



FAMILY COUNCIL MEETING MINUTES

Location: Washington State Penitentiary Date: 8/2/2025 Time: 8:30-10:00

Teleconference details: MS Teams Meeting – Local Family Council

/Meeting Attendees

Department/facility co-chair: Brad Bowman Family co-chair: Lisa Mundahl Greene

Facility/council secretary: Theresa Vanderbeck Family secretary: _____

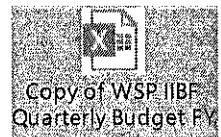
Members present: Andrea Shotwell, Star White, Sally Boyle, Denise Smith, Carol Bell

Non-council member attendees: Bradley Bowman, Associate Superintendent; Rob Jackson, Superintendent, Alfredo Lomeli, Correctional Program Manager; Christopher O'Dell, Correctional Unit Supervisor; Theresa Vanderbeck, CPPC; Diane Rodriguez, Administrative Assistant 4; Phillip Marker, Correctional Industries Manager 3; Jordan Kisling CRT, Scribe

Agenda

Old business

Topic	Discussion/Key Points	Next Steps
Welcome & Introduction (Brad Bowman)	Introduction of facility members in attendance. Agenda Management: Brad Bowman & Lisa Mundahl – Meeting rules and objectives Timekeeper:	
CPPC Report Action items Theresa Vanderbeck	<p>Theresa Vanderbeck:</p> <ul style="list-style-type: none">• May – 101 volunteers gave 567.17 hours<ul style="list-style-type: none">○ Non-religious programs: Alcoholics Anonymous, Narcotics Anonymous, Blue Mountain Humane Society – 270.7 hours○ Religious services: 296.47 hours○ 3 volunteers completed orientation○ Total of 179 Volunteers are registered• June – 100 volunteers gave 557.41 hours.<ul style="list-style-type: none">○ Non-religious: Alcoholics Anonymous, Narcotics Anonymous, Blue Mountain Humane Society – 214.98 hours○ Religious services: 342.43 hours○ 6 volunteers completed orientation○ Total of 180 volunteers are registered <p>The next Family Friendly event is August 23, 2025, and is the backpack Back to School Event for Victor and William Units. Backpacks for pickup during regular visiting hours will be ready soon for all units. This will be for the rest of the facility and doesn't</p>	

	have an event tied to it. The date will be determined in the near future and notifications sent out to the incarcerated.	
Statewide Family Council Updates LFC State Chair Andrea Shotwell	<p>SFC Meeting was held July 26, 2025</p> <p>Meeting minutes will be available soon.</p> <ul style="list-style-type: none"> ○ <u>Family Council Washington State Department of Corrections</u> <p>Above included link has information about Family Councils, Local and Statewide.</p> <ul style="list-style-type: none"> ○ Statewide family council meeting minutes have not been uploaded on the site yet • There was a lot of input on the Securus issues. There have been a lot of facilities that have issues with the system. They had the representative for Securus at the meeting. • Andrea would like to get some feedback from families if they are having issues with Securus. • They did a presentation on the history of the EFV (Extended Family Visits) and the part it plays for those that are incarcerated. • Andrea shared the family and friends newsletter with the representative from SCCC (Stafford Creek) as they are trying to get their own going. • They are going to go to hybrid meetings and the first meeting like this possibly in November. They will offer teams and in-person location for the SFC meetings. • Brad – did they give you an avenue to take the problems to them? • Andrea – having to go in and file a ticket on the site is time consuming. He had a number of calls made and completed, but that doesn't give information on the call quality and other factors. The easiest way to contact Securus for assistance with issues is to go to their website and file a help ticket. <p>The state policy for picking up property for visiting. Can only pick up union direct from the visiting. Family and incarcerated can buy packages from Union Direct. When an incarcerated individual moves from facility to facility any property they don't want to send out through mail because of the price.</p> <ul style="list-style-type: none"> • Carol – if this can be extended to include things like rejected mail, and other items where things have been mailed in like extra photos. 	
Incarcerated Individual Betterment Fund Budget Overview	<p>WSP Local Business Manager David Anderson:</p> <ul style="list-style-type: none"> • Was not at the meeting. Copy of Quarterly IIBF budget has been attached. 	
Visiting Update	<ul style="list-style-type: none"> • The outdoor playground is up and running and is a hit. 	

