



Nutrition Type Category: Foods

Best Choice

4100	Almonds, Raw
4019	Baked Goldfish
5325	Brown Rice
4105	Cashews, Unsalted, 3 oz
5354	Corn Tortillas
4117	Cranberry Almond Delight
5311	Creamy Peanut Butter
5329	Crunchy Peanut Butter
5353	Dehydrated Mushrooms
5356	Dehydrated Tomatoes w/Green Chilies
9015	Dehydrated Vegetables
5364	Frosted Shredded Wheat
4108	Granola Bar, Fruit & Nut, 1.2 oz
4104	Granola Bar, Oat & Honey, 1.49 oz
5340	Instant Oatmeal, Assorted
4013	Mixed Nuts
5413	OvaEasy Eggs
4103	Peanuts, Unsalted
5026	Pink Salmon, 2.5 oz
5040	Power Snack Memphis BBQ Chicken Stic
5031	Power Snack Peppered Beef Stick
5320	Rolled Oats
5370	Shredded Wheat, Bite Size, 16.4 oz
5362	Toasted Oats
4118	Walnuts, Halves & Pieces

Better Choice

5283	L/S Spicy Veg Ramen
5386	Mixed Vegetables
4109	Nut & Yogurt Trail Mix
3024	PB Buddy Bars
9900	Pudding Chocolate
5319	Refried Beans
5327	Refried Beans w/jalapeño
9502	Taco Mix
4106	Trail Mix
5006	Tuna in Water
3012	Wheat Crackers

Limited

5208	Angel Hair Pasta
2029	Asst Hard Candy
2018	Atomic Fireballs
5032	Bacon, Fully Cooked, 2.2 oz
3009	Bagel, Plain
5001	Beef & Cheddar Stick
5030	Beef Crumbles
5013	Beef Stick
5360	Berries Bunch O' Krunch
4116	Betty Crocker Mug Treats
5371	Black Beans, 10 oz
2031	Bridge Mix
5033	Bridgford Chorizo, 3.5 oz
5339	Brown Sugar
2000	Butterfinger
2024	Butterscotch Discs
5201	Cajun Shrimp Ramen
5380	Cap'n Crunch Oops All Berries
2045	Caramel Apple Pop, Singles
2013	Caramels
5346	Cereal Bar
4022	Cheddar & Sour Cream
5306	Cheddar Cheese Bar
5307	Cheddar Squeeze Cheese
3005	Cheese Crackers
5316	Cheesy Rice & Beans
4023	Cheetos Crunchy, Flamin Hot
2006	Chick-O-Stick
4005	Chili & Lime Chicharinas

Limited

5335	Chili con Queso
5202	Chili Ramen
5301	Chili w/Beans
5314	Chili w/o Beans
5034	Chilorio Shredded Pork
3002	Chocolate Chip Cookies
3004	Chocolate Crème Cookies
5363	Chocolate Frosted Flakes
5022	Chunk Ham
2015	Coconut Roll
5358	Country Gravy Mix, 1.32 oz
5373	Cream of Wheat, Cinnabon
5200	Creamy Chicken Ramen
5294	Creamy Chicken Ramen, Single
4016	Crunchy Cheetos
4015	Doritos, Spicy Sweet Chili
3013	Duplex Crème Cookies
3031	Filled Croissant
5317	Flour Tortillas, 8"
4004	Frito's Chili Cheese Corn Chips
5369	Frosting, Chocolate
3011	Graham Crackers
5349	Grits
5014	Halal Summer Sausage
2005	Hershey's Cookies & Cream XL
2004	Hershey's Dark Chocolate XL
3105	Honey Bun
4009	Hot & Spicy Pork Rinds
5000	Hot Beef Deli Bites
5011	Hot Summer Sausage
3014	Iced Oatmeal Cookies
4011	Jalapeño Chips
5308	Jalapeño Squeeze Cheese
2026	Jelly Beans
2010	Jolly Ranchers
2030	Kit Kat
4007	Lays BBQ Chips
2022	Lemon Drops
2037	M&Ms Peanut
2035	M&Ms Plain
5211	Macaroni & Cheese

Better Choice

5368	Bran Flakes, 20 oz
3001	Chicken Breast
5347	Cinnamon Squares Cereal
5375	Corn
5341	Dill Pickle
4111	Fruit & Nut Granola
5348	Granola, Cherry Vanilla
5365	Honey Nut Os
5336	Hot Pickle
5415	Instant Mashed Potatoes
5282	L/S Beef Ramen
5286	L/S Beef Ramen, Single
5280	L/S Chicken Ramen
5284	L/S Chicken Ramen, Singles
5281	L/S Chili Ramen



