, ALUM, YELLOW 5.

5337 Ranch Dressing Packet

Limited



Nutrition Facts Per Serving								
Serving Size	1.5 ounces (43 g)		Calories	210	Calories from Fat			
Servings per Container	1							
% Daily Value*			% Daily Value*					
Total Fat (21 g)	27%		Vitamin D		0%			
Saturated Fat (3.5 g)	18%		Calcium		0%			
Cholesterol (10 mg)	3%		Iron		0%			
Sodium (300 mg)	13%							
Potassium	0%							
Total Carbohydrates (5 g)	2%							
Dietary Fiber (0 g)	0%							
Total Sugars (3 g)								
Added Sugars (2 g)	4%							
Protein (0 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

SOYBEAN OIL, WATER, CORN SYRUP, DISTILLED VINEGAR, EGG YOLKS, SALT, BUTTERMILK POWDER, MALTODEXTRIN, DRIED GARLIC, SOUR CREAM POWDER (SOUR CREAM [CREAM, CULTURE, SODIUM CITRATE, MONO & DIGLYCERIDES, GUAR GUM, CARRAGEENAN], NONFAT MILK SOLIDS), XANTHAN GUM, BUTTERMILK FLAVOR (WHEY, BUTTERFAT, BUTTERMILK, LACTIC ACID), NATURAL, AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, POLYSORBATE 60, LACTIC ACID, DRIED ONION, POTASSIUM SORBATE (To Protect Quality), SPICE, CITRIC ACID, ACETIC ACID, CALCIUM DISODIUM EDTA (To Protect Quality) . CONTAINS: EGG, MILK.

## 5338 Mozzarella Cheese Bar

Limited



Nutrition Facts Per Serving					
Serving Size	1 ounce (28 g)	Calories	100	Calories from Fat	
Servings per Container	3				
% Daily Value*		% Daily Value*			
Total Fat (8 g)	10%	Vitamin D (0 IU)		0%	
Saturated Fat (6 g)	30%	Calcium (183 mg)		15%	
Trans Fat (0 g)		Iron (0 mg)		0%	
Cholesterol (25 mg)	8%				
Sodium (360 mg)	16%				
Potassium (23 mg)	0%				
Total Carbohydrates (1 g)	0%				
Dietary Fiber (0 g)	0%				
Total Sugars (0 g)					
Added Sugars (0 g)	0%				
Protein (6 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CULTURED PASTEURIZED MILK, WATER, SALT, SODIUM PHOSPHATE, NATURAL FLAVORING, SORBIC ACID, ENZYMES. Allergy Information: MILK.

## 5339 Brown Sugar

Limited



Nutrition Facts Per Serving					
Serving Size	1 teaspoon (4 g)		Calories	15	Calories from Fat
Servings per Container	about 113				
% Daily Value*					
Total Fat (0 g)			0%		
Sodium (0 mg)			0%		
Total Carbohydrates (4 g)			1%		
Total Sugars (4 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

BROWN SUGAR.

## 5341 Dill Pickle, Rotating

Better Choice

Rotating Flavor: Garlic



Nutrition Facts Per Serving						
Serving Size	1 ounce (28 g)		Calories	0	Calories from Fat	0
Servings per Container	about 5					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin C		2%	
Sodium (360 mg)		15%				
Total Carbohydrates (1 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (1 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

CUCUMBER, WATER, SALT, VINEGAR, NATURAL FLAVORING, GARLIC EXTRACTS, SODIUM BENZOATE AND POTASSIUM SORBATE (To Prevent Spoilage), CALCIUM CHLORIDE, ALUM AND YELLOW 5.

## 5350 Imitation Maple Syrup

Limited



Nutrition Facts Per Serving						
Serving Size	3 tablespoons (43 g)		Calories	120	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin A		0%	
Saturated Fat (0 g)		0%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		0%	
Cholesterol (0 mg)		0%	Iron		0%	
Sodium (25 mg)		1%				
Total Carbohydrates (31 g)		10%				
Dietary Fiber (0 g)		0%				
Total Sugars (21 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, CARAMEL COLOR, POTASSIUM SORBATE AS PRESERVATIVES, CITRIC ACID, NATURAL AND ARTIFICIAL MAPLE FLAVOR.

## 5351 Queso Cotija Grated Cheese

Limited



Nutrition Facts Per Serving						
Serving Size	1 tablespoon (5 g)		Calories	20	Calories from Fat	15
Servings per Container	about 17					
% Daily Value*			% Daily Value*			
Total Fat (1.5 g)		2%	Vitamin A		0%	
Saturated Fat (1 g)		5%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		6%	
Cholesterol (5 mg)		2%	Iron		2%	
Sodium (90 mg)		4%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)						
Total Sugars (0 g)						
Protein (2 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

COTIJA CHEESE Made From: PASTEURIZED COW'S MILK, CULTURE, SALT, ENZYMES, CORN FLOUR AND CELLULOSE (Added To Prevent Caking), POTASSIUM SORBATE (Added To Protect Flavor). CONTAINS: MILK.

## 5357 Cream Cheese Packets

Limited



Nutrition Facts Per Serving				
Serving Size	1 package (57 g)	Calories	120	Calories from Fat
Servings per Container	1			
% Daily Value*		% Daily Value*		
Total Fat (11 g)	14%	Vitamin D (0 IU)		0%
Saturated Fat (7 g)	35%	Calcium (30 mg)		2%
Trans Fat (0 g)		Iron (0 mg)		0%
Cholesterol (35 mg)	12%			
Sodium (240 mg)	10%			
Potassium (0 mg)	0%			
Total Carbohydrates (4 g)	1%			
Dietary Fiber (0 g)	0%			
Total Sugars (4 g)				
Added Sugars (2 g)	4%			
Protein (2 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

CREAM CHEESE (PASTEURIZED MILK, AND CREAM, CHEESE CULTURES, SALT, STABILIZERS [CAROB BEAN AND/OR GUAR GUM] ), WATER, SUGAR, SOYBEAN OIL, SODIUM ALGINATE, LACTIC ACID, SALT, GUAR GUM, SORBIC ACID (PRESERVATIVE), CONTAINS: MILK.

5358 Country Gravy Mix, 1.25 oz

Limited



Nutrition Facts Per Serving						
Serving Size	1 1/3 tablespoons (9 g)		Calories	40	Calories from Fat	0
Servings per Container	about 4					
% Daily Value*			% Daily Value*			
Total Fat (2 g)		3%	Vitamin D (0 IU)		0%	
Saturated Fat (1 g)		5%	Calcium (5 mg)		0%	
Trans Fat (0 g)			Iron (0 mg)		0%	
Cholesterol (0 mg)		0%				
Sodium (240 mg)		10%				
Potassium (37 mg)		0%				
Total Carbohydrates (5 g)		2%				
Dietary Fiber (0 g)		0%				
Total Sugars (1 g)						
Added Sugars (0 g)		0%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

FOOD STARCH-MODIFIED, PALM OIL, WHEAT FLOUR, MALTODEXTRIN, SALT, CORN SYRUP SOLIDS, WHEY, DEXTROSE, Contains less than 2% of: SPICES, GARLIC, NATURAL FLAVORS, TURMERIC, CHICKEN MEAT, SODIUM CASEINATE, SOY FLOUR, SUNFLOWER OIL, CHICKEN FAT, HYDROLYZED VEGETABLE PROTEIN (CORN, WHEAT), DIPOTASSIUM PHOSPHATE, MONO & DIGLYCERIDES, SOY LECITHIN, SUGAR, YEAST EXTRACT, DISODIUM INOSINATE, DISODIUM GUANYLATE. CONTAINS: WHEAT, MILK, SOY. May Contain: EGG.

5366 New Leaf Health Shake, Vanilla, 2 oz

Limited



Nutrition Facts Per Serving					
Serving Size	1 packet (56 g)	Calories	210	Calories from Fat	35
Servings per Container	1				
% Daily Value*		% Daily Value*			
<b>Total Fat (3 g)</b>	<b>6%</b>	Vitamin A	<b>100%</b>		
Saturated Fat (1 g)	<b>4%</b>	Thiamine (B1)	<b>220%</b>		
Trans Fat (0 g)		RiboFlavin (B2)	<b>90%</b>		
<b>Cholesterol (35 mg)</b>	<b>12%</b>	Niacin (B3)	<b>90%</b>		
<b>Sodium (280 mg)</b>	<b>12%</b>	Vitamin B6	<b>130%</b>		
<b>Potassium (370 mg)</b>	<b>11%</b>	Vitamin B12	<b>180%</b>		
<b>Total Carbohydrates (21 g)</b>	<b>7%</b>	Vitamin C	<b>240%</b>		
Dietary Fiber (4 g)	<b>15%</b>	Vitamin D	<b>150%</b>		
Total Sugars (2 g)		Vitamin E	<b>80%</b>		
<b>Protein (24 g)</b>	<b>48%</b>	Calcium	<b>70%</b>		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		Iron	<b>35%</b>		
		Pantothenic Acid	<b>80%</b>		
		Magnesium	<b>30%</b>		
		Copper	<b>45%</b>		
		Zinc	<b>35%</b>		
		Selenium	<b>35%</b>		
		Manganese	<b>80%</b>		
		Chromium	<b>35%</b>		

