# **NEUTRAL POSTURE**

Multifunction Chair Operating Instructions



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Chair Operating Instructions

#### 1. Back Height

Slowly lift the back until you have the appropriate lumbar support. If the back is too high, lift the back all the way up and then lower to the first position.

#### 2. Inflatable Lumbar

Locate the small lever or bulb protruding at bottom right side of backrest. Lift the lever slowly and repeatedly or push bulb to inflate lumbar pillow. Depress and hold to deflate.

## 3. Seat Height

Lift the lever and lift your weight to raise the seat to the desired position. To lower the seat, lift the lever while remaining seated.

## 4. Seat Angle

Push down to adjust seat angle. Lift to lock into place. For rocking, push the lever all the way down.

#### 5. Back Angle

Lift lever and recline to your desired position. Release lever to lock into place.

#### 6. Seat Tilt Tension

From in front of the chair turn the knob to the right to increase tension or turn the knob to the left to decrease tension.

## 7. Forward Tilt-stop

To increase forward tilt, recline seat angle slightly and then rotate the control forward.
To reduce, rotate the control backward.

## 8. Seat Slider (Depth)

With your back against the backrest, lift the lever to disengage the lock and slide the seat to your desired position. Release the lever to lock the seat in place.

#### 9. Arm Width

Push lever down to release the arm and slide the arm to the proper position. Lift lever to lock arm into place.

### 10. Arm Height

Press button to adjust height until your arms are properly supported.

#### 11. Pad Rotation

Squeeze the lever under the front of the arm pad to rotate in a full 360° circle. Release the lever to lock into desired position.

#### 12. Arm Pad Position

Squeeze the button on the edge of the pad to release and slide in any direction.

