

Restrictive Housing

Providing Safe and Secure Restrictive Housing



PROGRAMS OFFERED

Inmates in Maximum (MAX) custody participate in various programs at their facilities designed to help them improve their behavior while in prison and in the community after release.

Various programs are available at the following facilities which include:

Clallam Bay Corrections Center

(Clallam Bay, Clallam County)

- Alternatives to Aggression
- Intensive Transition Program
- Getting It Right

Monroe Correctional Complex

(Monroe, Snohomish County)

- Alternatives to Aggression
- Acceptance Commitment Therapy
- Mindful Meditation

Special Offender Unit-Monroe Corr. Complex

- Alternative to Aggression
- Positive Psychology
- Dialectical Behavior Therapy
- Art Therapy

(Continued on page 2)

About

Restrictive Housing is a way for the Department of Corrections to improve public safety by segregating inmates from the general population when they present a risk to the safety and security of a facility or themselves, in a general population setting.

Types of Restrictive Housing

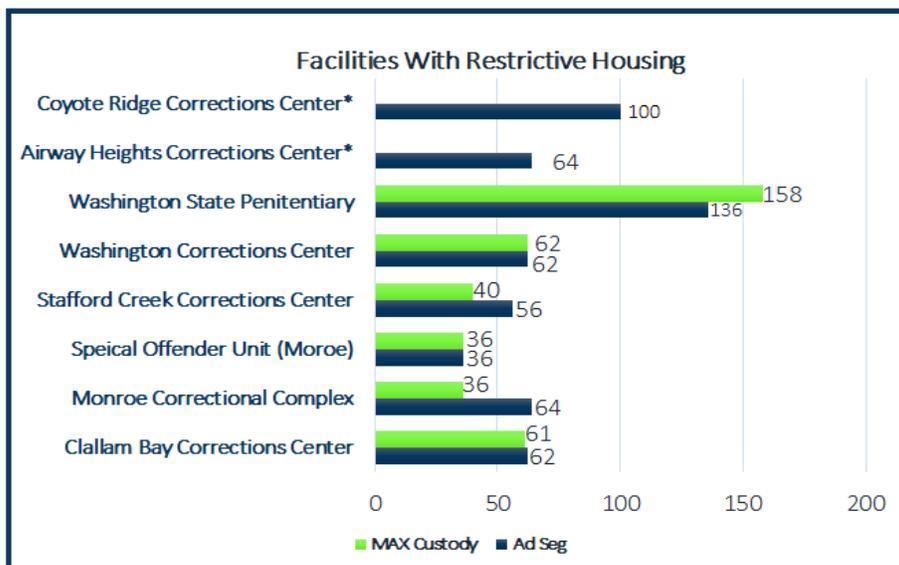
1) Administrative Segregation (Ad Seg)

Inmates are temporarily removed from the general population for safety, then placed in new housing after being assessed. Inmates can be put in Ad Seg when they:

- Pose a threat to themselves, staff, other inmates, property or orderly operation of the facility
- Request protection, or staff determines they need protection
- Are pending transfer or are in transit to a more secure facility
- Pose a serious escape risk or are under investigation

2) Maximum (MAX) custody or Intensive Management Status (IMS)

MAX custody is the DOC's most restrictive custody. Inmates can be placed in MAX custody when they present a serious threat to safety of employees, contract staff or other inmates through a pattern of violent or seriously disruptive behavior or if they have extreme protection needs.



Total Ad Seg Capacity : 580 Total MAX Custody Capacity: 393

**Note: Coyote Ridge and Airway Heights Corrections Centers do not have MAX custody. As of July 28, 2016, a total of 574 male inmates were assigned to Ad Seg, while 316 male inmates were assigned to MAX custody.*

Frequently Asked Questions

How long do inmates stay in Administrative Segregation?

An inmate can be in Ad Seg for a maximum of 47 days, During this time, staff must identify appropriate housing as quickly as possible in a safe, thoughtful manner. A 14-day extension may be requested if additional time is needed to identify proper placement.

How are inmates assigned to Maximum custody?

The DOC has developed multi-disciplinary teams (MDTs) at each facility as well as at DOC headquarters that work together to decide whether to assign an inmate to MAX custody or identify appropriate alternative placement in general population.

Investigative staff and experts in mental health, classification and custody serve on the MDTs and review factors such as the inmate's risks or needs, infraction history, and any affiliations with security threat groups. When the MDT assigns an inmate to MAX custody, staff develop a behavior programming plan to outline what is required of the inmate to accomplish before he or she may be considered for promotion to lower levels of custody. The facility MDT conducts informal reviews with inmates assigned to MAX custody every two months with formal reviews occurring every six months. DOC headquarters MDTs make the decision to promote an inmate to lower levels of custody, with the input from facility MDTs.

What happens while an inmate is in restrictive housing?