Ingredients / Allergens:

MILK PROTEIN CONCENTRATE, WHEY PROTEIN CONCENTRATE, MALTODEXTRIN, POLYDEXTROSE, SUNFLOWER OIL, CORN SYRUP SOLIDS, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVORS, SODIUM CASEINATE (A MILK DERIVATIVE), SOY LECITHIN, DIPOTASSIUM PHOSPHATE, MONO- AND DIGLYCERIDES, ACESULFAME K, SUCRALOSE, SILICON DIOXIDE (ANTI-CAKING AGENT), VITAMINS & MINERALS: POTASSIUM CITRATE, DI-MAGNESIUM PHOSPHATE, TRICALCIUM PHOSPHATE, SODIUM CHLORIDE, MAGNESIUM CHLORIDE, SODIUM CITRATE, FERRIC PYROPHOSPHATE, POTASSIUM CHLORIDE, ZINC SULPHATE, MAGNESIUM SULPHATE, SODIUM MOLYBDATE, COPPER SULPHATE, SODIUM SELENITE, CHROMIUM CHLORIDE, POTASSIUM IODIDE, ASCORBIC PANTOTHENATE, VITAMIN E ACETATE, BIOTIN, VITAMIN A PALMITATE, NIACINAMIDE, VITAMIN B12, CALCIUM PANTOTHENATE, THIAMINE HYDROCHLORIDE, VITAMIN D3, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, VITAMIN K1, FOLIC ACID. CONTAINS: MILK, SOY.

5369 Frosting, Rotating

Limited

Rotating Flavor: Cream Cheese



Nutrition Facts Per Serving					
Serving Size	2 tablespoons (33 g)	Calories	140	Calories from Fat	45
Servings per Container	about 13				
% Daily Value*		% Daily Value*			
<b>Total Fat (5 g)</b>	<b>7%</b>				
Saturated Fat (2.5 g)	<b>13%</b>				
Trans Fat (0 g)					
<b>Cholesterol (0 mg)</b>	<b>0%</b>				
<b>Sodium (70 mg)</b>	<b>3%</b>				
<b>Total Carbohydrates (23 g)</b>	<b>8%</b>				
Dietary Fiber (0 g)	<b>0%</b>				
Total Sugars (19 g)					
Added Sugars (19 g)	<b>39%</b>				
<b>Protein (0 g)</b>					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, HIGH FRUCTOSE CORN SYRUP, PALM OIL, CORN STARCH, WATER, CONTAINS 2% OR LESS OF: SALT, MONOGLYCERIDES, POLYSORBATE 60, SOUR CREAM (CREAM, NONFAT MILK, CULTURES), SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE, NATURAL FLAVOR, CITRIC ACID, YELLOW 5 & 6, FRESHNESS PRESERVED BY POTASSIUM SORBATE. CONTAINS MILK INGREDIENTS AND BIOENGINEERED FOOD INGREDIENTS. GLUTEN FREE.

5374 Olives, Black

Limited



Nutrition Facts Per Serving					
Serving Size	5 each (15 g)	Calories	20	Calories from Fat	
Servings per Container	4				
% Daily Value*					
Total Fat (2 g)	3%				
Saturated Fat (0.5 g)	3%				
Trans Fat (0 g)					
Cholesterol (0 mg)	0%				
Sodium (162 mg)	7%				
Total Carbohydrates (1 g)	0%				
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

RIPE OLIVES, WATER, SALT, NATURAL HERB FLAVORING, FERROUS GLUCONATE Added to Stabilize Color.

5375 Corn

Better Choice



Nutrition Facts Per Serving					
Serving Size	1/2 bags (130 g)	Calories	100	Calories from Fat	
Servings per Container	2				
% Daily Value*		% Daily Value*			
Total Fat (2 g)	3%	Vitamin D (0 IU)			0%
Saturated Fat (0 g)	0%	Calcium (3.9 mg)			0%
Trans Fat (0 g)		Iron (0.31 mg)			0%
Cholesterol (0 mg)	0%				
Sodium (210 mg)	9%				
Potassium (187 mg)	4%				
Total Carbohydrates (18 g)	7%				
Dietary Fiber (5 g)	18%				
Total Sugars (5 g)					
Added Sugars (0 g)	0%				
Protein (3 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHOLE KERNEL SWEET CORN, WATER, SALT

5376 Ketchup Packets, 10 ct

Better Choice



Nutrition Facts Per Serving						
Serving Size	1 packet (9 g)		Calories	10	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0 g)			0%	Vitamin D (0 IU)		0%
Saturated Fat (0 g)			0%	Calcium (0 mg)		0%
Trans Fat (0 g)			0%	Iron (0 mg)		0%
Cholesterol (0 mg)			0%			
Sodium (85 mg)			4%			
Potassium (0 mg)			0%			
Total Carbohydrates (2 g)			1%			
Dietary Fiber (0 g)			0%			
Total Sugars (2 g)						
Added Sugars (2 g)			4%			
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

TOMATO CONCENTRATE FROM VINE RIPENED TOMATOES, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, CORN SYRUP, SALT, LESS THAN 2% OF: SPICE, ONION POWDER, NATURAL FLAVORS.

5377 Mustard Packets, 10 ct

Better Choice



Nutrition Facts Per Serving							
Serving Size	1 packet (4.5 g)		Calories	5	Calories from Fat	0	
Servings per Container	1						
% Daily Value*			% Daily Value*				
Total Fat (0 g)			0%		Vitamin D (0 IU)		0%
Saturated Fat (0 g)			0%		Calcium (0 mg)		0%
Trans Fat (0 g)			0%		Iron (0.1 mg)		0%
Cholesterol (0 mg)			0%				
Potassium (10 mg)			0%				
Total Sugars (0 g)							
Added Sugars (0 g)			0%				
Protein (0 g)							
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.							

Ingredients / Allergens:

DISTILLED VINEGAR, #1 MUSTARD SEED, SALT, TURMERIC, SPICES.

5378 Sweet Relish Packets, 10 ct

Better Choice



Nutrition Facts Per Serving						
Serving Size	1 packet (9 g)		Calories	15	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium (10 mg)		0%	
Trans Fat (0 g)		0%	Iron (0 mg)		0%	
Cholesterol (0 mg)		0%				
Sodium (90 mg)		4%				
Potassium (10 mg)		0%				
Total Carbohydrates (3 g)		1%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Added Sugars (3 g)		6%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

PICKLES, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, WATER, SUGAR, SALT, NATURAL FLAVORS, XANTHAN GUM, CALCIUM CHLORIDE, POLYSORBATE 80, SODIUM BENZOATE (PRESERVATIVE), TURMERIC, BLUE 1.

5379 Lemon Juice Packets, 10 ct

Best Choice



Nutrition Facts Per Serving						
Serving Size	1 packet (4 g)		Calories	0	Calories from Fat	0
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%	
Saturated Fat (0 g)		0%	Calcium (0 mg)		0%	
Trans Fat (0 g)			Iron (0 mg)		0%	
Cholesterol (0 mg)		0%				
Sodium (0 mg)		0%				
Potassium (4 mg)		0%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)						
Added Sugars (0 g)		0%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

LEMON JUICE: LEMON JUICE (WATER, LEMON JUICE CONCENTRATE), SODIUM METABISULPHITE, SODIUM BENZOATE (PRESERVATIVES)

## 5381 Dressing Packet, Rotating

Limited

Rotating Flavor: Honey Mustard



Nutrition Facts Per Serving					
Serving Size	1.5 ounces (43 g)	Calories	230	Calories from Fat	
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (23 g)	29%		Vitamin D (0 IU)		
Saturated Fat (3.5 g)	18%		Calcium (0 mg)		
Trans Fat (0 g)			Iron (0 mg)		
Cholesterol (15 mg)	5%				
Sodium (150 mg)	7%				
Potassium (0 mg)					
Total Carbohydrates (6 g)	2%				
Dietary Fiber (0 g)	0%				
Total Sugars (6 g)					
Added Sugars (6 g)	12%				
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SOYBEAN OIL, SUGAR, WATER, DISTILLED VINEGAR, YELLOW MUSTARD [VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC (COLOR), PAPRIKA, SPICE], DISTILLED VINEGAR, SUGAR, HONEY, WATER, EGG YOLK, CONTAINS LESS THAN 2% OF SALT, SPICE, XANTHAN GUM, ANNATTO EXTRACT (COLOR), CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR)

## 5383 Provolone Cheese Bar

Limited



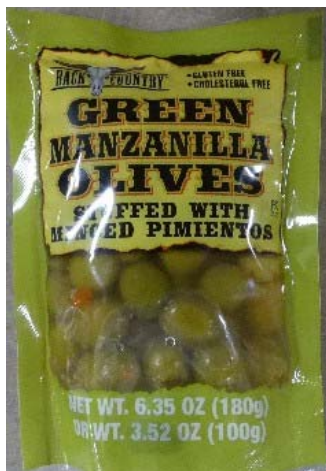
Nutrition Facts Per Serving					
Serving Size	1 ounce (28 g)	Calories	100	Calories from Fat	
Servings per Container	4				
% Daily Value*			% Daily Value*		
Total Fat (8 g)	10%		Vitamin D (0 IU)		0%
Saturated Fat (6 g)	30%		Calcium (183 mg)		15%
Trans Fat (0 g)			Iron (0 mg)		0%
Cholesterol (25 mg)	8%				
Sodium (360 mg)	16%				
Potassium (23 mg)	0%				
Total Carbohydrates (1 g)	0%				
Dietary Fiber (0 g)	0%				
Total Sugars (0 g)					
Added Sugars (0 g)	0%				
Protein (6 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CULTURED PASTEURIZED MILK, WATER, SALT, SODIUM PHOSPHATE, NATURAL FLAVORING, SORBIC ACID, ENZYMES. CONTAINS: MILK.