<p>(Associate Bowman for Visiting Sgt. Harvey)</p>	<ul style="list-style-type: none"> • Walla Walla community college graduation held for all areas of the facility in the visiting rooms. • WC visiting has seen large numbers of visitors in the recent months, they are asking visitors to show up a little earlier to help make sure that processing goes smoothly and they can get into the visiting room on time. • Reimagining Visiting is a new program; our visiting team and Sgt. Harvey are working with the HQ's team on making it work at WSP. <p>Andrea – when I came in for visiting a week or two ago, spoke with Sgt. Harvey and updated with him the Local family council brochures.</p> <p>Brad – Sgt. Harvey is on vacation, but we did look over it together and I appreciate your help with updating it. I will speak with him when he gets back about getting it printed.</p>	
<p>West Complex Update (CUS Chris O'Dell)</p>	<p>CUS Chris O'Dell –</p> <ul style="list-style-type: none"> • Quad 1 Delta/Echo they are running weekly Black Prisoner Caucus (BPC) out of the education area. • The BPC Book club is running weekly out of education building. • Delta is getting large scale puzzles in. When they are completed, they are matted and framed and will be used for decorations. • They are working on an ice cream fundraiser. • They are working on a weekly/monthly tournament with prizes purchased with funds from IIBF (Incarcerated Individual Betterment Funds) they are also looking in to working with SPL (Sustainable Practices Lab) on setting up outdoor tournaments in the future, probably things like football etc. • They are working on a weekly art class. • Incarcerated Individual with amazing painting skills is working on painting canvases to use as backgrounds for their photo program. <ul style="list-style-type: none"> • Echo had Walla Walla Community College graduation on 7/30/2025 for GED, HS+, AA business. • Delta/Echo Juneteenth celebration in June. • Golf is starting a Beading class in unit for both experience and new to beading. • Added outdoor jobs- yard maintenance and working in keeping up the facility graveyard. • Fox had graduation for Walla Walla Community College for Hs+ and GED. • Working on a class for new incarcerated individuals coming into the facility. • Victor/Williams adding more programing options. Victor unit leading a peer class and a reading program 	

	<ul style="list-style-type: none"> • Mr. Torno and the Resource team started an interview class out of CI (Correctional Industries). • Starting a comic and story class run by Whitman, if the IIs complete the class they will receive college credits. • Graduation for Victor/Williams for GED, HS+, HVAC and CTAP. • July 18th they held their Juneteenth celebration. 75 outside friends and family attended. • API event is being gearing toward. It will be special as it's going to possibly be the last API event for one of the organizers. <p>Concrete Mama podcast kickoff party at the Foundry Vineyards in Walla Walla on Saturday September 20, 2025. Tickets are available, registration is required. For questions or registration help you can email info@unincarcerated.com</p>	
South Complex Update (CPM Alfredo Lomeli)	<p>IMUs</p> <ul style="list-style-type: none"> • The IMU's (Intensive Management units) have completed their first evidence-based program. • The outside yards are just about completed; they just need to figure out some security issues before they can open them. <p>BAR Units</p> <ul style="list-style-type: none"> • Staff and incarcerated are working on some beautification programs, some weeded spots they cleared out and got some flowers from the SPL (Sustainable practices lab) to plant. • 4th of July BBQ was held in the Bar units – hot dogs, snow cones, games in the yard was attended by IIs and staff alike. • The 2nd Annual Pride event was held in the area as well. • Graduation event for GED through Walla Walla Community College. • Hispanic cultural event coming up in September. 	
East Complex Updates (Associate Superintendent Brad Bowman)	<p>Brad Bowman -</p> <ul style="list-style-type: none"> • There are pictures in the newsletter of updates to East Complex. • 20 hanging baskets were added last year and they have added 19 more this year. • 15 outside planter boxes have been added around the facility. • The community garden is doing well. • Outside seating areas have been added to units 10 & 8, they have had a really good positive effect. • Mural project for the concrete walls to liven the place up. • Two outside bands in September October are set to come into the facility to perform. 	

