

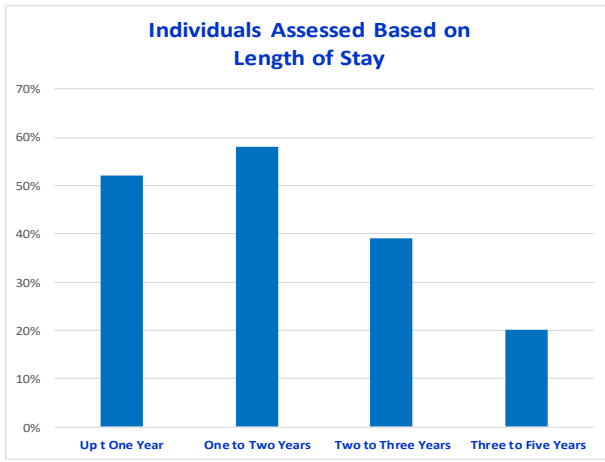
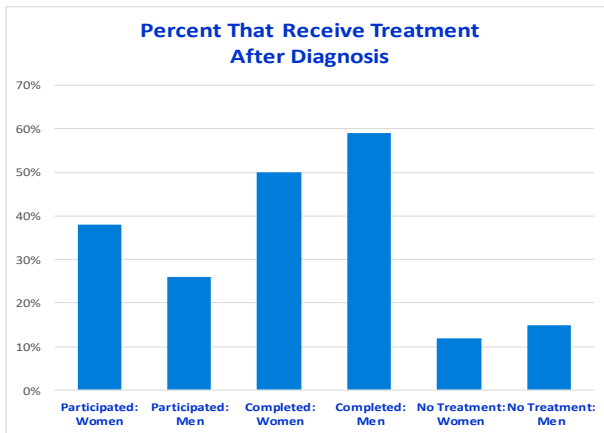
FAST FACTS ON SCREENINGS

All Individuals Screened as Needing Substance Abuse Assessment in 2017: 2399

Women.....299
Men..... 2100

Received Assessment: 1,120

Women.....232
Men.....888



Opening the Doors to Sobriety

SUBSTANCE ABUSE TREATMENT FACILITIES

- Airway Heights Corrections Center
- Cedar Creek Corrections Center
- Coyote Ridge Corrections Center
- Larch Corrections Center
- Monroe Correctional Complex
- Mission Creek Corrections Center for Women
- Olympic Corrections Center
- Stafford Creek Corrections Center
- Washington Corrections Center
- Washington Corrections Center for Women
- Washington State Penitentiary



Substance Abuse Recovery Unit

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Treatment Overview

Consistent with research, evidence-based as well as promising and best practices, the Substance Abuse Recovery Unit (SARU) offers a comprehensive continuum of intensive outpatient, intensive day treatment, and residential treatment services. DOC currently has substance use disorder treatment available at 11 of the 12 Washington State prison facilities and nine work release locations.

What We Do

The Department of Corrections (DOC) Substance Abuse Recovery Unit (SARU) is one of the largest certified treatment agencies in the State of Washington, with services in 25 state-certified facilities located within prisons and work releases. Treatment services are delivered utilizing an evidence based, structured curriculum to include cognitive behavioral interventions, didactic education, group and individual counseling, motivational interviewing, and recovery-focused skill building. SARU treatment services provide a specialized focus on correcting criminal thinking errors, relapse prevention and management, and gender-specific trauma based therapy.

What the Research Says

The Washington State Institute for Public Policy (WSIPP) found that criminal justice involved individuals who participate in Substance Abuse (SA) treatment programs have lower recidivism rates than those who did not participate by 4 to 9 per-cent. With these avoided crimes, there is a monetary savings to the state. In a 2017 study (“Chemical Dependency Treatment for Offenders: A Review of the Evidence and Benefit-Cost Findings) the Washington State Institute for Public Policy found that for each dollar spent on drug treatment in confinement and partial confinement there is a taxpayer benefit from \$5.05 to \$13.91 for each dollar spent (depending on level of care and sentencing type).

Re-entry Opioid Response

The SARU provides re-entry opioid brief risk screening interventions to inmates releasing from short term confinement. This project provides targeted education to support informed treatment decision making by the releasing inmate, and referrals to medication assisted treatment (MAT) programs. During this process individuals are educated on the proper use of opioid overdose rescue kits, rescue breathing and are then issued a kit upon release from incarceration. The Department of Corrections-STR Re-Entry Team provided these services to 1605 individuals from September 1, 2017 to April 30, 2018 and have issued 816 opioid overdose prevention kits since the beginning of the project. Currently, re-entry MAT referral services are provided at seven locations throughout the state: Nisqually Jail, Kent Regional Justice Center, SCORE, Yakima County Jail, Washington Correction Center for Women, and Washington Correction Center for Men.

Treatment Services

Treatment services are provided, within available resources, to individuals who meet the established eligibility criteria based upon clinical need and sentencing requirements, and follow a triage protocol. In Calendar Year 2017 SARU provided treatment services in total or partial confinement to 3993 individuals.

- Therapeutic Community– Residential (TC)
- Intensive Day Treatment (IDT)
- Intensive Outpatient (IOP)
- Outpatient (OP)

Diagnosed Substance Abuse Dependency

In 2017, 43% of women and 32% of men who received assessments were diagnosed with a primary condition of methamphetamine use disorder. Additionally, there was a significant increase in secondary opioid use disorders. 38% of women and 21% of men were diagnosed with a secondary opioid use disorder.