5385 Olives, Green

Better Choice



Nutrition Facts Per Serving				
Serving Size	3 each (15 g)	Calories	20	Calories from Fat
Servings per Container	7			2.7
% Daily Value*				
Total Fat (2 g)	3%			
Saturated Fat (0 g)	0%			
Trans Fat (0 g)				
Cholesterol (0 mg)	0%			
Sodium (140 mg)	6%			
Total Carbohydrates (0 g)	0%			
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

OLIVES, WATER, RED PEPPER PASTE (RED PEPPER, SODIUM CITRATE TO REGULATE ACIDITY, SODIUM ALGINATE, GUAR GUM, POTASSIUM SORBATE AS A PRESERVATIVE), SALT, CITRIC ACID TO REGULATE ACIDITY, LACTIC ACID TO REGULATE ACIDITY, POTASSIUM SORBATE AS A PRESERVATIVE, SODIUM BENZOATE AS A PRESERVATIVE.

5393 Salsa Casera

Better Choice



Nutrition Facts Per Serving				
Serving Size	2 tablespoons (30 g)	Calories	10	Calories from Fat
Servings per Container	about 7			
% Daily Value*		% Daily Value*		
Total Fat (0 g)	0%	Vitamin D (0 IU)		0%
Saturated Fat (0 g)	0%	Calcium (32 mg)		4%
Trans Fat (0 g)		Iron (1 mg)		6%
Cholesterol (0 mg)	0%			
Sodium (210 mg)	8%			
Potassium (0 mg)	0%			
Total Carbohydrates (3 g)	1%			
Dietary Fiber (0 g)	0%			
Total Sugars (0 g)				
Added Sugars (0 g)	0%			
Protein (0 g)				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

Ingredients / Allergens:

TOMATO, TOMATO PUREE, ONION, JALAPENO PEPPER, CORIANDER, IODIZED SALT, MODIFIED CORNSTARCH, GARLIC AND XANTHAN GUM.

## 5400 Onion Soup &amp; Dip Mix

Better Choice



Nutrition Facts Per Serving					
Serving Size	1 tablespoon (7 g)		Calories	20	Calories from Fat
Servings per Container	about 8				
% Daily Value*			% Daily Value*		
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%
Saturated Fat (0 g)		0%	Calcium (40 mg)		4%
Trans Fat (0 g)			Iron (0 mg)		0%
Cholesterol (0 mg)		0%			
Sodium (570 mg)		25%			
Potassium (21 mg)		0%			
Total Carbohydrates (4 g)		1%			
Dietary Fiber (0 g)		0%			
Total Sugars (1 g)					
Added Sugars (1 g)		2%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

DEHYDRATED ONIONS, MALTODEXTRIN, SALT, MONOSODIUM GLUTAMATE, CORN STARCH, CARAMEL COLOR, AUTOLYZED YEAST EXTRACT, VEGETABLE OIL (SOYBEAN OIL AND/OR PALM OIL AND/OR CORN OIL AND/OR SUNFLOWER OIL), TRICALCIUM PHOSPHATE, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL ONION FLAVOR, ARTIFICIAL ONION FLAVOR. May Contain SOY. Manufactured in a facility that also processes: WHEAT, MILK.

## 5402 Sweet Hot Asian Sauce

Limited



Nutrition Facts Per Serving								
Serving Size	2 tablespoons (30 ml)		Calories	60	Calories from Fat			
Servings per Container	about 12							
% Daily Value*			% Daily Value*					
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%			
Saturated Fat (0 g)		0%	Calcium (7 mg)		0%			
Trans Fat (0 g)		0%	Iron (0 mg)		0%			
Cholesterol (0 mg)		0%						
Sodium (340 mg)		15%						
Potassium (10 mg)		0%						
Total Carbohydrates (14 g)		5%						
Dietary Fiber (0 g)		0%						
Total Sugars (14 g)								
Added Sugars (11 g)		22%						
Protein (1 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

WATER, SUGAR, pickled chili, pickled garlic, hydroxypropyl distarch phosphate, ACETIC ACID, flavor enhancer (MONOSODIUM L - GLUTAMATE Disodium 5- ribonucleotides), GARLIC POWDER, XANTHAN GUM, SODIUM BENZOATE

## 5411 Marinara Sauce

Better Choice



Nutrition Facts Per Serving			
Serving Size	5 ounces (142 g)	Calories	80
Servings per Container	1	Calories from Fat	0
% Daily Value*		% Daily Value*	
Total Fat (0 g)	0%	Vitamin D	0%
Saturated Fat (0 g)	0%	Calcium (30 mg)	2%
Trans Fat (0 g)		Iron (0.9 mg)	6%
Cholesterol (0 mg)	0%		
Sodium (620 mg)	27%		
Potassium (600 mg)	15%		
Total Carbohydrates (18 g)	7%		
Dietary Fiber (3 g)	11%		
Total Sugars (12 g)			
Added Sugars (5 g)	10%		
Protein (2 g)			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

WATER, TOMATOES, TOMATO PASTE (TOMATOES), SUGAR, SALT, MODIFIED FOOD STARCH, SPICES, DISTILLED WHITE VINEGAR, GARLIC, CITRIC ACID. KOSHER.

## 5412 Tapatio Sauce, 5 oz

Limited

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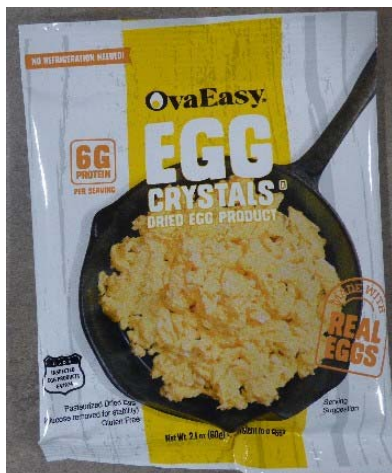
Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

## 5413 OvaEasy Eggs

Best Choice



Nutrition Facts Per Serving						
Serving Size	about 1/8 cups (10.6 g)		Calories	70	Calories from Fat	45
Servings per Container	5					
% Daily Value*			% Daily Value*			
Total Fat (5 g)		8%	Vitamin A		5%	
Saturated Fat (2 g)		10%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Cholesterol (180 mg)		60%	Iron		4%	
Sodium (50 mg)		2%				
Potassium (50 mg)		1%				
Total Carbohydrates (0 g)		0%				
Dietary Fiber (0 g)		0%				
Total Sugars (0 g)		0%				
Protein (6 g)		10%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WHOLE EGGS, EGG YOLKS, DRIED EGG WHITES. CONTAINS: EGG.

## 5414 Salsa Verde

Better Choice



Nutrition Facts Per Serving					
Serving Size	30 grams		Calories	10	Calories from Fat
Servings per Container	about 6				
% Daily Value*			% Daily Value*		
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%
Saturated Fat (0 g)		0%	Calcium (32 mg)		4%
Trans Fat (0 g)			Iron (0.44 mg)		72%
Cholesterol (0 mg)		0%			
Sodium (210 mg)		8%			
Potassium (0 mg)		0%			
Total Carbohydrates (3 g)		1%			
Dietary Fiber (0 g)		0%			
Total Sugars (0 g)					
Added Sugars (0 g)		0%			
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

GREEN TOMATILLOS, ONION, JALAPENO PEPPERS, CORIANDER, MODIFIED MAIZE STARCH, GARLIC AND XANTHAN GUM.

## 5415 Instant Mashed Potatoes

Better Choice



Nutrition Facts Per Serving					
Serving Size	2/3 cups (27 g)	Calories	90	Calories from Fat	10
Servings per Container	4				
% Daily Value*			% Daily Value*		
Total Fat (1 g)	1%	Vitamin A			0%
Saturated Fat (0 g)	1%	Vitamin C			0%
Trans Fat (0 g)		Calcium			0%
Cholesterol (0 mg)	0%	Iron			2%
Sodium (410 mg)	17%				
Total Carbohydrates (20 g)	7%				
Dietary Fiber (2 g)	7%				
Total Sugars (1 g)					
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

POTATO (DRY), SALT, MALTODEXTRIN, SHORTENING POWDER [PARTIALLY HYDROGENATED SOYBEAN OIL, LACTOSE, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE]. Contains 2% or less of: PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN, COTTONSEED), MONO AND DIGLYCERIDE, ARTIFICIAL AND NATURAL FLAVOR, ARTIFICIAL COLOR. Freshness preserved by: SODIUM BISULFITE, BHT. CONTAINS: MILK, SULFITE INGREDIENTS.

