

# RESTRICTIVE HOUSING

Providing Safe and Secure Restrictive Housing



## ABOUT

Restrictive Housing is housing for incarcerated individuals whose continued presence in general population would pose a serious threat to employees/contract staff, themselves, other individuals, or to the security of a correctional facility.

## TYPES OF RESTRICTIVE HOUSING

### Administrative Segregation (Ad Seg)

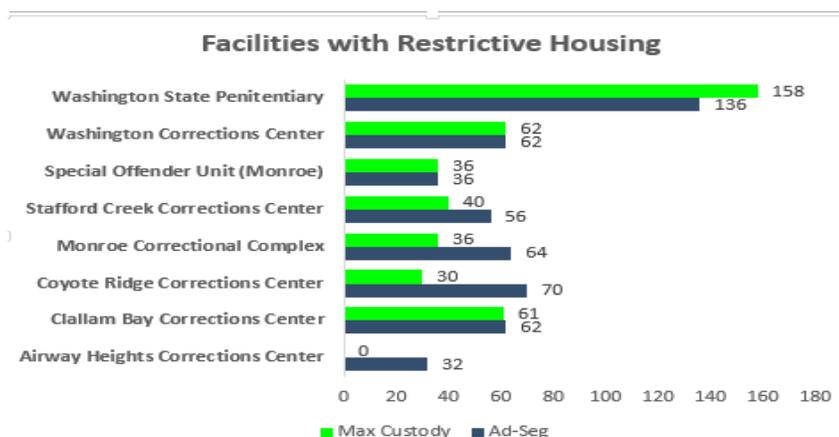
The purpose of Ad Seg is to temporarily remove an incarcerated individual from the general population until a timely and informed decision can be made about appropriate housing based on their behavior.

An individual may be assigned to Ad Seg when they:

- Pose a significant risk to the safety and security employees, contract staff, volunteers and/or other individuals.
- Requests protection or is deemed by employees/contract staff to require protection.
- Are pending transfer or in transit to a more secure facility.
- Poses a serious escape risk.
- Are pending investigation for behavior that represents a significant threat.

### Maximum (MAX) Custody

MAX custody is the department's most restrictive custody. Individuals can be placed in MAX custody when they pose a significant risk to the safety and security of employees, contract staff, volunteers or other individuals, have validated protection needs, or designated individuals with serious mental illness. While assigned to MAX custody, individuals are expected to participate in programming targeted to positively influence their risk, needs assessment. Available programming outlined on page 2 & 3.



**Total Ad Seg Capacity : 518**

**Total MAX Custody Capacity: 423**

\*Note: Data shows that during the COVID crisis and the many challenges created, the use of Restrictive Housing has not increased. As of July 15, 2021, a total of 253 males were assigned to Ad Seg, while 219 males were assigned to MAX custody.

# PROGRAM DESCRIPTIONS

## Intensive Transition Program

Allows individuals time to develop social skills to successfully live in general population and move to lower custody levels. Focuses on social knowledge, self-awareness and self-control to foster physical, emotional, social, and spiritual development.

## Getting It Right

Rational self-counseling, trans-theoretical model of change, social learning theory, and interactive journaling. Assists participants with starting their transition towards responsible living.

## Mindful Meditation

Meditation class for beginning and advanced levels. Helps to gain calm, clarity, focus, peace, and self-discipline.

## Basic Skills

Provided instruction in fundamental academic and pre-occupational skills, with an emphasis on reading, math, writing, and basic computer literacy. Participants can work on GED or test prep.

## Aggression Replacement Training

Focuses on skills needed for transitioning to less restrictive levels of custody/care. Incorporates social and coping skills.

## Positive Psychology

Teaches individuals to change negative ways of thinking to change how they feel to lead an overall satisfactory life.

## Art Therapy

Encourages socialization through art. Individuals create art using various media while engaging in conversations about their likes and dislikes.

## Seeking Safety

Provides a setting for individuals who have suffered from trauma and/or substance abuse, helping them to establish safety models they can follow and prepare them to handle implications that are a part of the trauma/addiction.

## Chemical Dependency

Rehabilitation and recognizing triggers that may lead to relapse.

## Redemption

The goal of the program is to create a safer environment both in prison and the community. Redemption is a self-sustaining program which is facilitated by incarcerated individuals from general population.

## Cognitive Distortion

Helps individuals gain insight to deeply rooted beliefs that are founded on false ideas/notions.

## In-Cell Cognitive Behavior Change Program

This course helps individuals understand and recognize thoughts and/or feelings that have caused them to behave in ways that resulted in incarceration.

## Hustle 2.0 —The Preseason – Hustle Guide, Book One

These courses are self-directed, in-cell study programs that are packed with self-assessments, journal exercises, case studies, testimonials and success stories.

## Challenge Program

Focuses on helping high-risk individuals live a life free of criminal activity, violence and drug use and emphasizes the importance of building a health support community. Interactive journaling provides a comprehensive curriculum for high-security and step-down individuals.

# PROGRAM DESCRIPTIONS

## Transition Pods

Provides participants with the opportunity to interact with other incarcerated individuals while out of restraints.