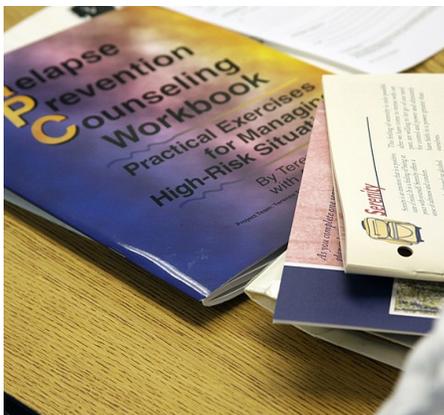
Inmates are expected to participate in programming aimed to improve their behavior, make better decisions while in prison



and in the community after release. Idleness –reducing activities are also offered in classrooms to increase time outside their cells. The programs are facilitated in congregate classrooms within IMU's using security programming chairs. The programs' main goal is reducing recidivism back into MAX custody, while creating safer environments for both staff and inmates.

Are female inmates ever placed in restrictive housing?

Yes, but it is rare. Research has shown traditional correctional management practices historically used with male inmates are not effective with female inmates. The DOC has integrated several gender-responsive approaches to managing behavioral issues with female inmates. As of July 28, 2016, no female inmates were assigned to MAX custody, and the average number of female inmates in Ad Seg at any time is usually fewer than 10.



Stafford Creek Corrections Center (Aberdeen, Grays Harbor County)

- Getting it Right
- Chemical Dependency
- Redemption

Washington Corrections Center (Shelton, Mason County)

- Basic Education

Washington State Penitentiary (Walla Walla, Walla Walla County)

- Alternatives to Aggression
- Chemical Dependency
- 99 Days and a Get Up
(Release Planning)
- Achieving Your Potential
- Adult Basic Education/GED
- How to be a Responsible Father

PROGRAM DESCRIPTIONS

Intensive Transition Program

Allows offenders time to develop social skills to successfully live in general population and move to lower custody levels. Focuses on social knowledge, self-awareness and self-control to foster physical, emotional, social and spiritual development.

Getting It Right

Rational self-counseling, trans-theoretical model of change, social learning theory and interactive journaling. Participants make the transition into the community and toward responsible living.

Mindful Meditation

Meditation class for beginning and advanced levels. Helps to gain calm, clarity, focus, peace and self-discipline.

Basic Skills

Provided instruction in fundamental academic and pre-occupational skills, with an emphasis on reading, math, writing, and basic computer literacy. Participants can work on GED or test prep.

Alternatives to Aggression

Focuses on skills needed for transitioning to less restrictive levels of custody/care. Incorporates social and coping skills. Required for Intensive Treatment Status.

Acceptance and Commitment Therapy

Experiential group to impact inmate's daily life; goal is to create a rich, full and meaningful life while accepting emotional pain.

Positive Psychology

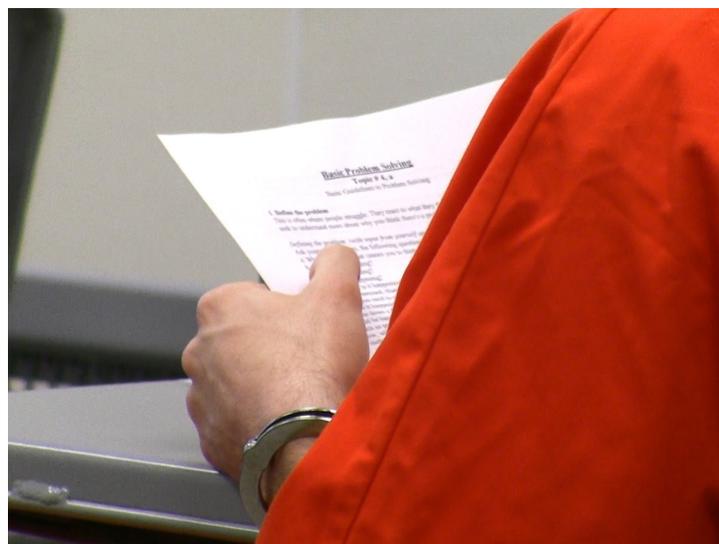
Teaches inmates to change negative ways of thinking to change how they feel to lead an overall satisfactory life.

Dialectical Behavioral Therapy

Provides learning core mindfulness, interpersonal effectiveness, emotional regulations and distress tolerance.

Art Therapy

Encourages socialization through art. Inmates create art using various media while engaging in conversations about their likes and dislikes.



Chemical Dependency

Rehabilitation and recognizing triggers that may lead to relapse

99 Days and a Get Up

Assists with transition to society and aids with resume writing, job searches and introduction to community resources

Achieving Your Potential

Assists inmates to learn skills necessary for lower custody levels and live safely in the general population.

Redemption

The goal of the program is to create a safer environment both in prison and the community. Redemption is a self-sustaining program which is facilitated by general population offenders.

How to be a Responsible Father

Provides an environment that encourages growth and change by assisting offenders in learning skills necessary to become a responsible parent.

— For More Information —

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