## 5418 Bear Creek Soup, Rotating

Better Choice

Rotating Flavor: Vegetable Beef



Nutrition Facts Per Serving					
Serving Size	1/4 cups (29 g)	Calories	100	Calories from Fat	
Servings per Container	8				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%	Vitamin D (0 IU)			0%
Saturated Fat (0 g)	0%	Calcium (30 mg)			2%
Trans Fat (0 g)		Iron (1.2 mg)			6%
Cholesterol (0 mg)	0%				
Sodium (720 mg)	31%				
Potassium (200 mg)	4%				
Total Carbohydrates (20 g)	7%				
Dietary Fiber (3 g)	11%				
Total Sugars (2 g)					
Added Sugars (0 g)	0%				
Protein (4 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED PARBOILED LONG GRAIN RICE (RICE, NIACINAMIDE, FERRIC ORTHOPHOSPHATE, THIAMIN MONONITRATE, FOLIC ACID), BARLEY, ENRICHED PASTA (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATOES, COOKED LENTILES, ONION, CARROTS, PEAS, SALT, HYDROLYZED SOY PROTEIN, CELERY, GARLIC, SUGAR, BEEF STOCK, CORN STARCH, CHICKEN FAT, CARAMEL COLOR, CITRIC ACID, SPICE, DISODIUM INOSINATE & DISODIUM GUANYLATE, BEEF FAT, NATURAL FLAVOR

## 7109 Sugar Cubes

Limited

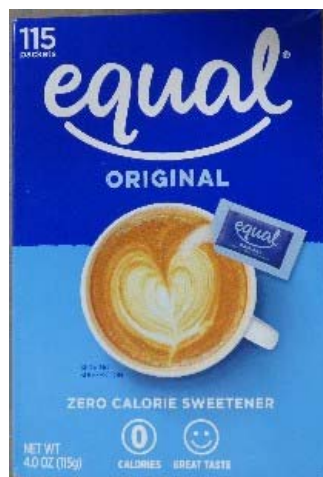
Ingredients / Allergens:

SUGAR.

Nutrition Facts Per Serving					
Serving Size	1 cube (4 g)	Calories	15	Calories from Fat	
Servings per Container	about 126				
% Daily Value*					
Total Fat (0 g)	0%				
Sodium (0 mg)	0%				
Total Carbohydrates (4 g)	1%				
Total Sugars (4 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## 7110 Sugar Substitute

Limited

Ingredients / Allergens:

DEXTROSE WITH MALTODEXTRIN, ASPARTAME, ACESULFAME POTASSIUM. CONTAINS: PHENYLALANINE.

Nutrition Facts Per Serving					
Serving Size	1 package (1 g)	Calories	0	Calories from Fat	0
Servings per Container	100				
% Daily Value*		% Daily Value*			
Total Fat (0 g)	0%	Vitamin A			0%
Sodium (0 mg)	0%	Vitamin C			0%
Total Carbohydrates (1 g)	0%	Calcium			0%
Total Sugars (0 g)		Iron			0%
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

## 9020 Salt &amp; Pepper Shakers

Limited



Nutrition Facts Per Serving						
Serving Size	1/4 teaspoons (1 g)		Calories	0	Calories from Fat	0
Servings per Container	113					
% Daily Value*						
Total Fat (0 g)			0%			
Sodium (390 mg)			16%			
Total Carbohydrates (0 g)			0%			
Total Sugars (0 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SALT, POTASSIUM IODIDE, CALCIUM SILICATE (ANTI-CAKING AGENT), SODIUM THIOSULFATE. BLACK PEPPER.

## 9021 Mrs. Dash, SW Chipotle

Best Choice



Nutrition Facts Per Serving						
Serving Size	1/4 teaspoons (0.7 g)		Calories	0	Calories from Fat	0
Servings per Container	about 101					
% Daily Value*						
Total Fat (0 g)			0%			
Trans Fat (0 g)			0%			
Sodium (0 mg)			0%			
Potassium (10 mg)			0%			
Total Carbohydrates (1 g)			0%			
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SPICES (SWEET CHILI PEPPER, CHIPOTLE CHILI PEPPER, CAYENNE PEPPER, OREGANO, THYME, CUMIN, PARSLEY, SAVORY, MARJORAM, BAY, BASIL, ROSEMARY, MUSTARD, CORIANDER), GARLIC, ONION, CARROT, SUGAR, CITRIC ACID, ORANGE PEEL, MODIFIED FOOD STARCH, RICE CONCENTRATE, LIME JUICE SOLIDS, LEMON JUICE SOLIDS, NATURAL CHIPOTLE PEPPER FLAVOR, NATURAL SMOKE FLAVOR.

9023 Paprika, 4 oz - K

Best Choice



Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

Ingredients / Allergens:  
Paprika

9024 Minced Onion

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 gram	Calories	5	Calories from Fat	0
Servings per Container	45				

Ingredients / Allergens:  
ONION.

9027 Red Peppers

Best Choice



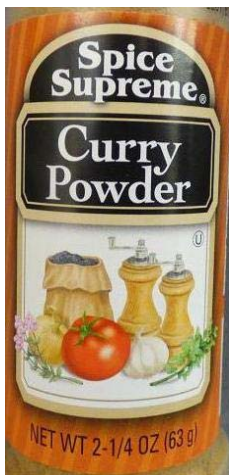
Nutrition Facts Per Serving						
Serving Size	1/4 teaspoons (0.5 g)		Calories	0	Calories from Fat	0
Servings per Container	156					
% Daily Value*			% Daily Value*			
Total Fat (0 g)		0%	Vitamin A		4%	
Sodium (0 mg)		0%				
Total Carbohydrates (0 g)		0%				
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

RED PEPPERS.

9029 Curry Powder, 2.19 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/2 teaspoons (1 g)	Calories	0	Calories from Fat	0
Servings per Container	about 63				
% Daily Value*					
Total Fat (0 g)	0%				
Sodium (10 mg)	1%				
Total Carbohydrates (0 g)	0%				
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SPICES (Including: TURMERIC FOR SPICE AND COLOR, CORIANDER, FENUGREEK, FENNEL, CHILIES, CUMIN, CLOVES, BLACK PEPPER), ONION, GARLIC, SALT, MONOSODIUM GLUTAMATE.

9030 Chili Powder, 2.47 oz

Best Choice



Nutrition Facts Per Serving							
Serving Size	1/4 teaspoons (0.5 g)		Calories	0	Calories from Fat	0	
Servings per Container	about 156						
% Daily Value*			% Daily Value*				
Total Fat (0 g)			0%		Vitamin A		2%
Cholesterol (0 mg)							
Sodium (35 mg)			1%				
Total Carbohydrates (0 g)			0%				
Protein (0 g)							
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.							

Ingredients / Allergens:

GROUND CHILI PEPPER, GROUND CUMIN, GROUND OREGANO, GARLIC POWDER, SALT.

9031 Fried Rice Seasoning, 6 oz

Limited



Nutrition Facts Per Serving						
Serving Size	about 0.8 grams		Calories	0	Calories from Fat	0
Servings per Container	about 212					
% Daily Value*						
Total Fat (0 g)			0%			
Saturated Fat (0 g)			0%			
Trans Fat (0 g)						
Cholesterol (0 mg)			0%			
Sodium (180 mg)			8%			
Total Carbohydrates (0 g)			0%			
Dietary Fiber (0 g)			0%			
Total Sugars (0 g)						
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

SALT, DEHYDRATED GARLIC AND ONION, SOY SAUCE POWDER (NO WHEAT GLUTEN, SOYBEAN, MALTODEXTRIN, SALT), SPICES, CARAMEL COLORING, DISODIUM GUANYLATE AND INOSINATE, PAPRIKA, TRICALCIUM PHOSPHATE

## 9036 Rotating Syrup

Limited

Rotating Flavor: Strawberry



Nutrition Facts Per Serving					
Serving Size	1 tablespoon (20 g)	Calories	50	Calories from Fat	0
Servings per Container	about 31				
% Daily Value*			% Daily Value*		
Total Fat (0 g)	0%		Vitamin A		0%
Saturated Fat (0 g)	0%		Vitamin D (0 IU)		0%
Trans Fat (0 g)			Calcium		0%
Cholesterol (0 mg)	0%		Iron		0%
Sodium (0 mg)	0%				
Potassium (0 mg)	0%				
Total Carbohydrates (14 g)	5%				
Dietary Fiber (0 g)	0%				
Total Sugars (13 g)					
Added Sugars (13 g)	26%				
Protein (0 g)	0%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

SUGAR, WATER, CORN SYRUP, Less than 2% of MALIC ACID, PROPYLENE GLYCOL ALGINATE, ARTIFICIAL FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), XANTHAN GUM, RED 40, SALT, BLUE 1.

