



FAMILY COUNCIL MEETING MINUTES

Location: Larch Correction Center Date: 2-3-2022 Time: 3:00 PM

Teleconference details: Larch Bi-Monthly LFC Meeting via TEAMS

Meeting Attendees

Department/facility co-chair: Superintendent Miller, co-chair: _____

Facility/council secretary: Nancy Simmons CPFC, if applicable: _____

Members present COVID Safety & Compliance Lt. Justin Thibodeaux, Family Services Caroline Melhuish, OCO Stella Spracklin, Paige Perkinson DOC Office of Engagement and Outreach, Family members: Clara Jones Gibson, Joyce Jones, and Kaishanna Saunders

Non-council member attendees: _____

Agenda

New business

Topic	Discussion/Key Points	Next Steps
For Reference:	Frequently Asked Questions (FAQ)	Here is the link to the most updated information on DOC's response and protocol on COVID-19. https://doc.wa.gov/corrections/covid-19/faq.htm#calls-faq
New COVID Protocol	Safe Start	Lt. Thibodeaux implemented training for vehicles transporting DNR and CWC workers. Workers sanitize vehicles when they get to the job site and again when they are back to the facility. LCC also has a trained porter that is available for sanitizing vehicles 24 a day.
GRE	GRE update	Incarcerated Individuals are automatically screened, qualified, and then placed on a waiting list. 202 of LCC I/I have been screened and 68 of them are on the wait list. Fact Sheet: https://www.doc.wa.gov/docs/publications/fact-sheets/400-GU009.pdf
CPFC Report	Family Centered Programing	No fundraiser last month due to inclement weather conditions. Fundraiser for February will benefit Clark County Food Bank. Read to Me program is celebrating Dr Sues's' birthday with a Green Eggs and Ham theme. Father Daughter Dance sign-ups are open now, the event will be virtual. I/I will dress up and have photos taken, video tape a dance they learn, and send handmade bears and necklaces crafted by the dads.
I/I Activities	Superbowl	LCC's cable company dropped NBC channel (which airs Super Bowl). DOC IT is working on streaming the game through Peacock TV. HQ is providing snack bags, food service is having a special lunch with hotdogs and hamburgers, and LCC will provide popcorn as well. Good luck to the Rams and Bengals, may the best team win!

Family Question	When is visiting opening?	HQ will be deciding when it is safe to reopen visiting. Visiting will not open until it is safe for all the facilities to be open.
Family Question	Diet for Diabetes	Food Service has an optional menu called LIGHT FAIR MENU that they can request. Incarcerated Individuals also can request a substitute sugar as they are collecting their food tray. Medical can also provide an HSR for the incarcerated individual that states what type of menu or food based on their medical condition. Attached: Menu example for February
Family Question	JPAY issues	There have been problems connecting with video visits. Is there a way to have a JPAY staff member come on the next call and answer questions?

Roundtable open discussion

Next meeting location: Next **LFC** meeting via Teams Date: 4-7-2022 Time: 3:00 PM

Comments: Next **COVID information** meeting will be on Thursday, 2/10/22____ _

The contents of this document may be eligible for public disclosure. Social Security Numbers are ~~considered~~ confidential information and will be ~~redacted~~ in the event of such a request. This form is governed by Executive Order 00-03, RCW 42.56, and RCW 40.14. Upon completion, the data classification category may change.

Distribution: **ORIGINAL** - Family council co-chairs

WEEK ONE

REVISION : 1/19/2022

INSTITUTION: LARCH CORRECTION CENTER

MENS TRADITIONAL DGA MENU

DATES SERVED:

	BREAKFAST		LUNCH		DINNER			
	MAINLIN	LIGHTER FARE	MAINLINE	LIGHTER FARE	MAINLINE	LIGHTER FARE		
S U N D A Y	BREAKFAST TRAY 14634PB	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	FRUIT	1 EACH	CARROT STICKS	1/2 cup	1 CUP	TOMATO SALAD	1 CUP	
		14633PB or REMOVE PB&J	TRI-TATORS	2 EACH	NONE	COOKED BROCCOLI	1 CUP	
			BEEF Patties	1 EACH		CHICKEN ALFREDO	3/4 CUP	1/2 CUP
			CHEESE	1 SLICE		ROTELLE NOODLES	1 CUP	
			WHEAT BUN	1 EACH		GARLIC ROLL	1 EACH	NONE
			MUSTARD	1 EACH	2 EACH	MARGARINE	1 PAT	
			MAYO	1 EACH	NONE	FORTIFIED DRINK	2 EACH	
			KETCHUP	1 EACH	NONE			
			FORTIFIED DRINK	1 EACH				
M O N D A Y	FRUIT	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	OATMEAL WITH PEACHES	1 CUP	CARROTS RAW	1/2 CUP	1 CUP	ROMAINE SALAD	2 CUP	
	BREAKFAST MUFFIN 10554	1 EACH	COLESLAW	1 CUP		DRESSING ITALIAN	2 PKT	
	O'BRIEN POTATOES	1 CUP	TUNA MELT WITH CHEESE	1 EACH	NO CHEESE	COOKED CARROTS	1 CUP	
	SUGAR	2 PACKETS	WG CHOCOLATE CHIP COOKIE	1 EACH	NONE	BEEF FILLING	3/4 CUP	1/2 CUP
	MILK	1 CUP	FORTIFIED DRINK	1 EACH		WHITE RICE	1 CUP	
	MARGARINE	1PAT				DINNER ROLL	1 EACH	NONE
						MARGARINE	1 PAT	
						FORTIFIED DRINK	2 EACH	
T U E S D A Y	FRUIT	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	OATMEAL	1 CUP	CELERY STICKS	1/2 CUP	1 CUP	CUCUMBER/RED ONION SALAD	1 CUP	
	BISCUIT	1 EACH	REFRIED BEANS	1 CUP		MASHED POTATOES	1 CUP	
	CREAM GRAVY W/MEAT	3/4 CUP	CHUNKY SALSA	1/4 CUP		COUNTRY FRIED STEAK	1 EACH	BEEF PATTY
	CHUNK ROASTED POTATO	1 CUP	BEEF & CHICKEN BURRITO	1 EACH		CREAM GRAVY	1/4 CUP	
	MARGARINE	1 PAT	MEXI RICE	1 CUP	NONE	WG ROLL MELTED MARGARINE	1 EACH	NONE
	SUGAR	2 PACKETS	FORTIFIED DRINK	1 EACH		MARGARINE	1 PAT	NONE
	MILK	1 CUP				FORTIFIED DRINK	2 EACH	
W E D N E S D A Y	FRUIT	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	OATMEAL WITH RAISINS	1 CUP	CARROTS SALAD	1/2 CUP	1 CUP	ROMAINE SALAD	1 CUP	
	SCRAMBLED EGGS	1/2 CUP	CAJUN BEANS	1 CUP		SALAD DRESSING	2 PAT	
	O'BRIEN POTATOES	1 CUP	FISH NUGGETS	4 EACH		PEAS	1 CUP	
	POLISH DOG	1 EACH	W/G TORTILLA	1 EACH		CHICKEN CASSEROLE	3/4 CUP	1/2 CUP
	MARGARINE	1 PAT	CHUNKY SALSA	1/4 CUP	MAKE FROM SCRATCH	BROWN RICE	1 CUP	
	SUGAR	2 PAT				WG ROLL MELTED MARGARINE	1 EACH	NONE
	MILK	1 CUP				MARGARINE	1 PAT	
			FORTIFIED DRINK	1 EACH		FORTIFIED DRINK	2 EACH	
T H U R S D A Y	FRUIT	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	OATMEAL	1 CUP	CARROT STICKS	1/2 CUP	1 CUP	PANCAKES	2 EACH	
	TRI-TATORS	2 EACH	PEANUT BUTTER	2 EACH	1 EACH	OATMEAL	1 CUP	
	Apple or Peach CRISP	1 EACH	JELLY	2 EACH	2 EACH	BOILED EGG	2 EACH	
	BOILED EGGS	2 EACH	WHEAT BREAD	4 SLICES	2 SL	TRI-TATORS	2 EACH	NONE
	MARGARINE	1 PAT	FORTIFIED DRINK	1 EACH		PEANUT BUTTER	1 EACH	
	SUGAR	2 EACH				SYRUP	2 EACH	SUGAR FREE SYRUP
	MILK	1 CUP				CHOCOLATE MILK	1 CUP	
			SOUP			MARGARINE	1 PAT	NONE
						FORTIFIED DRINK	2 EACH	
F R I D A Y	FRUIT	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	OATMEAL WITH APPLES	1 CUP	CELERY STICKS	1 CUP		COLESLAW	1 CUP	1/2 CUP
	EGG CHEESE MUFFIN	1 EACH	WHITE BEAN CHILI 13355	1 CUP	COOK FROM SCRATCH CHANGES DUE TO COVID-19	TRI-TATORS	2 EACH	
	TRI-TATORS	2 EACH	WHITE RICE	1 CUP		BREADED FISH PATTY	1 EACH	TUNA 4OZ
	CHOCOLATECHIP MUFFIN	1 EACH	WHEAT ROLL	1 EACH	NONE	TART SAUCE	1 EACH	
	SUGAR	2 PACKETS	MARGARINE	1 PAT	NONE	WG ROLL MELTED MARGARINE	1 EACH	NONE
	MILK	1 CUP	FORTIFIED DRINK	1 EACH		MARGARINE	1 PAT	NONE
	MARGARINE	1 PAT	W/G PUMPKIN MUFFIN	1 EACH	NONE	FORTIFIED DRINK	2 EACH	
S A T U R D A Y	BREAKFAST TRAY 14636PB	1 EACH	FRUIT	1 EACH	2 EACH	FRUIT	1 EACH	
	FRUIT	1 EACH	CARROT STICKS	1/2 CUP	1 CUP	MARINATED CARROTS	1 CUP	1/2 CUP
		14630PB or REMOVE PB&J	TOMATO SALAD	1 CUP	1/2 CUP	SIMMERED BEANS	1 CUP	
			HAWAIIAN CALZ ONE	1 EACH	BAKED CHICKEN	CHUNKY SALSA	1/4 CUP	
			MARINARA SAUCE	1/4 CUP		TACO MEAT	1/2 CUP	DICED CHICKEN
			MACARONI SALAD	1 CUP		WG 10" TORTILLA	1 EACH	
			FORTIFIED DRINK	1 EACH		MEXI RICE	1 CUP	NONE
						CHEESE	3 SLICES	
						FORTIFIED DRINK	2 EACH	

REVISION DATE: 11/23/2021

MENU SUBJECT TO CHANGE WITHOUT NOTICE