	<ul style="list-style-type: none"> • API for south and East complexes are coming up. • 4th of July events were held in all areas, they are working on scheduling an art show in Medium custody (Victor/Williams) with members from the community. 	
<p>Correctional Industries Update (Correctional Industries Manager Phillip Marker)</p>	<ul style="list-style-type: none"> • CI Manager Marker's specialty is in food service but he does have information on all of the areas of CI. • Food services deliver about 6600 meals a day which included special diets, religious, and medical needs. • Laundry processes 25,000 pounds of laundry a week, they have 10 dryers. • CI License plates has delivered 3.2 million plates since moving and opening in SPL (Sustainable Practices Lab) in 2024. • Commissary is putting out about 8 deliveries a week across the facility. They do have an indigent program that does a lot of good. It provides toilet paper and other toiletries to those that don't have monetary assistance or jobs. • Working on art pieces in the kitchen in West Complex to spruce up the place. • With help from food services, they have been having a good bit of food coming in from the facility gardens about 1400 lbs. of cucumbers were harvested recently. • Partnered with staff at the facility to set up a 15-man crew, working on getting this produce processed out to the facility. • The cantaloupe and melon that we ordered have arrived and has been cut and is really to go out to the units. • We have a medium unit (Victor/William) food group. Daily we deliver about 550 meals just in the medium units. They chose 5 individuals from each group (unit) that they try to meet with on a monthly basis. They just had their second meeting. • There is a newsletter that comes from Headquarters about the Correctional Industries food program and the link is below: <ul style="list-style-type: none"> ◦ https://doc.wa.gov/sites/default/files/2025-06/700-NE002-0625.pdf • They are cutting down on the breaded fish, as it is not well liked due to the quality. Working on improving the breading and other details for the future. 	
<p>Washington Way Updates (Associate Superintendent Brad Bowman)</p>	<p>Brad Bowman –</p> <ul style="list-style-type: none"> • A lot of our work is based on the Amend principles <p>We had a Classification Counselor out of our East Complex work with an Incarcerated Individual. Leadership from Providence Saint Mary Medical Center reached out to partner with them to work on a mural for a blank wall outside of the ICU that was an eyesore. They collaborated and in July painted a wonderful mural for the patients.</p>	

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New business

Topic	Discussion/Key Points	Next Steps
Individual Incarcerated Persons Concerns	<p>Discuss Unit OCL Meeting Minutes</p> <p>Echo Unit –</p> <ul style="list-style-type: none"> • Topic: <ul style="list-style-type: none"> ◦ Ice Cream Fundraiser • Discussion: <ul style="list-style-type: none"> ◦ Incarcerated Individuals would like to know when the ice cream can start. • Next steps: <ul style="list-style-type: none"> ◦ Freezer arrived in the unit and a process is being established. Apple fritters will be researched as an option to add as a 2nd option to the ice cream option. • Topic: <ul style="list-style-type: none"> ◦ Extra Shower Period • Discussion: <ul style="list-style-type: none"> ◦ Incarcerated Individuals are requesting an extra shower period after lunch mainline. • Next Steps: <ul style="list-style-type: none"> ◦ Sgt. Hernandez told incarcerated individuals mainline has to run quicker to consider this. • Topic: <ul style="list-style-type: none"> ◦ Delta/Echo OCL meetings • Discussion: <ul style="list-style-type: none"> ◦ The quarterly Delta/Echo OCL meeting is scheduled for 6/26/25. • Next steps: <ul style="list-style-type: none"> ◦ List of questions and Incarcerated Individuals participating were established. Meeting canceled 6/26/25 due to Delta GVRs. • Topic: <ul style="list-style-type: none"> ◦ Holiday Tournaments • Discussion: <ul style="list-style-type: none"> ◦ Incarcerated Individuals will work with Corrections Officer Randle to put a list of games together for tournaments. • Next steps: <ul style="list-style-type: none"> ◦ Unit Supervisor will purchase prizes • Topic: <ul style="list-style-type: none"> ◦ GVRs Fundraiser • Discussion: <ul style="list-style-type: none"> ◦ Incarcerated Individuals are requesting Big Cheese Pizza as a fundraiser. • Next steps: <ul style="list-style-type: none"> ◦ Unit Supervisor will work with SPL (Sustainable Practices Lab) and Big Cheese. <p>Victor/William combined:</p> <ul style="list-style-type: none"> • Topic: <ul style="list-style-type: none"> ◦ Food Quality • Discussion: <ul style="list-style-type: none"> ◦ When the Incarcerated population goes on food strike the food gets better. • Discussion: <ul style="list-style-type: none"> ◦ Wanting better food quality and better options. 	

