RESTRICTIVE HOUSING
Providing Safe and Secure Restrictive Housing

ABOUT

Restrictive Housing is a way for the Department of Corrections to improve public safety by segregating incarcerated individuals from the general population when they present a risk to the safety and security of a facility or themselves in a general population setting.

TYPES OF RESTRICTIVE HOUSING

Administrative Segregation (Ad Seg)
The purpose of Ad Seg is to temporarily remove an individual from the general population until a timely and informed decision can be made about appropriate housing based on their behavior.

An individual may be assigned to Ad Seg when they:

- Pose a significant risk to the safety and security of Department employees, contract staff, volunteers and other incarcerated individuals.
- Requests protection or is deemed by employees/contract staff to require protection.
- Are pending transfer or in transit to a more secure facility.
- Poses a serious escape risk.
- Are pending investigation of behavior that represents a significant threat.

Maximum (MAX) Custody

MAX custody is the department’s most restrictive custody. Individuals can be placed in MAX custody when they pose a significant risk to the safety and security of Department employees, contract staff, volunteers and other incarcerated individuals, have validated protection needs, or designated individuals with serious mental illness that meet the criteria.

Total Ad Seg Capacity: 580
Total MAX Custody Capacity: 393

*Note: Coyote Ridge and Airway Heights Corrections Centers do not have MAX custody. As of June 24, 2019, a total of 441 males were assigned to Ad Seg, while 318 males were assigned to MAX custody.
**Program Descriptions**

**Intensive Transition Program**
Allows individuals time to develop social skills to successfully live in general population and move to lower custody levels. Focuses on social knowledge, self-awareness and self-control to foster physical, emotional, social, and spiritual development.

**Getting It Right**
Rational self-counseling, trans-theoretical model of change, social learning theory, and interactive journaling. Assists participants with starting their transition towards responsible living.

**Mindful Meditation**
Meditation class for beginning and advanced levels. Helps to gain calm, clarity, focus, peace, and self-discipline.

**Basic Skills**
Provided instruction in fundamental academic and pre-occupational skills, with an emphasis on reading, math, writing, and basic computer literacy. Participants can work on GED or test prep.

**Aggression Replacement Training**
Focuses on skills needed for transitioning to less restrictive levels of custody/care. Incorporates social and coping skills.

**Trauma Group Therapy**
This course addresses understanding the traumatic experience, mindfulness techniques and teaches forgiveness of the self and others.

**Positive Psychology**
Teaches individuals to change negative ways of thinking to change how they feel to lead an overall satisfactory life.

**Dialectical Behavioral Therapy**
Provides learning core mindfulness, interpersonal effectiveness, emotional regulations, and distress tolerance.

**Art Therapy**
Encourages socialization through art. Individuals create art using various media while engaging in conversations about their likes and dislikes.

**Chemical Dependency**
Rehabilitation and recognizing triggers that may lead to relapse.

**99 Days and a Get Up**
Assists with transition to society and aids with resume writing, job searches and introduction to community resources.

**Redemption**
The goal of the program is to create a safer environment both in prison and the community. Redemption is a self-sustaining program which is facilitated by incarcerated individuals from general population.

**Cognitive Distortion**
Helps individuals gain insight to deeply rooted beliefs that are founded on false ideas/notions.

**In-Cell Cognitive Behavior Change Program**
This course helps individuals understand and recognize thoughts and/or feelings that have caused them to behave in ways that resulted in incarceration.

**Roots of Success**
Roots environmental literacy curriculum covers vital environmental topics and issues that challenges students to think critically in order to innovate community-based solutions. Facilitated by incarcerated individuals from general population it emphasizes job readiness and re-entry skills.
Transition Pod
Provides participants with the opportunity to interact with other incarcerated individuals while out of restraints.

Seeking Safety
Provides a setting for individuals who have suffered from trauma and/or substance abuse, helping the to establish safety models they can follow and prepare them to handle implications that are a part of the trauma/addiction.

Wellness
Developed to help individuals gain insight about how to take care of yourself and effectively use coping skills and other important parts of wellbeing.

Transition Group
This is revolving group that assists individuals who are preparing to promote to lower custody levels.

Anger Management
Helps individuals identify triggers and how to deal with difficult situations. It focuses on ways to remain calm and collective.

Creative Writing
It allows individuals to brainstorm on topics and explore ideas rooted in positivity.

Chess Club
Individuals learn the strategy of chess and play chess with each other.

Standardized Stress and Anger Management
Designed to help individuals identify the warning signs of stress and anger, present coping strategies, and enable them to develop a personalized tool kit to effectively handle the stress and anger they will encounter in their lives.

Adult Basic Education/GED
Transitional studies to assist individuals in obtaining their GED.

Programs Offered

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<th>Clallam Bay Corrections Center (Clallam Bay, Clallam County)</th>
<th>Washington Corrections Center (Shelton, Mason County)</th>
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<tr>
<td>→ Aggression Replacement Training</td>
<td>→ Adult Basic Education /GED</td>
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<td>→ Intensive Transition Program</td>
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<td>→ Getting It Right</td>
<td>→ Stafford Creek Corrections Center (Aberdeen, Grays Harbor County)</td>
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<td>→ Adult Basic Education/GED</td>
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<th>Monroe Correctional Complex (Monroe, Snohomish County)</th>
<th>Washington State Penitentiary (Walla Walla, Walla Walla County)</th>
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How long do individuals stay in Administrative Segregation (Ad Seg)?

Individuals can be in Ad Seg for a maximum of 47 days. During this time, staff must identify appropriate housing as quickly as possible in a safe, thoughtful manner. A 14-day extension may be requested if additional time is needed to identify proper placement.

How are individuals assigned to Maximum custody (MAX)?

The DOC has developed multi-disciplinary teams (MDTs) at each facility as well as at DOC headquarters that work together to decide whether to assign an individual to MAX custody or identify appropriate alternative placement in general population setting.

Investigative staff and experts in mental health, classification and custody serve on the teams and review factors such as the individual’s risks or needs, infraction history, and any affiliations with security threat groups. When the team assigns an individual to MAX custody, staff develop a behavior programming plan to outline what is required of the individual to accomplish before he or she may be considered for promotion to lower levels of custody.

The facility team conducts informal reviews with individuals assigned to MAX custody every two months with formal reviews occurring every six months. DOC headquarters teams make the decision to promote an individual to lower levels of custody, with the input from facility team.

What happens while an individual is in restrictive housing?

Individuals are expected to participate in programming aimed to improve their behavior, make better decisions while in prison and in the community after release. Idleness—reducing activities are also offered in classrooms to increase time outside their cells. The programs are facilitated in congregate classrooms within IMU’s using security programming chairs.

The programs’ main goal is reducing recidivism back into MAX custody, while creating safer environments for both staff and incarcerated individuals.

Are female individuals ever placed in restrictive housing?

Yes, but it is rare. Research has shown traditional correctional management practices historically used with incarcerated males is not effective with the females. The DOC has integrated several gender-responsive approaches to managing behavioral issues with females. As of June 24, 2019, one female was assigned to MAX custody, and the average number of females in Ad Seg at any time is usually fewer than 10.