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5004	Mackerel
3106	Maria Cookies
5025	Meatballs w/Tomato Sauce
5315	Mini Marshmallows
5338	Mozzarella Cheese Bar
5366	New Leaf Health Shake, Vanilla, 2 oz
5331	No Bake Cheesecake
2028	Now & Laters
4101	Nutrition Bar, Chocolate Peanut Butter Cr
3003	Peanut Butter Crème Cookies
3022	Pecan Pies
5333	Pepperjack Cheese Spread
3109	Pie, Peach
4018	Popcorn, Cheese
4002	Pretzels
5383	Provolone Cheese Bar
5351	Queso Cotija Grated Cheese
5345	Raisin Bran
2017	Red Vines, Red
5016	Roast Beef & Gravy
5203	Roast Beef Ramen
2025	Root Beer Barrels
3029	S/F Almonette Cookies
2036	S/F Candy, Peppermint
9014	Salted Peanuts
3006	Saltines
5012	Shredded Beef
5003	Sliced Pepperoni
5027	Small Summer Sausage, Hot
5029	Small Summer Sausage, Regular
5009	Smoked Clams
3008	Snack Crackers
4112	Snappy Kettle Popcorn
4110	Snappy Movie Theatre Popcorn
2003	Snickers
5010	Spam
5205	Spicy Vegetable Ramen
2001	Starlite Mints
3110	Strawberry Danish
5002	Summer Sausage
4102	Sunflower Kernels
3108	Swiss Rolls
5209	Texas Beef Ramen
5298	Texas Beef Ramen, Single
5210	Thai Rice Noodles
3102	Toaster Pastry, S'mores
4003	Tortilla Chips
5361	Waffles
2043	Werther's Original Hard Candy

Limited

5310	White Rice
4014	Whole Shabang Snack Mix
2042	Whoppers

Foods	Guideline	Percentages	Combined Percentages
Best Choice	25	14.45%	14.45%
Better Choice	26	15.03%	29.48%
Limited	122	70.52%	100.00%
Total Items	173		



Nutrition Type Category: Beverages

Best Choice

7055	Bigelow Assorted
7056	Bigelow Green Tea
7113	Black Tea
7127	Chamomile Tea
7107	Decaf Keefe Coffee
7106	Folgers Coffee
5302	Instant Milk
7105	Keefe Coffee
7015	Kirkland Sparkling Water
7008	Talking Rain Sparkling Water, 16.9 oz
7108	Tasters Choice Coffee
7037	V8 Fusion, Pomegranate Blueberry, 12 o
7036	V8 Original
7023	Vita Rain Zero Water, 20 oz

Better Choice

7001	Diet 7 UP
7010	Diet A&W Root Beer
7009	Diet Dr. Pepper
7126	Super C Drink Mix

Limited

7013	7-Up
7003	A & W Cream Soda
7006	A&W Root Beer
7104	Cappuccino
7004	Dr. Pepper
7011	Ginger Ale
7118	Hawaiian Punch, Green Berry Rush
7119	Hawaiian Punch, Purple Smash
7115	Hot Apple Cider Mix
7102	Hot Cocoa Packets, No Sugar Added
7114	Iced Tea w/Lemon & Sugar
7121	Maxima Drink Mix, Fruit Punch
7054	Orange Drink
7002	RC Cola
7124	S/F Crush, Pineapple
7033	Squirt
7007	Sunkist Orange
7101	Whipper Mix

Beverages	Guideline	Percentages	Combined Percentages
Best Choice	14	38.89%	38.89%
Better Choice	4	11.11%	50.00%
Limited	18	50.00%	100.00%
Total Items	36		



Nutrition Type Category: Condiments & Spices

Best Choice

9030	Chili Powder, 2.75 oz
9029	Curry Powder, 2.25 oz
5352	Garlic Bulbs
9022	Garlic Powder
9038	Ground Cinnamon, 3 oz
9037	Ground Ginger, 2.75 oz
5313	Honey
5379	Lemon Juice Packets, 10 ct
9024	Minced Onion
9021	Mrs. Dash, SW Chipotle
9027	Red Peppers

Limited

7109	Sugar, Granulated
5382	Thousand Island

Better Choice

5304	Chili Garlic Sauce
5376	Ketchup Packets, 10 ct
9039	Lemon Pepper
5377	Mustard Packets, 10 ct
5374	Olives, Black
5385	Olives, Green
5303	Salsa
9994	Sriracha Sauce
5378	Sweet Relish Packets, 10 ct
5330	Tapatio Sauce

Limited

9040	A1 Sauce
5334	BBQ Sauce
7125	Coffeemate, French Vanilla
5357	Cream Cheese Packets
5350	Imitation Maple Syrup
7150	International Delights Creamer, 10 pk, Ca
5309	Jalapeño Wheels
5332	Mayonnaise
9036	Nesquik Syrup, Chocolate
5322	Parkay Squeeze Spread
5411	Pasta Sauce
5337	Ranch Dressing Packet
5020	Real Bacon Bits
9020	Salt & Pepper Shakers
5305	Soy Sauce
5312	Strawberry Jam
7110	Sugar Substitute

Condiments & Spices	Guideline	Percentages	Combined Percentages
Best Choice	11	27.50%	27.50%
Better Choice	10	25.00%	52.50%
Limited	19	47.50%	100.00%
Total Items	40		

Overall Data	Guideline	Percentages	Combined Percentages
Best Choice	50	20.08%	20.08%
Better Choice	40	16.06%	36.14%
Limited	159	63.86%	100.00%
Total Items	249		