## 9038 Ground Cinnamon

Best Choice

Ingredients / Allergens:

CINNAMON.

Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

9039 Lemon Pepper

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/4 teaspoons (0.7 g)	Calories	0	Calories from Fat	0
Servings per Container	about 101				
% Daily Value*					
Total Fat (0 g)	0%				
Sodium (0 mg)	0%				
Potassium (10 mg)	0%				
Total Carbohydrates (0 g)	0%				
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ONION, SPICES (Including BLACK PEPPER, BASIL, PARSLEY, OREGANO, CELERY SEED, CAYENNE PEPPER, MUSTARD AND TURMERIC, FOR COLOR), GARLIC, CARROT, CITRIC ACID, OIL OF LEMON.

9040 A1 Sauce

Limited



Nutrition Facts Per Serving					
Serving Size	1 tablespoon (18 g)	Calories	25	Calories from Fat	
Servings per Container	1				
% Daily Value*					
Total Fat (0 g)	0%				
Sodium (290 mg)	12%				
Total Carbohydrates (6 g)	2%				
Total Sugars (5 g)					
Protein (0 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

TOMATO PUREE (WATER, TOMATO PASTE), VINEGAR, CORN SYRUP, SALT, RAISIN PASTE, CRUSHED ORANGE PUREE, SPICE, DRIED GARLIC, CARAMEL COLOR, DRIED ONIONS, POTASSIUM SORBATE (To Preserve Freshness), XANTHAN GUM, CELERY SEED.

9041 Minced Garlic, 2 oz

Best Choice



Nutritional information has not been provided by the manufacturer for this product.

In accordance with U.S. Food and Drug administration guidelines, it may not be required.

Please refer to the notice on the cover page for more information.

9042 Culantro y Achiote

Limited



Nutrition Facts Per Serving								
Serving Size	1/4 teaspoons (1 g)		Calories	0	Calories from Fat			
Servings per Container	43							
% Daily Value*			% Daily Value*					
Total Fat (0 g)		0%	Vitamin D (0 IU)		0%			
Saturated Fat (0 g)		0%	Calcium (0 mg)		0%			
Trans Fat (0 g)			Iron (0 mg)		0%			
Cholesterol (0 mg)		0%						
Sodium (230 mg)		10%						
Potassium (0 mg)		0%						
Total Carbohydrates (0 g)		0%						
Dietary Fiber (0 g)		0%						
Total Sugars (0 g)								
Added Sugars (0 g)		0%						
Protein (0 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

MONOSODIUM GLUTAMATE, SALT, GARLIC, ANNATTO POWDER, GROUND CORIANDER, GROUND CUMIN, TRICALCIUM PHOSPHATE As an Anticaking Agent, TURMERIC, EXTRACT OF PAPRIKA.

9994 Sriracha Sauce

Limited



Nutrition Facts Per Serving						
Serving Size	1 teaspoon (5 g)		Calories	0	Calories from Fat	0
Servings per Container		96				
% Daily Value*			% Daily Value*			
Total Fat (0 g)			0%	Vitamin D (0 IU)		0%
Saturated Fat (0 g)			0%	Calcium (1 mg)		0%
Trans Fat (0 g)				Iron (0 mg)		0%
Cholesterol (0 mg)			0%			
Sodium (75 mg)			3%			
Potassium (17 mg)			0%			
Total Carbohydrates (1 g)			0%			
Dietary Fiber (0 g)			0%			
Total Sugars (0 g)						
Added Sugars (0 g)			0%			
Protein (0 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

CHILI, SUGAR, SALT, GARLIC, As Preservatives: POTASSIUM SORBATE, SODIUM BISULFITE, XANTHAN GUM. CONTAINS: SULPHITE (SODIUM BISULFITE).

# Crackers

3000 Townhouse Crackers, 13.8 oz

Limited



Nutrition Facts Per Serving					
Serving Size	5 crackers (16 g)		Calories	80	Calories from Fat
Servings per Container	about 24				
% Daily Value*			% Daily Value*		
Total Fat (5 g)			6%	Vitamin D (0 IU)	
Saturated Fat (1 g)			5%	Calcium (0 mg)	
Trans Fat (0 g)				Iron (0.4 mg)	
Polyunsaturated Fat (3 g)					
Monounsaturated Fat (1 g)					
Cholesterol (0 mg)			0%		
Sodium (150 mg)			7%		
Potassium (10 mg)			0%		
Total Carbohydrates (9 g)			3%		
Dietary Fiber (0 g)			0%		
Total Sugars (1 g)					
Added Sugars (1 g)			2%		
Protein (1 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN OIL ( WITH TBHQ FOR FRESHNESS), SUGAR. Contains 2% or less of, SALT, CORN SYRUP, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SOY LECITHIN. CONTAINS, WHEAT AND SOY INGREDIENTS.

3005 Cheez It Crackers, Rotating

Limited

Rotating Flavor: Extra Toasty



Nutrition Facts Per Serving								
Serving Size	27 crackers (30 g)		Calories	150	Calories from Fat			
Servings per Container	about 7							
% Daily Value*			% Daily Value*					
Total Fat (8 g)		10%	Vitamin D (0 IU)		0%			
Saturated Fat (1.5 g)		8%	Calcium (30 mg)		2%			
Trans Fat (0 g)			Iron (1 mg)		4%			
Polyunsaturated Fat (4 g)								
Monounsaturated Fat (2 g)								
Cholesterol (0 mg)		0%						
Sodium (230 mg)		10%						
Potassium (30 mg)		0%						
Total Carbohydrates (17 g)		6%						
Dietary Fiber (1 g)		2%						
Total Sugars (0 g)								
Added Sugars (0 g)		0%						
Protein (3 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

ENRICHED BLEACHED FLOUR, VEGETABLE OIL, CHEESE MADE WITH SKIM MILK, CONTAINS LESS THAN 2% OF: SALT, DEXTROSE, PAPRIKA EXTRACT, SOY LECITHIN

3006 Saltines

Limited



Nutrition Facts Per Serving			
Serving Size	5 crackers (14 g)	Calories	60
Servings per Container	about 32	Calories from Fat	
% Daily Value*		% Daily Value*	
Total Fat (1.5 g)	2%	Vitamin D (0 IU)	0%
Saturated Fat (0 g)	0%	Calcium (0 mg)	0%
Trans Fat (0 g)		Iron (0.6 mg)	4%
Polyunsaturated Fat (1 g)			
Monounsaturated Fat (0 g)			
Cholesterol (0 mg)	0%		
Sodium (130 mg)	6%		
Potassium (0 mg)	0%		
Total Carbohydrates (11 g)	4%		
Dietary Fiber (0 g)	0%		
Total Sugars (0 g)			
Added Sugars (0 g)	0%		
Protein (1 g)			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL WITH TBHQ AND CITRIC ACID FOR FRESHNESS. Contains 2% or less of: SALT, LEAVENING (BAKING SODA, YEAST), MALTED BARLEY FLOUR, SODIUM SULFITE, ENZYMES. CONTAINS: WHEAT. May Contain Trace Amounts of: SOY.

3008 Snack Crackers

Limited



Nutrition Facts Per Serving			
Serving Size	5 crackers (16 g)	Calories	70
Servings per Container	about 24	Calories from Fat	35
% Daily Value*		% Daily Value*	
Total Fat (4 g)	6%	Vitamin A	0%
Saturated Fat (0.5 g)	3%	Vitamin C	0%
Trans Fat (0 g)		Calcium	2%
Polyunsaturated Fat (2 g)		Iron	2%
Monounsaturated Fat (1 g)		Folic acid	2%
Cholesterol (0 mg)	0%		
Sodium (105 mg)	4%		
Potassium (10 mg)	0%		
Total Carbohydrates (8 g)	3%		
Dietary Fiber (0 g)	0%		
Total Sugars (1 g)			
Protein (1 g)			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL AND/OR PALM OIL, SUGAR, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, CORN SYRUP, SOY LECITHIN (, EMULSIFIER), NATURAL FLAVOR. CONTAINS: WHEAT AND SOY. Allergy Information: Produced In A Facility That Handles, MILK, EGG, PEANUT, TREE NUTS.

## 3011 Graham Crackers

Limited



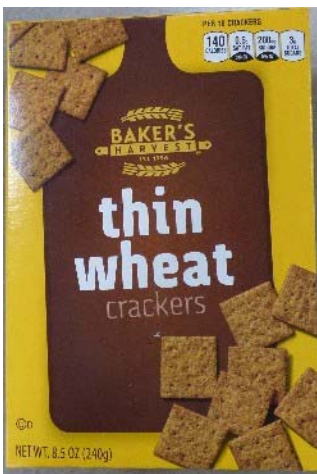
Nutrition Facts Per Serving					
Serving Size	2 crackers (31 g)		Calories	130	Calories from Fat
Servings per Container	about 13				
% Daily Value*			% Daily Value*		
Total Fat (3 g)			4%	Vitamin D (0 IU)	
Saturated Fat (0.5 g)			3%	Calcium (15 mg)	
Trans Fat (0 g)				Iron (0.9 mg)	
Polyunsaturated Fat (1.5 g)					
Monounsaturated Fat (0.5 g)					
Cholesterol (0 mg)			0%		
Sodium (135 mg)			6%		
Potassium (50 mg)			0%		
Total Carbohydrates (24 g)			9%		
Dietary Fiber (1 g)			5%		
Total Sugars (7 g)					
Added Sugars (7 g)			14%		
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), GRAHAM FLOUR (WHOLE GRAIN WHEAT FLOUR), SUGAR, HIGH OLEIC CANOLA AND/OR SOYBEAN OIL, HONEY. Contains 2% or less of: LEAVENING (BAKING SODA, CALCIUM PHOSPHATE), SALT, NATURAL FLAVOR, SOY LECITHIN, SODIUM SULFITE. CONTAINS: WHEAT, SOY.

