

STAFF WELLNESS

STAFF RESOURCES



EAP Services

The Washington State Employee Assistance Program (EAP) is a free, confidential program created to promote the health, safety and well-being of public service employees. When you're ready to get help, we're here for you.



Staff Psychology Program

Developed in 1999, the Staff Psychology program strives to promote individual and group wellness, facilitate conflict resolution, develop resilience, and champion outstanding teamwork and leadership. Individual consultations are available to all agency and contract staff.



Resilience Support Team

The Washington State Department of Corrections RST serves to provide consistent, meaningful stress intervention and resilience training to every staff person in the agency.



CONTACT US

Duty Officer Staff Psychologist available 24/7.

"Taking care of one another"

Employee Assistance Program (EAP) Phone line available.