## Transition Group

This is revolving group that assists individuals who are preparing to promote to lower custody levels.

## Anger Management

Helps individuals identify triggers and how to deal with difficult situations. It focuses on ways to remain calm and collective.

## Wellness

Developed to help individuals gain insight about how to take care of yourself and effectively use coping skills and other important parts of wellbeing.

## Creative Writing

It allows individuals to brainstorm on topics and explore ideas rooted in positivity.

## Chess Club

Individuals learn the strategy of chess and play chess with each other.

## Standardized Stress and Anger Management

Designed to help individuals identify the warning signs of stress and anger, present coping strategies, and enable them to develop a personalized tool kit to effectively handle the stress and anger they will encounter in their lives.

## Adult Basic Education/GED

Transitional studies to assist individuals in obtaining their GED.



## PROGRAMS OFFERED

### Clallam Bay Corrections Center

*(Clallam Bay, Clallam County)*

- Aggression Replacement Training
- Intensive Transition Program
- Getting It Right
- Adult Basic Education/GED
- Challenge Program
- Cognitive Behavior Change Program

### Coyote Ridge Corrections Center

*(Connell, Franklin County)*

- Cognitive Behavior Change Program
- Transfer Pod

### Monroe Correctional Complex

*(Monroe, Snohomish County)*

- Aggression Replacement Training
- Mindful Meditation
- Dialectical Behavior Therapy
- Transfer Pod
- Transition Pod
- Cage Your Rage

### Special Offender Unit-Monroe Corr. Complex

*(Monroe, Snohomish County)*

- Positive Psychology
- Dialectical Behavior Therapy
- Art Therapy
- Seeking Safety
- Wellness
- Transition Group
- Anger Management

→ Creative Writing

→ Cognitive Distortion

→ Chess Club

### Washington Corrections Center

*(Shelton, Mason County)*

- Adult Basic Education /GED
- Cognitive Behavior Change Program
- Transfer Pod

### Stafford Creek Corrections Center

*(Aberdeen, Grays Harbor County)*

- Standardized Stress and Anger Management
- Redemption
- Getting It Right

→ Chemical Dependency

→ Cognitive Behavior Change Program

→ Transfer Pod

→ Transition Pod

### Washington State Penitentiary

*(Walla Walla, Walla Walla County)*

→ Chemical Dependency

→ Adult Basic Education/GED

→ Cage Your Rage

→ Cognitive Behavior Change Program

→ Hustle 2.0 The Preseason and Guide Book One

# RESTRICTIVE HOUSING STEERING COMMITTEE

The Restrictive Housing Steering Committee was established in February 2018, it is comprised of staff from each facility, both union represented and non-represented positions. The committee monitors restricted housing within the department and makes meaningful and well thought out recommendations concerning the reformation of our policies and procedures. We realize not all of these recommendations will be popular, however it is all of our responsibilities to manage safe and human prisons, continuing work concerning restricted housing will uphold this vision. Through the pandemic the committee has continued to meet and move forward on initiatives.

Mission Statement: **Identify inform and implement safe and meaningful change within Restricted Housing.**

Vision statement: **Steering Restrictive Housing into the future.**

## RESTRICTIVE HOUSING REFORM

The department continues its efforts to implement reforms and process improvements, even amid significant challenges imposed by the COVID-19 pandemic. Upcoming initiatives which have recently been implemented:

### ◆ **Enhanced Closed Custody**

Repurposing of restrictive housing beds into Enhanced Closed custody beds. In August 2021, the department established procedures for an Enhanced Close Custody Unit for the assignment of incarcerated individuals that have exhibited behavioral problems (e.g., gang affiliations/involvement strong-arming/intimidation tactics, determined a threat to security or the orderly operation of a facility) to an area designated to provide increased security and observation without placing them in a Restrictive Housing environment.

### ◆ **Repurposing of Administrative Segregation beds into Transfer Pod beds**

In July 2021, the department established procedures to divert those in Restrictive Housing awaiting transfer to another facilities general population by creating a pod transfer pods that allow individuals unrestrictive movement in the pod.

### ◆ **Elimination of Disciplinary Segregation**

Evaluated data indicated that disciplinary segregation utilized as a disciplinary action has not been proven to be an effective sanction or deterrent to negative behavior. As a result, on September 16, 2021, DOC eliminated the use of disciplinary segregation throughout the agency.

### ◆ **Launched a Restrictive Housing Web Page**

In September 2021, the department launched a Restrictive Housing webpage where is provides information on policies, laws and regulations, publications and job aids and links to resources. Link to [Restrictive Housing](#) webpage.

### **Initiatives in progress include:**

- ◇ Time Keeping System pilot at Monroe Correction Center, Special Offender Unit
- ◇ Prison Division Administrative Segregation Training
- ◇ Mental Health Disciplinary Process Pilot at WCCW and MCC-SOU
- ◇ Ability to receive Earned Time for Maximum Custody programming
- ◇ Transition Pods at SCCC and WSP
- ◇ WSP IMU South Recreation Yard improvements



For additional Restrictive Housing Initiatives visit the [Restrictive Housing](#) webpage.