## 3012 Wheat Crackers

Better Choice



Nutrition Facts Per Serving								
Serving Size	16 crackers (31 g)		Calories	140	Calories from Fat	45		
Servings per Container	about 8							
% Daily Value*			% Daily Value*					
Total Fat (5 g)			8%	Vitamin A		0%		
Saturated Fat (1 g)			5%	Vitamin C		0%		
Trans Fat (0 g)				Calcium		2%		
Polyunsaturated Fat (2.5 g)				Iron		6%		
Monounsaturated Fat (1 g)				Folic acid		2%		
Cholesterol (0 mg)			0%					
Sodium (230 mg)			10%					
Potassium (90 mg)			3%					
Total Carbohydrates (22 g)			7%					
Dietary Fiber (3 g)			12%					
Total Sugars (4 g)								
Protein (2 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

WHOLE WHEAT FLOUR, CANOLA AND/OR SOYBEAN AND/OR PALM OIL WITH TBHQ ADDED To Preserve Freshness, SUGAR, CORN STARCH. Contains 2% or less of: SALT, MALT CEREAL SYRUP, INVERT SUGAR, CALCIUM PHOSPHATE (LEAVENING), BAKING SODA, ANNATTO EXTRACT (COLOR), OLEORESIN TURMERIC (COLOR), SODIUM SULFITE. CONTAINS: WHEAT. May Contain Trace Amounts of: SOY, MILK.

3037 Chicken Cracker, 7.5 oz

Limited



Nutrition Facts Per Serving					
Serving Size	14 crackers (31 g)		Calories	140	Calories from Fat
Servings per Container	about 7				
% Daily Value*			% Daily Value*		
Total Fat (4 g)			5%	Vitamin D (0 IU)	
Saturated Fat (0 g)			0%	Calcium (0 mg)	
Trans Fat (0 g)				Iron (1.2 mg)	
Polyunsaturated Fat (0 g)					
Monounsaturated Fat (2.5 g)					
Cholesterol (0 mg)			0%		
Sodium (260 mg)			11%		
Potassium (0 mg)			0%		
Total Carbohydrates (23 g)			8%		
Dietary Fiber (1 g)			3%		
Total Sugars (3 g)					
Added Sugars (3 g)			6%		
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR, HIGH OLEIC SUNFLOWER OIL (CONTAINS ROSEMARY EXTRACT, ASCORBIC ACID, CITRIC ACID), SEASONING (DEXTROSE, SUGAR, SALT, ONION POWDER, MONOSODIUM GLUTAMATE, GARLIC POWDER, HYDROLYZED CORN PROTIEN, YEAST EXTRACT, NATRUAL FLAVOR, CITRIC ACID, GUM ACACIA, DISODIUM INOSINATE, DISODIUM GUANYLATE, SILICON DIOXIDE, GLUTAMIC ACID), SUGAR, CONTAINS LESS THAN 2% OF INVERT SUGAR, SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), AMMONIUM BICARBONATE, SODIUM METABISULFITE, ENZYMES

# Snacks

## 4013 Mixed Nuts

Best Choice



Nutrition Facts Per Serving					
Serving Size	about 1 ounce (28 g)		Calories	160	Calories from Fat
Servings per Container	10				
% Daily Value*			% Daily Value*		
Total Fat (14 g)		18%	Vitamin D (0 IU)		0%
Saturated Fat (2 g)		10%	Calcium (30 mg)		2%
Trans Fat (0 g)			Iron (1.2 mg)		6%
Cholesterol (0 mg)		0%			
Sodium (115 mg)		5%			
Potassium (180 mg)		4%			
Total Carbohydrates (5 g)		2%			
Dietary Fiber (2 g)		7%			
Total Sugars (1 g)					
Added Sugars (0 g)		0%			
Protein (6 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PEANUTS, ALMONDS, CASHEWS, PECANS (PEANUTS, ALMONDS, CASHEWS, PECANS, PEANUT AND/OR SUNFLOWER OIL, SALT). CONTAINS, ALMONDS, CASHEWS, PEANUTS AND PECANS. Made on same equipment as products which contain MILK, SOY, AND, OTHER TREE NUTS.

## 4014 Whole Shabang Snack Mix

Limited



Nutrition Facts Per Serving						
Serving Size	1/4 cups (30 g)		Calories	140	Calories from Fat	70
Servings per Container	about 6					
% Daily Value*			% Daily Value*			
Total Fat (8 g)		12%	Vitamin A		0%	
Saturated Fat (1 g)		5%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Cholesterol (0 mg)		0%	Iron		6%	
Sodium (440 mg)		18%				
Total Carbohydrates (16 g)		5%				
Dietary Fiber (2 g)		8%				
Total Sugars (2 g)						
Protein (4 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

MINI PRETZEL STICKS (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT. Less than 2% of: CORN SYRUP, CANOLA OIL AND/OR SOYBEAN OIL, BARLEY MALT EXTRACT, LEAVENING [YEAST, SODIUM BICARBONATE AND/OR AMMONIUM BICARBONATE]), PEANUT (PEANUT, CANOLA AND/OR PEANUT OIL), CHEESE CORN STICKS (YELLOW CORN MASA, SOYBEAN OIL, CHEDDAR CHEESE SEASONING [DEHYDRATED CHEESE FLAVOR (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY, SALT, DISODIUM PHOSPHATE, YELLOW 5, YELLOW 6], DRIED WHEY, SALT, BUTTERMILK POWDER, DEXTROSE MONOHYDRATE, NATURAL AND ARTIFICIAL FLAVORING [CONTAINS: MONODEXTRIN, FOOD STARCH-MODIFIED, TURMERIC AND PAPRIKA, CITRIC ACID, YELLOW 6 LAKE, LACTIC ACID]), HONEY ROAST SESAME STICKS (ENRICHED WHEAT FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON (REDUCED IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], SOYBEAN OIL, SESAME SEEDS, HONEY COATING [SUCROSE, WHEAT STARCH, HONEY], BULGAR WHEAT, TACK BLEND [MALTODEXTRIN, XANTHAN GUM], SALT, BEET POWDER [COLOR], TURMERIC [COLOR], SHABANG SEASONING (SUGAR, SODIUM DIACETATE, SALT, AUTOLYZED YEAST EXTRACT, TORULA YEAST, ONION POWDER, MALIC ACID, CITRIC ACID, GARLIC POWDER, SPICE, PAPRIKA, EXTRACTIVES OF PAPRIKA AND TURMERIC, DISODIUM INOSINATE AND DISODIUM GUANYLATE, NATURAL SMOKE FLAVOR. Less than 2%: CALCIUM SILICATE [ANTI-CAKING AGENT]), CANOLA OIL, SOY LECITHIN. Contains: MILK, PEANUTS, SOY, WHEAT.

4100 Almonds, Raw

Best Choice



Nutrition Facts Per Serving								
Serving Size	1/4 cups (30 g)		Calories	170	Calories from Fat			
Servings per Container	about 3							
% Daily Value*			% Daily Value*					
Total Fat (15 g)		19%	Vitamin D (0 IU)		0%			
Saturated Fat (1 g)		5%	Calcium (90 mg)		8%			
Trans Fat (0 g)			Iron (1.1 mg)		6%			
Cholesterol (0 mg)		0%						
Sodium (0 mg)		0%						
Potassium (0 mg)		0%						
Total Carbohydrates (5 g)		2%						
Dietary Fiber (4 g)		14%						
Total Sugars (1 g)								
Added Sugars (0 g)		0%						
Protein (7 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

ALMONDS. CONTAINS: ALMONDS.

