**REENTRY GOALS**

 Community Parenting Alternative

Name:       DOC number:       Date:

List 3 goals to accomplish (Goals should be realistic and achievable):

1.
2.
3.

What is your 5 year goal and what are the steps you need to take to accomplish this goal?

What is your ideal life for you and your family/support people in 5 years?

What has worked for you in the past?

What has not worked for you in the past?

What are triggers for your relapse?

What do you need in place to assist you to be successful?

What are your strengths as a parent?

What are your challenges as a parent?

What does “putting your kids first” look like to you?

**The contents of this document may be eligible for public disclosure. Social Security Numbers are considered confidential information and will be redacted in the event of such a request. This form is governed by Executive Order 16-01, RCW 42.56, and RCW 40.14.**

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