



FAMILY COUNCIL MEETING MINUTES

Location: CRCC-S Building Date: 06/05/2021 Time: 1000

Teleconference details: Microsoft Teams Meeting. Please call 1-253-372-2181, then enter the passcode 684683253. You will then be added to the Microsoft Teams meeting.

Meeting Attendees

Department/facility co-chair: Michelle Duncan Family co-chair: Elizabeth Deleon

Facility/council secretary: AA3: Kate Jansen (absent) Family secretary, if applicable: (Vacant)

Members present: Jeff Uttecht (Superintendent), Bill Copeland (Family Services), Madison Murphy (CPPC), Lorrie Collins (Visit Sgt.) Josh Brown (CIS2), Alan and Rondy Alexander, Gwen McIlveen, Kristi Keller, Loren Taylor, Lisa Rogers, Linda Dawson, Rebecca Karshney, Mary Christine

Non-council member attendees: Caitlin Robertson (OCO).

Agenda

Old business

Topic	Discussion/Key Points	Next Steps
Welcome and Announcements	Michelle Duncan welcomed attendees. Discussed the purpose of the Local Family Council. Reviewed the purpose and ground rules for participating in the Family Council. Discussed the relationship between LFC and SFC.	
Housekeeping/Roll Call	Michelle Duncan informed attendees of the rules for the teleconference and took Roll Call.	
Review of Last LFC Meeting	Elizabeth Deleon reviewed the Meeting Minutes from the LFC Meeting on 04/03/2021. The meeting included: Welcome, Announcement, and Roll Call. Review of the last SFC Meeting. Madison discussed the Family Friendly Program and the request for funds. Madison answered some questions regarding events and programs. Sgt. John Turner gave an overview of incoming and outgoing mail procedures. Sgt. Turner answered questions regarding publications and other mail procedures. Kate Jansen presented an overview regarding Extended Family Visits (EFV's).	If you would like to review the Meeting Notes from the previous Local Family Council Meeting, please visit https://doc.wa.gov/family/council-crcc.htm .
Report from Statewide LFC Meeting	Elizabeth Deleon for Gwen McIlveen gave an overview of the Statewide meeting. Review included: Update regarding Rob Herzog's retirement and Cheryl Strange appointment, information on regards to these events. Update regarding Family Services at the Department level. Legislative	If you would like to review the Statewide Family Council Meeting Minutes, please visit

	<p>update was given, along with how that is affecting DOC on a Department-wide scale. Discussion about JPay service. Information given about Re-Entry and Classification. Expansion of Family Services. If interested in any of these topics, please read the statewide meeting minutes on the website. (See right hand column for link).</p>	<p>If you would like to review the Meeting from the Statewide Family Council, please visit https://doc.wa.gov/family/council.htm#statewide-family-council.</p>
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New business

Topic	Discussion/Key Points	Next Steps
IIBF (Incarcerated Individual Betterment Fund)	<p>Pat Barrera was unable to make this meeting. We will present the information about the Incarcerated Individual Betterment Fund on the next LFC Call.</p>	<p>Will be added to the agenda for the 08/07/2021 meeting.</p>
Food Service	<p>Joshua Brown discussed Food Service and those policies and procedures. He discussed: how the menu is created, who approves the menu, and addressed some of the confusion around the menu provided to individuals. Joshua Brown explained about substitutions and why those decisions might be made. Joshua Brown explained the content of the food (low sodium, high protein, etc.)</p> <p>Q: Regarding portion size, what is that based off? A: It is based off calorie intake; we don't base it off an individual's personal size.</p>	<p>If interested in the menu and nutritional information, please view the attachments included with Family Council Meeting Minutes.</p>
	<p>Madison Murphy discussed the Summer Event. She stated that it will be an event where the individual creates something to send home. Due to the way that visitation is set up, we are unable to do an in-person event.</p> <p>Q: Do they get anything special besides making the craft to send home? A: I think that is a great idea if we can do that.</p>	<p>If you have any questions regarding events, please reach out to Madison Murphy at memurphy@doc1.wa.gov.</p>
Closing	<p>Michelle Duncan thanked everyone for attending the meeting. Informed the attendees when the next meeting will take place.</p>	<p>Suggestions for next LFC Meeting: IIBF, Mental Health/Medical.</p>

Roundtable open discussion

- 1. Bill Copeland wanted to remind everyone about Project Avary. We have had some children from Washington State enrolled.**

Here is a great opportunity for your children between the ages of 10 and 15! Project Avary commits to building a community of support & healing and empowering children to achieve essential leadership and life skills.

Project Avary is a community of youth and adults who have personally experienced parental incarceration. We offer a fun and completely online program so children who have a parent in prison do not have to go through this experience alone. There is no cost for your child to attend this program!

We're Offering A place to belong. Youth connect with other youth across the country who have been impacted by parental incarceration. A place to share. Youth can talk about their experience (if they want), in a community free of judgment. A place to give back. Youth may apply to become paid Junior Counselors, where they may find joy in supporting others. Oh yeah, it's FUN! We believe that play is necessary to build relationships and communities. While this group does address a serious issue, it is also serious fun!

To Participate, youth must: - be between the ages of 10-15 - have a parent who is or was incarcerated - be aware of the parent's incarceration - have internet and device access during scheduled group times - commit to attending all 6 community meetings.

Project Avary was founded in 1999 as one of the first nonprofit organizations in the nation dedicated to improving life outcomes among children with parents in prison.

See more on the website www.projectavary.org or contact Project Avary by email join@projectavary.org .

2. **Is it possible to have someone come speak about Project Avary and what the program is?** A: Yes, I believe they would be happy to come and speak with us.
3. **I heard that the Strengthening Families program wasn't happening, since there wasn't a budget for it?** A: These programs often get confused. The grant for Strengthening Families has been extended, and we are able to still offer the Strengthening Families program.
4. **I don't see anything in the nutritional values regarding sugar?** A: The information should be included in the one that Mr. Brown had presented. I will be sure to send a copy of that to you with the meeting minutes. It is located next to fiber.
5. **Do we have any thoughts on when Visitation might open a little more?** A: The Department at this time has decided to maintain the status that we are operating at. I know that there are conversations happening at Headquarters, but I am not a part of those conversations.
6. **Do you know who the person to contact would be regarding being a part of the visitation conversation?** A: I don't have a name to give you. I would recommend taking it to the Statewide Family Council Meeting or you could send an email to the DOC Correspondence Unit at doccorrespondenceunit@doc1.wa.gov.
7. **Should we call before we travel for our visits?** A: You are more than welcome to call Kate Jansen and verify. I do believe that it is a small possibility of something happening, so I can't say that you have a 100% guarantee.

Next meeting location: Microsoft Teams Date: 08/07/2021 Time: 1000

Comments: _____

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