4101 Nutrition Bar, Rotating

Limited

Rotating Flavor: Low Sugar Cookies & Cream Crunch

Nutrition Facts Per Serving					
Serving Size	1 bar (63 g)		Calories	260	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (11 g)		14%	Vitamin D (0 IU)		0%
Saturated Fat (5 g)		40%	Calcium		8%
Trans Fat (0 g)			Iron		10%
Cholesterol (15 mg)		5%			
Sodium (150 mg)		7%			
Potassium		4%			
Total Carbohydrates (18 g)		7%			
Dietary Fiber (1 g)		4%			
Total Sugars (4 g)					
Added Sugars (4 g)		8%			
Protein (24 g)		48%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CHOCOLATE COATING (SUGAR, PALM KERNEL OIL, WHEY PROTEIN CONCENTRATE, COCOA POWDER, SOY LECITHIN [AN EMULSIFIER], VANILLA), PROTEIN BLEND (WHEY PROTEIN ISOLATE, MILK PROTEIN CONCENTRATE, WHEY PROTEIN CONCENTRATE), SUGAR NUKREME (INVERT SUGAR, CORN SYRUP [NON-GMO]), SOY PROTEIN, PURE VANILLA EXTRACT, INVERTASE), COLLAGEN PEPTIDES, GLYCERINE, SOY PROTEIN ISOLATE, CHOCOLATE CRISPS (, ISOLATED SOY PROTEIN, COCOA [Processed with ALKALI], TAPICOCA STARCH), WATER, COCONUT OIL, PEANUT PASTE (PEANUTS, SALT, PALM OIL), PALM KERNEL OIL, COCOA POWDER, CANOLA OIL, SOY LECITHIN (AN EMULSIFIER), CHOCOLATE FLAVOR, MARSHMALLOW FLAVOR, SALT. CONTAINS, NO HIGH FRUCTOSE CORN SYRUP. Allergy Information: CONTAINS, PEANUTS, MILK, AND, SOY. Produced On Equipment That Also Processes, WHEAT, EGG AND TREE NUTS.

## 4102 Sunflower Kernels

Limited



Nutrition Facts Per Serving					
Serving Size	1/4 cups (28 g)		Calories	170	Calories from Fat
Servings per Container	6				
% Daily Value*			% Daily Value*		
Total Fat (14 g)		18%	Vitamin D (0 IU)		0%
Saturated Fat (2 g)		10%	Calcium (20 mg)		2%
Trans Fat (0 g)			Iron (1.2 mg)		6%
Cholesterol (0 mg)		0%			
Sodium (115 mg)		5%			
Potassium (140 mg)		2%			
Total Carbohydrates (6 g)		2%			
Dietary Fiber (3 g)		11%			
Total Sugars (1 g)					
Added Sugars (0 g)		0%			
Protein (6 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

oil roasted sunflower seed kernels (SUNFLOWER SEEDS Kernels, NON GMO, CANOLA OIL, and sea salt)

## 4103 Peanuts, Unsalted

Best Choice



Nutrition Facts Per Serving						
Serving Size	55 grams (55 g)		Calories	230	Calories from Fat	180
Servings per Container	6					
% Daily Value*			% Daily Value*			
Total Fat (20 g)		31%	Vitamin A		0%	
Saturated Fat (3 g)		15%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		4%	
Cholesterol (0 mg)		0%	Iron		4%	
Sodium (0 mg)		0%				
Total Carbohydrates (7 g)		2%				
Dietary Fiber (3 g)		12%				
Total Sugars (2 g)						
Protein (11 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

PEANUTS, SOY OIL. Packed in a Facility that handles: TREE NUTS, PEANUTS, WHEAT, SOY, MILK PRODUCTS.

4104 Granola Bar, Oat &amp; Honey, 1.49 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	2 bars (42 g)	Calories	190	Calories from Fat	60
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (7 g)	11%	Iron			4%
Saturated Fat (1 g)	4%				
Trans Fat (0 g)					
Cholesterol (0 mg)	0%				
Sodium (180 mg)	7%				
Total Carbohydrates (29 g)	10%				
Dietary Fiber (2 g)	9%				
Total Sugars (11 g)					
Protein (3 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

WHOLE GRAIN OATS, SUGAR, CANOLA OIL, RICE FLOUR, HONEY, SALT, BROWN SUGAR SYRUP, BAKING SODA, SOY LECITHIN, NATURAL FLAVOR. CONTAINS: SOY. May Contain: PEANUT, ALMONDS, PECAN INGREDIENTS. Partially Produced with Genetic Engineering.

4105 Cashews, Unsalted, 3 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/4 cups (30 g)	Calories	170	Calories from Fat	0
Servings per Container	about 2.5				
% Daily Value*			% Daily Value*		
Total Fat (14 g)	18%	Vitamin D (0 IU)			0%
Saturated Fat (2.5 g)	13%	Calcium (11 mg)			0%
Trans Fat (0 g)		Iron (2 mg)			10%
Cholesterol (0 mg)	0%				
Sodium (0 mg)	0%				
Potassium (192 mg)	4%				
Total Carbohydrates (9 g)	3%				
Dietary Fiber (1 g)	4%				
Total Sugars (2 g)					
Added Sugars (0 g)	0%				
Protein (5 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CASHEWS, VEGETABLE OIL (Contains one or more of the following: CANOLA OIL AND/OR PEANUT OIL) . CONTAINS: CASHEWS.

## 4106 Trail Mix

Limited



Nutrition Facts Per Serving						
Serving Size	1/2 packages (1/4 c)		Calories	160	Calories from Fat	53
Servings per Container	2					
% Daily Value*			% Daily Value*			
Total Fat (10 g)		13%	Vitamin D (0 IU)		0%	
Saturated Fat (2 g)		10%	Calcium		2%	
Trans Fat (0 g)			Iron		4%	
Cholesterol (0 mg)		0%				
Sodium (40 mg)		2%				
Potassium		4%				
Total Carbohydrates (12 g)		4%				
Dietary Fiber (2 g)		7%				
Total Sugars (10 g)		8%				
Added Sugars (4 g)		0%				
Protein (5 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

Peanuts: Peanuts, peanut oil, salt. Raisins: Raisins, non-hydronated sunflower oil. Almonds: Almonds, canola oil, and salt. Cashews: Cashews, peanut oil, salt. M&M Milk Chocolate Candies: Milk chocolate (sugar, chocolate, skim milk, cocoa butter, lactose, milk fat, soy lecithin, salt, artificial & natural flavors) sugar, cornstarch, less than 1% corn syrup, dextrin, coloring (includes blue 1 lake, yellow 6, red 40, yellow 5, blue 1, yellow 6 lake, blue 2 lake, blue 2) carnuba wax, gum acacia. Contains bioengineered food ingredients. M&M Peanut Chocolate Candies: Milk chocolate (sugar, chocolate, skim milk, cocoa butter, lactose, milk fat, soy lecithin, salt, artificial & natural flavors) sugar, cornstarch, less than 1% corn syrup, dextrin, coloring (includes blue 1 lake, yellow 6, red 40, yellow 5, blue 1, yellow 6 lake, blue 2 lake, blue 2) carnuba wax, gum acacia. Contains bioengineered food ingredients. Contains: Peanuts, almonds, cashews, soy and milk. May Contain other tree nuts.

## 4108 Granola Bar, Fruit &amp; Nut, 1.2 oz

Best Choice



Nutrition Facts Per Serving						
Serving Size	2 bars (42 g)		Calories	190	Calories from Fat	32
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (7 g)		9%	Iron		6%	
Saturated Fat (1 g)		4%				
Trans Fat (0 g)						
Cholesterol (0 mg)		0%				
Sodium (140 mg)		6%				
Total Carbohydrates (29 g)		11%				
Dietary Fiber (2 g)		8%				
Total Sugars (11 g)		23%				
Protein (3 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

WHOLE GRAIN OATS, SUGAR, CANOLA AND/OR SUNFLOWER OIL, RICE FLOUR, HONEY, SALT, BROWN SUGAR SYRUP, BAKING SODA, SOY LECITHIN, NATURAL FLAVOR. CONTAINS SOY; MAY CONTAIN PEANUT, ALMOND AND PECAN INGREDIENTS.

## 4109 Nut &amp; Yogurt Trail Mix

Limited



Nutrition Facts Per Serving					
Serving Size	1 package (57 g)		Calories	290	Calories from Fat
Servings per Container	1				
% Daily Value*			% Daily Value*		
Total Fat (20 g)		26%	Vitamin D (0.1 IU)		0%
Saturated Fat (5 g)		25%	Calcium (60 mg)		4%
Trans Fat (0 g)			Iron (1.6 mg)		8%
Cholesterol (0 mg)		0%			
Sodium (15 mg)		1%			
Potassium (340 mg)		8%			
Total Carbohydrates (24 g)		9%			
Dietary Fiber (3 g)		11%			
Total Sugars (16 g)					
Added Sugars (6 g)		12%			
Protein (8 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PEANUTS (PEANUTS, PEANUT AND/OR SUNFLOWER OIL), RAISINS, GREEK STYLE YOGURT DROPS (SUGAR, PALM KERNEL OIL, PALM OILS, LACTOSE (MILK), NONFAT DRY MILK, NONFAT DRY YOGURT [NONFAT DRY MILK CULTURES, YOGURT CULTURES], LACTIC ACID, SOY LECITHIN, VANILLA), SUNFLOWER KERNELS (SUNFLOWER KERNELS, PEANUT AND/OR SUNFLOWER OIL), ALMONDS. CONTAINS: PEANUTS, TREE NUTS, MILK, SOY.

