

INDETERMINATE SENTENCE REVIEW BOARD  
BOARD MEETING  
SUMMARY MINUTES

August 14, 2019

A regular meeting of the Indeterminate Sentence Review Board was held in the ISRB Office Building located at 4317 Sixth Avenue SE, Lacey, commencing at 9:00 a.m.

Present were:

Board Members:

Staff:

Kecia Rongen  
Lori Ramsdell-Gilkey  
Jeff Patnode  
Elyse Balmert

Robin Riley, Executive Assistant

**A. To the Table Case – Members had a full Board discussion of this ISRB case.**

**PRE-84**

- PLEMONS, Richard
- DOC #286922
- Purpose: Full Board Discussion
- Date: August 14, 2019
- List of Documents Reviewed
  - ISRB File
- An updated prosecutor recommendation was not received.
  
- Mr. Plemons was seen for a .100 hearing at the Airway Heights Corrections Center on July 31, 2019.
  
- **Summary Discussion**  
Mr. Patnode presented this case.

Mr. Plemons is under the jurisdiction of the Board in King County Cause #82-1-02210-8 for Count II Attempted Murder in the First Degree.

The crime involved Mr. Plemons attacking a 14 to 15 year old girl as she was walking; he placed a webbed belt around her neck and strangled her to unconsciousness. He drug her to a wooded area and sexually assaulted her believing she was dead. The victim did survive and was resuscitated by first responders. Mr. Plemons was 23 years of age at the time of the crime and he is currently 60 years of age.

Prior criminal history includes attempting to rape a 60 year old female when he was 14 or 15 years of age, and at 22 years of age raping an intoxicated female he met at a party. These crimes were self-reported during treatment. Mr. Plemons disclosed other concerning behavior during treatment.

Mr. Plemons has committed two risk related sexual infractions in the last couple of years. Mr. Plemons initially stated that his two sex related infractions did not have a sexual motivation. When question further he admitted he was sexually aroused to the idea that he might be seen by the female Corrections Officer on the days he was infracted.

Mr. Plemons completed the Sex Offender Treatment and Assessment Program (SOTAP) as part of an adjunct groups for the second time in April of 2019. Mr. Plemons had an issue with being transparent regarding his deviant arousal, and it is concerning to the Board that he committed the most recent infractions while in treatment.

Ongoing concerns for Mr. Plemons are related to deviant arousal, sexual preoccupation, and power and control related to women.

Mr. Plemons has been working in the Correctional Industries Food Factory.

- **Decision:**  
The panel recommends he be found not parolable and that 48 months be added to his minimum term.
- **Reasons:**
  - **Mr. Plemons has not sufficiently addressed his highest risks.**  
He was not accurately reporting his deviant arousal and associated reinforcement through masturbation during his most recent time in SOTAP treatment (disclosed with two weeks left in treatment out of a twelve month participation). Additionally, Mr. Plemons continues to be assessed as having a “high need” in the following dynamic risk factors: Hostility Toward Women; Poor Problem Solving; Sex Drive-Preoccupation; Sex as Coping; Deviant Sexual Interest, and Capacity for Relationship Stability;
  - **Mr. Plemon’s is not fully rehabilitated and needs additional programming.**  
His identified ongoing high needs areas include deviant arousal, using his interventions and being transparent regarding his ability to appropriately manage his thoughts and sexual responses. Dr. Richel indicated in the recent psychological evaluation completed in January of 2019, “Mr. Plemon’s should more fully invest in SOTAP treatment to

acknowledge sexual deviancy as a motivating factor in his criminal behavior”. Dr. Timothy Richel opines “Mr. Plemons does not appear to have adequately mitigated key dynamic risk factors to such an extent that he could be relied upon to exercise effective coping in a less restrictive environment”. He goes on to say the Mr. Plemons is more than likely to recidivate if released to the community.

- **Mr. Plemons has two recent risk related sexual serious infractions since his last hearing.**

The most recent infractions include two Indecent Exposures (2017 and 2018), both of which involved him masturbating on his bunk, purposefully during a time in which females Corrections Officers (CO) would see him. He admitted during his hearing that these behaviors were sexually motivated and he was aroused to the thoughts of being seen by a female CO. This behavior is indicative of Mr. Plemons inability to stop illegal sexual behavior or control his sexual impulses.

- **RECOMMENDATIONS:**

*Richard Plemons should continue to have positive behavior and be assess for ongoing participation in any other sex offender treatment that might address his deviant arousal (with increased transparency). For his next hearing, he needs an updated psychological evaluation and Forensic Psychological Evaluation (FPE) as he has passed a significant age threshold (60. The 2012 FPE, completed by Dr. Patterson, indicates the evaluator believes Mr. Plemons meet criteria for civil commitment under RCW 71.09. He would also benefit from programming to address his poor problem solving (possibly Thinking for a Change) as well as his hostility toward women and capacity for relationship stability.*

- **Next Action:**

- Schedule .100 hearing 120 days prior to his (PERD). An updated psychological evaluation will be needed for Mr. Plemons’ next .100 hearing. An updated Forensic Psychological Evaluation would also be helpful as Mr. Plemons is now 60 years of age.

- **Vote:**

Jeff Patnode	Agree with recommendation
Kecia Rongen	Agree with recommendation
Lori Ramsdell-Gilkey	Agree with recommendation
Elyse Balmert	Agree with recommendation