- Next Steps:
 - Talk with CI about issues with food. Have family members and support people advocate for you at DOC family council meetings.
- Topic:
 - Job opportunities
- Discussion:
 - The population want more jobs. Many of the population has child support and LFO's that they work to pay, and some must wait longer periods to get a job.
 - Individuals want to work for the SPL (Sustainable Practices Lab).
 - CO talks about adding jobs but the population has not seen more jobs become available.
- Next Steps:
 - Work with Unit Supervisors about creating more opportunities.
 - Correctional Program Manager Clark will check if more jobs can be available in the Sustainable Practices Lab.
 - Correctional Program Manager Clark will check with CI to see if/when CI will add more jobs.
- Topic:
 - Unit Organization
- Discussion:
 - Is there a better way to organize the unit. Can individuals that are productive in their incarceration be housed together?
 - Each side cannot be treated differently.
- Next step:
 - This is a unit issue, work with Custody Unit Supervisor to create a plan.
- Topic:
 - Loss of out of Cell time because of incidents.
- Discussion:
 - The population feels that after an incident occurs in the evening and they are locked down, they end up being locked down for the night.
 - The population is shorted on out of cell time.
 - The lockdown comes from the Shift Commander and the decision is made for the safety and security of staff and population.
- Next steps:
 - Ultimately the reason for the lockdown is to free up staff to respond if needed.
- Topic:
 - Program similar to prison fellowship for William Unit.
- Discussion:
 - Can William unit get a program like the prison fellowship program in Victor Unit?
- Next step:
 - This is a unit issue, work with Custody Unit Supervisor Carlile
- Topic:
 - Issues with Showers, Phones, and breakers popping,
- Discussion:

	<ul style="list-style-type: none"> ○ There are some issues with the showers and phones not working. ○ Can maintenance do more rounds, some cells are without power for a few days. ● Next steps: <ul style="list-style-type: none"> ○ These issues should be reported to the unit manager and a maintenance ticket will be submitted. ○ Encourage the responsible individuals that are overloading the circuits to stop. ○ Maintenance cannot stop and respond every time a breaker pops. ● Topic: <ul style="list-style-type: none"> ○ Tablets ● Discussion <ul style="list-style-type: none"> ○ Individuals are having to wait 2-4 months to receive a tablet. ○ Tablets are not coming with chargers. ○ Occasional issues with service ○ Issues with the Securus rep not being responsive. ● Next steps: <ul style="list-style-type: none"> ○ Securus is a contracted to group for DOC. ○ Contract the Securus rep with issues. ○ Report issues to the Unit Manager so a report can be made. ○ Have family and supports advocate about this issue at the Local Family Council meetings. 	
<p>Round Table Questions & Answers</p>	<p>Carol – wondering more about fundraisers, family members are sending money in, so the Incarcerated can participate. Why are we sending money to put on their spendable accounts instead if it could be put in a different account, since they take so much out of the spendable accounts?</p> <p>Brad – fundraisers are usually incentive based, so if they have a pizza that is usually 10, we put it at 15, this is usually to raise money for something in the unit or shared area, like improvements or fun items. As far as the amount that is taken out of the spendable accounts, it is dependent on the policies and codes that are at the state level and not something we have any control over.</p> <p>Carol – wondering if there is a way that it could be placed into another account, that we would have more access to the money since less would be taken out.</p> <p>Brad – unfortunately we are forced by policy to use specific accounts and work within the bounds of tax code and RCW's. If changes are to be made you would need to work on having the RCW changed at the state level with the legislature.</p> <p>Carol – wanting to know more about lock downs</p> <p>Brad – GVRs (Group Violence Reduction Strategy) is a close custody program, it is only for Close custody for WSP and CBCC (Clallam Bay) as they are the only facilities with Close Custody. If there is a 2 on 1</p>	