## 4117 Cranberry Almond Delight

Best Choice



Nutrition Facts Per Serving					
Serving Size	1 ounce (28 g)	Calories	140	Calories from Fat	
Servings per Container	3				
% Daily Value*		% Daily Value*			
Total Fat (10 g)	13%	Vitamin D (0 IU)		0%	
Saturated Fat (1 g)	5%	Calcium (20 mg)		2%	
Trans Fat (0 g)		Iron (0.8 mg)		4%	
Cholesterol (0 mg)	0%				
Sodium (80 mg)	3%				
Potassium (130 mg)	2%				
Total Carbohydrates (12 g)	4%				
Dietary Fiber (2 g)	7%				
Total Sugars (9 g)					
Added Sugars (7 g)	14%				
Protein (4 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

PEANUTS (PEANUTS AND/OR SUNFLOWER OIL, SALT), DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), ALMONDS (ALMONDS AND/OR SUNFLOWER OIL, SALT). CONTAINS, ALMONDS, AND, PEANUTS. May Contain OTHER, TREE NUTS. Manufactured on equipment that also processes MILK, SOY.

## 4118 Walnuts, Halves &amp; Pieces

Best Choice



Nutrition Facts Per Serving								
Serving Size	1/4 cups (30 g)		Calories	200	Calories from Fat			
Servings per Container	about 2							
% Daily Value*			% Daily Value*					
Total Fat (20 g)		26%	Vitamin D (0 IU)		0%			
Saturated Fat (2 g)		10%	Calcium (29 mg)		2%			
Trans Fat (0 g)			Iron (1 mg)		6%			
Cholesterol (0 mg)		0%						
Sodium (0 mg)		0%						
Potassium (132 mg)		2%						
Total Carbohydrates (4 g)		1%						
Dietary Fiber (2 g)		7%						
Total Sugars (1 g)								
Added Sugars (0 g)		0%						
Protein (5 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

WALNUTS. CONTAINS: WALNUTS. Produced In A Facility That Handles, OTHER, TREE NUTS, PEANUTS, MILK, SOY AND WHEAT.

## 4121 Corn Nuts, 4 oz

Best Choice



Nutrition Facts Per Serving					
Serving Size	1/3 cups (28 g)		Calories	130	Calories from Fat
Servings per Container	about 4				
% Daily Value*			% Daily Value*		
Total Fat (4.5 g)		6%	Vitamin D (0 IU)		0%
Saturated Fat (0.5 g)		3%	Calcium (0 mg)		0%
Trans Fat (0 g)			Iron (0.4 mg)		2%
Cholesterol (0 mg)		0%			
Sodium (160 mg)		7%			
Potassium (0 mg)		0%			
Total Carbohydrates (20 g)		7%			
Dietary Fiber (1 g)		5%			
Total Sugars (0 g)					
Added Sugars (0 g)		0%			
Protein (2 g)					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					

Ingredients / Allergens:

CORN, CORN OIL, SALT.

4123 Chewy Protein Bar, 1.41 oz

Limited



Nutrition Facts Per Serving			
Serving Size	1 bar (40 g)	Calories	190
Servings per Container	1	Calories from Fat	3
% Daily Value*		% Daily Value*	
Total Fat (11 g)	15%	Vitamin D	0%
Saturated Fat (3 g)	8%	Calcium (40 mg)	4%
Trans Fat (0 g)		Iron (1.4 mg)	8%
Cholesterol (0 mg)	0%		
Sodium (120 mg)	5%		
Potassium (150 mg)	4%		
Total Carbohydrates (16 g)	6%		
Dietary Fiber (6 g)	21%		
Total Sugars (9 g)			
Added Sugars (4 g)	8%		
Protein (10 g)	16%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

PEANUTS, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN, TAPIOCA STARCH, SALT) CHICORY ROOT EXTRACT, DARK CHOCOLATE FLAVORED COATING (SUGAR, PALM KERNEL OIL, COCOA POWDER, DRY WHOLE MILK, SOY LECITHIN, SALT), PEANUT BUTTER, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT, VANILLA EXTRACT), VEGETABLE GLYCERIN, CORN SYRUP, ISOLATED SOY PROTEIN, GUM ARABIC, CHICORY ROOT INULIN, MALTODETRIN, SEA SALT, SOY LECITHIN, DRIED UNSWEETENED COCONUT, ALMONDS, NATURAL FLAVOR, ALMOND BUTTER. CONTAINS: ALMONDS, COCONUT, MILK, PEANUTS, SOY.

4124 Fried Peanuts, Chili Lime, 3 oz

Limited



Nutrition Facts Per Serving			
Serving Size	1 package (85 g)	Calories	400
Servings per Container	1	Calories from Fat	
% Daily Value*		% Daily Value*	
Total Fat (26 g)	3%	Vitamin D (0 IU)	0%
Saturated Fat (7 g)	35%	Calcium (41 mg)	3%
Trans Fat (0 g)		Iron (0 mg)	0%
Cholesterol (0 mg)	0%		
Sodium (852 mg)	34%		
Potassium (376 mg)	8%		
Total Carbohydrates (37 g)	13%		
Dietary Fiber (5 g)	20%		
Total Sugars (9 g)			
Added Sugars (4 g)	8%		
Protein (13 g)			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

PEANUT, WHEAT FLOUR, VEGETABLE PALM KERNEL OIL, FOOD STARCH-MODIFIED, CANE SUGAR, SALT,, SODIUM DIACETATE, CORNSTARCH, CITRIC ACID, MONOSODIUM GLUTAMATE, FD & C YELLOW No. 6 LAKE, FD & C RED NO. 40 LAKE, SILICON DIOXIDE, CAPSICUM OLEORESIN

4125 Palmer's Snack Mix, 4.5 oz

Limited



Nutrition Facts Per Serving								
Serving Size	1/4 cups (32 g)		Calories	170	Calories from Fat			
Servings per Container	4							
% Daily Value*			% Daily Value*					
Total Fat (10 g)		13%	Vitamin D (0 IU)		0%			
Saturated Fat (5 g)		25%	Calcium (30 mg)		2%			
Trans Fat (0 g)			Iron (1 mg)		6%			
Cholesterol (0 mg)		0%						
Sodium (155 mg)		7%						
Potassium (14 mg)		3%						
Total Carbohydrates (18 g)		7%						
Dietary Fiber (1 g)		3%						
Total Sugars (10 g)								
Added Sugars (9 g)		18%						
Protein (4 g)								
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.								

Ingredients / Allergens:

SUGAR, HYDROGENATED VEGETABLE OIL, PALM KERNEL AND/OR PALM, PEANUTS, PEANUT FLOUR, SALT, PRETZELS (MADE FROM SOFT RED WINTER WHEAT FLOUR, SALT, SUNFLOWER OR CANOLA OR RICE OIL, CORN SYRUP, MALT SYRUP, YEAST), COOKIES (MADE FROM BLEACHED WHEAT FLOUR, SUGAR, COCOA PROCESSED WITH ALKALI, PALM OIL, CORN SYRUP, CORN FLOUR, SOY LECITHIN, BAKING SODA, SALT AND NATURAL AND ARTIFICIAL FLAVORS), WHEY, SKIM MILK, LACTOSE, COCOA (PROCESSED WITH ALKALI, SOY LECITHIN, SORBITOL (EMULSIFIERS), VANILLIN (ARTIFICIAL FLAVOR)

9014 Salted Peanuts

Limited



Nutrition Facts Per Serving						
Serving Size	1 packet (50 g)		Calories	290	Calories from Fat	230
Servings per Container	1					
% Daily Value*			% Daily Value*			
Total Fat (26 g)		40%	Vitamin A		0%	
Saturated Fat (4 g)		20%	Vitamin C		0%	
Trans Fat (0 g)			Calcium		2%	
Cholesterol (0 mg)		0%	Iron		4%	
Sodium (290 mg)		12%				
Total Carbohydrates (8 g)		3%				
Dietary Fiber (4 g)		16%				
Total Sugars (2 g)						
Protein (14 g)						
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						

Ingredients / Allergens:

PEANUTS, CANOLA AND/OR PEANUT OIL, SALT. CONTAINS: PEANUTS.

## 9900 Pudding Snack Pack, Rotating

Better Choice

Rotating Flavor: Vanilla



Nutrition Facts Per Serving			
Serving Size	1 each (99 g)	Calories	110
Servings per Container	4	Calories from Fat	
% Daily Value*		% Daily Value*	
Total Fat (1.5 g)	2%	Vitamin D (0 IU)	0%
Saturated Fat (0 g)	0%	Calcium (40 mg)	4%
Trans Fat (0 g)		Iron (0 mg)	0%
Cholesterol (0 mg)	0%		
Sodium (115 mg)	5%		
Potassium (0 mg)	0%		
Total Carbohydrates (23 g)	8%		
Dietary Fiber (0 g)	0%		
Total Sugars (18 g)			
Added Sugars (16 g)	32%		
Protein (1 g)			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

Ingredients / Allergens:

SKIM MILK, WATER, SUGAR, MODIFIED CORN STARCH, Contains less than 2% of, CANOLA OIL, ARTIFICIAL FLAVOR, SALT, SODIUM STEAROYL LACTYLATE (FOR SMOOTH TEXTURE), SODIUM PHOSPHATE, XANTHAN GUM, ARTIFICIAL COLOR, YELLOW 5, YELLOW 6. CONTAINS, MILK.