	<p>incarcerated individual fight, a staff assault, or a weapon is present during a fight. The area involved goes on lockdown. It's usually a 24-48-hour period. We investigate the event and those that are associated with the issue can have sanctions placed on them. It is a mandatory process. In other units when they have lockdowns, it is to make sure that there aren't going to be any further issues and that they can get back to normal operations.</p> <p>Carol – when she did research on GVRs it was more information about the community-based side of things.</p> <p>Robert – it's based on David Kennedy's work from Chicago and has been adapted to work in our environment.</p> <p>Brad – on behalf of the facility thank you for being a part of this group and working with us to try and help solve issues. Thank you for taking an active part in these meetings.</p> <p>Next meeting is October 4th, I will be out of town the meeting will be facilitated by Correctional Program Manager Lonnie Roberts.</p>	
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Next meeting location: WSP MS Teams Date: 10/04/25 Time: 8:30-10:00

Comments: Please send your Agenda requests with questions to Theresa Vanderbeck at least two weeks prior to the next LFC meeting.

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Distribution: **ORIGINAL** - Family council co-chairs

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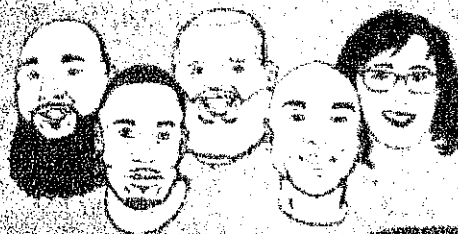
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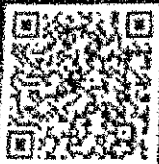
CONCRETE MAMMA

AN UNINCONCERNED PODCAST



6:30-7:15 PRISON-MADE ART SHOW,
FOOD TRUCK, DRINKS
7:15-8:00 DOCUMENTARY SCREENING,
Q&A WITH PODCAST HOSTS
8:00-9:30 LIVE MUSIC FROM GARY
WINSTON & THE REAL DEAL

REGISTER HERE!



SATURDAY, SEPT. 20
FOUNDRY VINEYARDS 1111 ABADIE ST
REGISTRATION REQUIRED FREE! 6:30-9:30PM

FOR REGISTRATION HELP OR SPONSORSHIP OPPORTUNITIES,
EMAIL info@concretemamma.com

FOOD SERVICE NEWSLETTER

FOOD SERVICE — MORE THAN JUST MEALS

A Note from the Administrator

Each day, our teams from 11 facilities prepare meals for over 13,000 individuals across Washington. That's no small task, and it speaks to the strength, professionalism, and persistence of the people who show up, shift after shift, to make it happen. Whether you're managing inventory, helping to lead a team, in the trenches cooking, or jumping in to cover where needed, thank you.

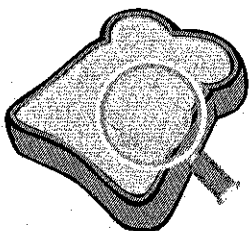
Food service is more than just meals, it's a system that supports health, safety, and meaningful structure where you live. It's also a place where real job skills are being built. If you're interested in working in the food service department, where you can learn food safety, sanitation, teamwork, and general job readiness, please send your name and DOC number on a kite to the local kitchen and Jobs department. If there's an opening and you meet the criteria, you will be interviewed and hired as allowed.

We value people who want to contribute. There's important work being done in our kitchens every day, and there's room for more, and for you to be a part of it.



FRESHNESS FIRST: BREAD & TORTILLAS UNDER REVIEW

We've received consistent reports about issues with the freshness of bread and tortillas at several sites. In response, we're taking a closer look at shelf-life expectations, handling and internal storage practices. We're also reinforcing expectations with suppliers and using your direct feedback to guide those conversations.



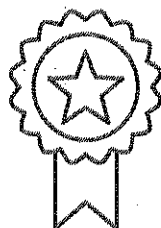
We have found a NEW, better tortilla for you! We ran a pilot test at WSP and everyone loved it. You should be seeing the new Sky Ranch tortilla at your facility in the coming months.

Keep submitting your observations. They're not just complaints, they are data points that help us improve quality statewide.

QUALITY SNAPSHOT: WHAT WE ARE MONITORING

This quarter's quality assurance focus includes areas Food Service workers can help with:

- **FIFO Rotation: "First in, first out"**
Isn't just good practice—it's essential for controlling cost and limiting spoilage. If you see that product is not getting rotated point it out to your supervisor and let them know so it can be addressed.
- **Bulk Labeling:** Make sure every opened or transferred product is dated and clearly labeled.

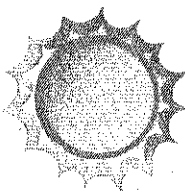


You have probably heard this before, but attention to these details helps avoid bigger problems down the road. And many of you are doing this well already,

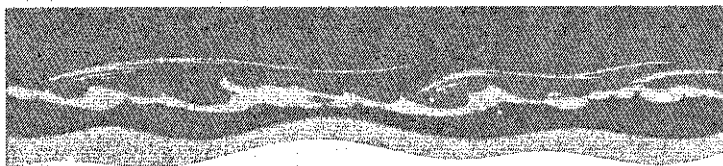
Thank you!

NUTRITION CORNER: SUMMER FOCUS ON HYDRATION

As warmer months set in, we are reminding staff and incarcerated workers alike to prioritize hydration, especially those working near hot equipment or on outdoor assignments. Your local facility will likely be adjusting seasonal produce offerings to include more hydrating foods like melon and cucumbers.

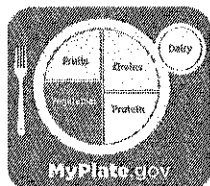


PLEASE REMEMBER TO MAKE SURE WATER CONSUMPTION IS PART OF YOUR SAFE ROUTINE.



Also in progress: We are reviewing several reduced-sodium seasoning options that could offer a better flavor profile without compromising heart health goals.

VARY YOUR VEGGIES



The vegetable group is an important part of our day. Did you know that vegetables are organized into 5 subgroups based on nutrients that we need to eat throughout the week?

The subgroups are dark green, red and orange, beans/peas/lentils, starchy, and other vegetables.



Focus on Dark Green

The dark green subgroup includes broccoli and leafy greens like romaine, kale, spinach, arugula, and collard greens. Greens are rich in antioxidants, B vitamins, vitamin K, and fiber. Despite their color, green peas and green beans don't belong to this subgroup.

FALL MENU CHANGES: LESS SEAFOOD, MORE FAVORITES

Looking ahead, we are planning a full menu revision for rollout in September or October. Based on feedback and consumption trends, we will be reducing seafood offerings by about 50%. These will be replaced with items that have consistently rated higher in popularity and satisfaction, while still meeting our nutritional guidelines.

FOOD SERVICE TRIVIA

We serve over 13,000 people a day; that's nearly 13 million meals per year across the department.

Here are a few fun food facts to round out the shift:

Most requested comfort food last year? Meatloaf

The world's largest tortilla weighed over 300 pounds. Ours are lighter, but we go through thousands a week!

If you stacked every slice of bread we use in one week, it would stretch taller than the Seattle Space Needle!

Got a great fact, kitchen joke, or team photo? Send it in, we will include it in the next issue.

Thanks again for your daily work. Whether you have been with us for years or just settling in, what you do matters—and it's noticed!